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Not only can one see one's reflection in a mirror- it can be a window on to another reality, a glimpse into the future or the past. The art of scrying is just one way in which mirrors have been used down the centuries. See page 8.
Cover photography by Tony Petch.

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## Mirror, Minerors

# As reflective pools of water were once credited with magical powers, so mirrors have been regarded as magical tools. 

In its literal dictionary description, a mirror is simply 'an optical device commonly made of glass with a smooth polished surface that forms images by the reflection of rays of light.' Why, then, have these devices held such awe, fascination and even fear for people throughout their reflective history?

Mirrors and other reflective surfaces have long been regarded as tools of magic and the supernatural. Seen as gateways to life's mysteries, they figure in the divination and prophecy of many far-ranging eras and creeds. Used to repel evil and contradictorily even believed to be evil themselves in their guise as soul stealers, mirrors have been a part of magic and prophecy for centuries.

Any body of still water, in the form of a lake or pool, etc served as the precursor to mirrors although it was often believed to be an omen of death to gaze at one's reflection since this was regarded as an affront to the spirit of the lake. This did not, however, prevent the popularity of the early practice of hydromancy: a form of divination by gazing into water which was later succeeded by studying reflections in a mirror.

The use of mirrors can be traced back as far as the Iron Age. The Etruscans made polished mirrors ornately engraved with mythological reliefs and the 'Magic of the Mirror' was well known to the sages of ancient Greece, Rome, Egypt and China.
The Bible gives mention to mirrors made of bronze and
these and others of polished silver were used by the Greeks and Romans to produce reflections and tell fortunes. The latter believed that mirrors originated in Persia where they were used for divination by local wise men or women. The Greeks, Egyptians, Chinese and Hindus also spent a great deal of their time hoping to see their futures revealed in the reflective surfaces of these divinatory tools.

The earliest known mirrors made of glass originated from Venice in the 13th century AD. However, mirrors made from metal and other polished surfaces remained in general use for centuries.

Following the manufacture of glass mirrors in quantity, the art of catoptromancy, or mirror divining, flourished. These often beautifully framed mirrors were dipped into water to divine whether a person's reflection boded good or evil.

There are many practices and superstitions concerning the magical properties of reflective surfaces in most cultures throughout the world. As far back as the time of the Aztecs, people protected their homes from ill-wishers overnight by leaving a knife in a bowl of water at the entrance to their living accommodation. The idea was that the unwelcome person would see his/her reflection (soul) pierced by the knife and flee.

Mirrors have always been of particular fascination to the Chinese who regard them as doors to the world beyond. Used to encourage the flow of

## by LYNNE NORTH

beneficial ch'i and dissipate harmful sha, the custom arose of decorating the backs of mirrors with cosmic symbols.

This became so prevalent that the study of these designs provides a valid history of Chinese cosmological thought. More commonly used for divination in the East than the West, mirrors were placed about the home in China to discourage evil spirits who were believed to be terrified of seeing their own reflections.
In parts of India elaborate preparations and rituals were necessary before mirror divination could take place. In Tibet mirrors were commonly used by skilled practitioners to read signs and visions following a detailed Sanskrit mantra passed down from teacher to pupil for centuries.

Divination using mirrors is commonly called crystallomancy, catoptromancy or scrying and its history goes back to the ancient witches of Thessaly who were said to have written their prophecies on mirrors in human blood. These witches are also deemed to have taught Pythagoras to divine by holding a mirror up to the Moon.

In Rome a specialist class of mirror-reader, the Specularii, emerged. Some of their number even served the emperors of the 4th century.

The use of mirrors and their supposed magical properties spread and by the Middle Ages they were credited with the ability to protect their owners from the effects of the Evil Eye in many parts of Europe. Small mirrors were commonly sewn into hats for this purpose.
In the West, the popularity of

## on the wall...

mirrors increased from the Middle Ages right up to the 19th century, with all classes of society using them. But they held particular significance to those concerned with magic and divination.

Catherine de Medici and Henry IV often relied on the divining powers of their court magicians; while the royal seer to Queen Elizabeth 1st, John Dee, commonly divined using a crystal egg and a black obsidian
own accord are said to foretell a death in the house; though there are some proposed antidotes to this prophecy. In the United States it was believed that placing five dollars on the splinters and making the sign of the cross could assuage the portended ill-luck. Europeans believed that collecting all the broken pieces and throwing them into a fast-flowing stream would wash away the potential curse.

Sick rooms worldwide have seen the banishment or covering of mirrors for centuries. It was considered very unlucky for the sick person to see his/her reflection lest his soul should be drawn out.

If the unlucky invalid should die, any visitor seeing his own reflection in the room was expected to die also. One old custom, in Germany and elsewhere, was to cover all reflective surfaces after a death. mirror.

As may be expected, many superstitions concerning mirrors have arisen through the ages. We all know the old adage that to break a mirror foretells seven years bad luck The breaking of a mirror has even been thought to be an omen of disaster or death in times past.

This superstition can probably be traced back to the ancient belief that a person's reflection is his/her soul. Consequently, to smash a mirror would be to damage the soul or deny its entry into the next life.

Another explanation for this superstition is that such bad luck arises from the ancient sages' use of mirrors to raise dead spirits. Mirrors tampered with in any way could therefore provoke the anger of the spirits.

Mirrors that fall and break of their


## Mirror, $\mathbb{M i m r o r}$, on the wall

Weddings, occasions of much superstition, also figure in mirror lore. Should a maiden gaze at the Moon reflected in her mirror she could, supposedly, learn when her wedding day would be. Years were calculated mainly by the length of time that passed before clouds or a flying bird obscured her view. If this ritual was performed at Hallowe'en, the young girl could expect to see a vision of her future husband peering over her shoulder!

The bride who checks out her appearance in a mirror when ready to set out for her wedding is clearly asking for trouble according to custom. However, ill-fortune can be countered by leaving off one item - a glove or shoe perhaps - while she looks in the mirror. This stems from a belief that part of oneself is taken by one's reflection and the bride who does not give her whole self to her husband in marriage is doomed to failure.

In old Ozark lore, babies under 12 months of age were thought to go cross-eyed or die before their second birthday should they see their reflections. While to see a friend appear in a mirror signified that he/she would soon die.

Napoleon Bonaparte was such a strong believer in mirror lore that after accidentally breaking the glass over a portrait of his beloved Josephine when away on a campaign, he could not sleep until a despatched messenger returned with

that mirrors could reveal the whereabouts of missing treasure or people; foretell health matters and the fate of nobles and royalty. More usually, though, there has always been a universal dread of the humble mirror.

Zulus believed that seeing one's reflection in dark pools carried the risk of it being dragged away by beasts. Basutos hold a similar belief but are more specific, putting the blame solely on crocodiles! The common origin of such a belief is that many tribal societies even now see their reflections as their souls.

Many cultures believe that to see one's reflection indicates an impending death and to the ancient Greeks even to dream of seeing one's reflection was enough to signify death. A likely basis for this belief is the Greek myth of Narcissus who pined and died following catching a glimpse of himself in a pool.

This fear of mirrors reflects the many associations that have been made between them and evil throughout the ages. Witches and vampires were believed to cast no reflection, while the Evil Eye, though possibly deflected by a mirror, would poison its surface or even shatter it.

According to superstition, mirrors should never be left uncovered at night for fear of catching a glimpse of oneself, especially by candlelight, since fire is an element of spirit and attracts unseen forces. Nor should one stare at length into a mirror in case an image of the Devil should appear. In Russian folklore the mirror is an invention of the Devil which he uses to draw the soul from the body.
By the end of the 17th century mirrors were made in Great Britain and their manufacture soon began to develop into an important industry throughout Europe and the

USA. More recently, the use of mirrors for anything other than seeing one's reflection has fallen out of fashion.

In China and other parts of the Far East this is not the case, however. Though not favoured in bedrooms where they cause restless sleep by stimulating the ch'i and may frighten away the dreamer's soul should he/she see his own reflection, mirrors are still used in divination and prophecy.

Certainly mirrors remain a useful adjunct to the practice of Feng Shui; a mirror with an octagonal frame to represent the eight trigrams being regarded as a very powerful symbol. Often, a mirror with a convex rather than concave surface will be used so that harmful sha can be more easily dissipated.
Mirrors are still used by diviners, psychics and clairvoyants all over the world because of their strong associations with the Otherworld or spiritual planes. Mirror-gazing in this sense is said to reveal spirit guides to aid one's visions and help the practitioner to hone his/her ability to see the human aura.

Generally, mirrors are seen as helpful aids to clairvoyance, particularly those painted black on the convex side. It is even believed by some that facial changes experienced when staring at length into a mirror are images of ourselves in past lives.

Most of us today use mirrors for little more than to check our appearance. Yet, deep inside, many of us still experience that inherent feeling that sometimes they may reveal more than we wish to see.

Just think how many films and books have played on the theme of 'something' untoward in the mirror. How many of us, even today, try to avoid catching a glimpse of ourselves in a mirror at dead of night?

Whatever the reason, something about mirrors will always make them seem so much more than a sheet of glass over wood.

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# GRAPHOLOGY <br> by PETER MARSHALL 

# WHAT NEXT? 

## Graphology may not be able to foretell the future but handwriting can reveal personality trends indicating a likely course of action.

There are times when the handwriting analyst is asked to forecast coming events from a writer's script. This is not actually possible, but what he or she can do is state potentials.

One of the examples here has that request about the future but it may be worth looking at both to discover the psychological make-ups.

The tall upper extensions of the first example are a feature that cannot be overlooked. This writer has a lively interest in the sphere of intellectual subjects such as philosophy, idealism and many things connected with the abstract and intangible.

These upper extensions are
too high and indicate someone who lives in the clouds a little too much. Word-spacing is too wide, exhibiting an inclination to keep others mentally at a distance for reasons of selfprotection should there be any imposition from those in contact.

The owner is not really at ease when in the company of others, despite any outer selfconfidence shown. This is confirmed by the unusually small middle zone and points to a low degree of self-esteem with some insecurity in the background. Any emotional reaction is seldom freely exhibited and the uprightness implies a wish to be independent.
Inner resources are often re-

stricted and seldom demonstrated. This writer has many interesting ideas but lacks the force and directive to put them in action. The line-spacing being wide exposes a measure of isolation from getting involved in emotional and close relationships.

This is fundamentally the writing of a 'thinker' without any real spontaneity. There is, however, a very good ability to concentrate when the necessity arises. The T-bars are rather low but they are long, which can indicate enthusiastic periods of action. Imagination is revealed by the inflation of loop-forms. The larger a loop is inflated the greater will be the imagination.

To call this writer a dreamer may be a little too hard but there is a definite tendency towards this implication. There are no emphasised lower projections, so one knows that materialism and instinctive urges are not greatly influential in this case. Finally, word endings are slightly abrupt, embodying a quick dismissal when in discussion and argument.

The second example has been produced by someone who relies on contact with other people to give freedom to exhibit this lively ego and selfesteem. Basically it is round without much angularity in it, thus our writer is by nature friendly and warm.

The lower projections are strongly emphasised, so the instinctive inducements play an active role in this personality structure. They also indicate some incompleteness appertaining to the sexual sphere. The owner relies on printed


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If you were one of the unlucky ones who were unable to attend this year＇s Dorset UFO，Crop Circle Formations \＆Government Conspiracy Conference，now is the time to book for next year＇s event． This will be on April 19th but， as always，places are limited and very early booking is recommmended．

So，if interested，send a SAE to Conference 98，Seekers Cottage， 13 Gallwey Road， Wyke Regis，Dorset DT4 9AJ requesting details and booking form．

## Atlantean Spring

 Atlanta，Georgia，which hosted the 1996 Centennial Olympic Games，is to host an－ other major international event next May．The United Astro－ logy Congress，the theme of which is Bringing Astrology in－ to the Next Millennium，takes place at the Hyatt Regency Hotel，Atlanta，Georgia，USA May 20th－27th．With 100 well－known speak－

1st．World Goodwill Seminar at Regent＇s College，Regent＇s Park，London． 11－5．15 pm；free，donations welcome． Details／bookings from Suite 54,3 Whitehall Court，London SW1A 2EF （ $\boldsymbol{\text { I }} 0171$－839 4512／FAX 01718395575 ）．

1st－2nd．Hallowe＇en Ghost Weekend at The Bestwood Lodge Hotel， Nottingham．Fully residential $£ 119$（option－ al night of Oct 31st extra）．Activities include ghost tours，presentations and psychic demonstration．Bookings／details from Ghost Tours of Nottingham， 48 Dovecote Road，Eastwood，Nottingham NG16 3EZ or call David Cross $\boldsymbol{T} 01773719490$.

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1st．History of Astrology Seminar organised by The Astrological Lodge of London with Nick Campion，Bernard Eccles，Mike Edwards，Annabella Kitson， Caroline Gerard and others at the Theosophical Society， 50 Gloucester Place，London W1H 4EA．9．30－5．30 pm； $£ 10 / £ 12$ non－members．Details／bookings send SAE to ALL History Seminar at ad－ dress given．

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3rd－7th．The Healing Voice．Five－day intensive workshop with Jill Purce at Regent＇s College，London．10－5pm daily； £299．For details call $\mathbf{\text { Do }}$ 0181－444 4855.

7th．The Rosicrucian Order：the World＇s Oldest Fraternity．Evening talk with Amorc Rouse for BAPS South London Branch at 43 Wharncliffe Gardens，South Norwood SE25．Starts 7.45 pm ；$£ 2 / £ 3$ non－members（proof of membership required）．Enquiries $\mathbf{0} 0181$ 289 9126／653 7993／657 6711．

7th－9th．2nd International Astrology Congress in Venice，Italy．Enquiries て39－41－5206868／FAX39－41－5234340／ Email interloq＠gpnet．it

8th．Fallen Saturn．BASS seminar with Melanie Reinhart at the Stakis Hotel， Rossiters Road，Bath． $10-5 \mathrm{pm}$ ；$£ 33$ ． Bookings／details $\boldsymbol{\sigma} 01373$ 465147／FAX 01373452981.

8th．The Forbidden Knowledge Convention at The University of Bradford，West Yorkshire，presented by BEAMS（British Earth \＆Aerial Mysteries Society）． $10-10 \mathrm{pm}$ ；tickets $£ 10$（limited， book early）．Bookings／details from Kenneth J．Parsons， 7 North Drive， Shortstown，Bedford，Beds MK42 OTL （01234 403461）．

8th．Creating Self－Harmony Through Yoga with Jenny Baker for The Foundation for Theosophical Studies at 50 Gloucester Place，London W1．2－ $4.30 \mathrm{pm} ; £ 4 / £ 6$ non－members．Details家01719359261

8th．Computers in Astrology．AA seminar at the Astrology Study Centre， 396 Caledonian Road，London N1 1DN． Details $\boldsymbol{\sigma}$ 0171－700 3746／FAX0171－700 6479.

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8th．Develop Your Mediumship and Psychic Powers．Workshop with Billy Roberts for The Spiritualist Association of Great Britain at 33 Belgrave Square， London SW1X 8QB．10．30－5pm；£18／£20 non－members．Details 家0171－235 3351.

8th－9th．The Way of The Shaman． Weekend workshop with Leslie Kenton for The Sacred Trust at The Amadeus Centre，London W9．Cost $£ 95$ ． Bookings／details T01225 852615／FAX 01225858961.

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8th－9th．Towards the Light－ Conscious Dying with William Bloom． Weekend workshop in Manchester． $£ 110 / £ 80$ low waged／$£ 50$ cons．Numbers limited，advance booking essential，家0171－287 6711／FAX0171－734 7449 for details．

8th－9th．Festival of Psychic Arts \＆ Natural Therapies at Battersea Arts Centre，London SW11．Readers，work－ shops，talks，demos and live music．10－ $6 p m$ daily；$£ 3$ ．Details $\boldsymbol{\Omega}(01628) 783107$

9th．Buxton Psychic Fair at the Clubhouse，Buxton．11－6 pm；entrance £1．50．Details 冖⿱一兀⿻

9th．Playing and Reality：Jupiter and Saturn．CPA seminar with Charles Harvey in London．Enquiries $\boldsymbol{\sigma} /$／FAX 0181－749 2330.

9th．Healing Dolphins with Horace Dobbs at Flint House，Lewes（see 8th for details or $\boldsymbol{\sigma} 01273$ 473388）．10－5pm； £30／£20 concessions．

9th．The Healing Path to Your Higher Power，part 3：Your Spiritual Self．One－ day workshop with Elizabeth Gosling in Central London． $10.30-5.00 \mathrm{pm} ; £ 60$ ． Details ד్ర0181－340 8082.

9th．Stonehenge \＆the Sacred Geometry of Sacred Sites with Robert Stephenson for the Foundation for Theosophical Studies at 50 Gloucester Place，London W1． $1.30-5 \mathrm{pm}$ ；£12／£9
cons／£6 TS members．Details 宫0171－935 9261.

10th．The Transformative Power of Sound with Gilles Petit．Evening talk at Alternatives，St James＇s Church， 197 Piccadilly，London W1V OLL（ $\boldsymbol{\text { ar0171－287 }}$ 6711／FAX 0171－734 7449）．Starts 7 pm； £6／£3 unwaged．

11th．The Vertex with Christeen Skinner for Bromley Astrological Association at the Small Hall，Bromley Central Library，High Street，Bromley． 7．30－10 pm；£1／£3 non－members． Enquiries 家0181－464 2097.

12th．Sephariel：The Astral Tramp with Kim Farnell for The Scottish Astrological Association at The Theosophical Society， 28 Great King Street，Edinburgh．Starts 7.30 pm ． Details／enquiries $\boldsymbol{\text { Do }} 01315572908$.

13th．The Keys of Enoch．Evening workshop with Ulrike Granogger for Isle of Avalon Foundation in Georges Room， Glastonbury Experience（see 2nd for complete venue or 家01458 833933）． $5.30-10 \mathrm{pm} ; £ 10 / £ 7.50$ concessions．

14th．Mediumship：its Evolution． Evening talk with Jean Bassett for BAPS South London Branch at 172 Markfield， Courtwood Lane，Forestdale，Croydon． Starts $7.45 \mathrm{pm} ; ~ £ 2 / £ 3$ non－members． Enquiries TיT0181－289 9126／653 7993／657 6711.

15th．Tarot Workshop with Kim Thomas in Colchester，Essex．1－5 pm； £35．Bookings／details $\boldsymbol{T} 01206$ 763232／FAX 01206571080.

15th．Healing Your Ancestors， Healing Yourself．Workshop with David

Furlong at Flint House，Lewes（see 8th for details or T01273 473388）．10－5．30 pm； £35．

16th．Aspects of Mid－Life．CPA sem－ inar in London with Liz Greene．Enquiries家／FAX 0181－749 2330.

16th．The Keys to the Temple： Sacred geometry of ancient sites． Workshop with David Furlong at Flint House，Lewes（see 8th or 家01273 473388）．10－5．30pm；£35．

16th．Tarot Workshop with Kim Thomas in London． $1-5 \mathrm{pm} ; £ 35$ ． Bookings／details $\boldsymbol{\sigma} 01206$ 763232／FAX 01206571080.

17th．Free Energy，UFOs and Other Scientific Revelations．Evening talk with Brian O＇Leary at Alternatives，St James＇s Church，Piccadilly（see 10th for details）． Starts 7pm；$£ 6 / £ 3$ unwaged．

20th．Interpretation of the Signs with Richard Swatton for the Old Windsor Astrology Club at the Old Windsor Day Centre，Straight Road （A308），Old Windsor，Berks．8－10．30 pm； $£ 3 / £ 5$ non－members．Enquiries $\mathbf{O} 01753$ 850702.

21st．Urban Shamanism．An intro－ ductory talk with Leo Rutherford at Flint House，Lewes（see 8th or 宣01273 473388）．7．30－10 pm；$£ 3$ at the door．

21st．Arica：a Contemporary Mystical School Based on Reason Rather than Faith．Evening talk with Malcolm Stewart for BAPS South London Branch at 52 Bolderwood Way，West Wickham，Kent． Starts $7.45 \mathrm{pm} ; ~ £ 2 / £ 3$ non－members． Enquiries 完0181－289 9126／653 7993／657 6711.

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and the same scale （530，000，000：1）is used both for the planetary models and the distances between them，so one gets a really good idea of just how enormous is space－ and how small is our home planet（ $1 \mathrm{in} / 24 \mathrm{~mm}$ as opposed to the $8 \mathrm{ft} / 2.5 \mathrm{~m}$ Sun！）．For di－ rections or more information家（01827）252055／FAX （01827） 252052.

Tucked away in Bayswater， London，is a purpose－built Victorian street scene，com－ plete with street vendors and Gypsy caravan，which houses individual readers offering a range of services from rune
readings to astrology．Situated at 23－25 Queensway，London W2，the Mews is open seven days a week $10-10 \mathrm{pm}$ and is approached through the in－ door market situated at that ad－ dress（go right through to the back，on the right）．Details／ bookings © 0171－243 3134.

## U－2 not UFO

More than 50\％of reported UFO sightings in the late 50s and 60s can be accounted for by manned reconnaissance flights by the U－2 and SR－71 spy planes according to a re－ cent CIA study．The author of the report，Gerald Haines，ad－ mits the US Air Force misled
the public in order to maintain secrecy and protect a sensitive national security project．

But surely we knew（or，at the very least，guessed）this al－ ready？Doesn＇t this mean that something like half the report－ ed sightings are not accounted for in this way？

And even if a proportion of the latter can be put down to weather balloons，other air－ craft，climatic or atmospheric conditions，etc there is still go－ ing to be a percentage－no matter how small－of UFO sightings that cannot be ac－ counted for by any＇logical＇ex－ planation；except the obvious one，of course！

21st－27th．Jeffrey Wolf Green School of Evolutionary Astrology．Part 1 （suit－ able for beginners）of this intensive course takes place under J．W．G＇s person－ al instruction at 50 ．Gloucester Place， London W1．9－5 pm daily；\＄1200． Sterling price／details $\boldsymbol{\text { I }} /$ FAX 01189 470804.

22nd．The Pagan Federation Conference at the Fairfield Halls， Croydon．Full programme of workshops and talks（speakers include Doreen Valiente，Philip Shallcrass \＆Freya Aswyn）；stalls and live music from Die Laughing，The Witches and Praying for Rain．10am－midnight；entrance $£ 10 / £ 15$ non－members．Wheelchair access and creche．Booking／details from Conference 97，The Pagan Federation，BM Box 7097， London WC1N 3XX．

22nd．Mediumship in the New Millennium．Workshop with James MacQuarrie for The SAGB in London（see 8th for venue or 家0171－235 3351）．10．30－ 5 pm；£18／£20 non－members．

22nd－23rd．The Mystic Experience with William Bloom．Weekend workshop in Cambridge．$£ 110 / £ 80$ low waged／$£ 50$ cons．Details／bookings T0171－287 6711 ／FAX 0171－734 7449.

22nd－23rd．Urban Shamanism： Connecting with Nature and the Cosmos． Weekend workshop with Leo Rutherford at Flint House，Lewes（see 8th or $\boldsymbol{\mathbf { O }} 01273$ 473388）．10－5．30 daily；$£ 60$ ．

22nd－23rd．Kepler Day．The AA＇s annual research seminar with a host of speakers including Grazia Bordini，John Alexander，Prudence Jones，J．Lee Lehman，Mike Harding，Pamela Crane， Graeme Tobyn，Jan Ruis and Mavis

Klein．9．30－5．30pm（Sat）， $10-1 \mathrm{pm}$（Sun）； £20／£25 students／£30 non－members． て0171－700 3746 for details．

23rd．The Power of Vibrational Healing：Yantras，Mantras \＆Fabulous Gems with Howard Beckman for The Foundation of Theosophical Studies at 50，Gloucester Place，London W1．1．30－ 5 pm ；£6／£9 concesssions／£12 non－ members．Details $\mathbf{\Xi}$ 0171－935 9261 ．

4th．Feng Shui of the Home for Health and Happinness．Evening talk with Sarah Shurety at Alternatives，St James＇s Church，Piccadilly（see 10th for details）．Starts 7 pm；$£ 6 / £ 3$ unwaged．

26th．Twinkle，Twinkle．A video of the BBC＇s Everyman programme about astrology and Christianity／Judaism，fol－ lowed by a discussion session at the Theosophical Society（see 12th for venue or $\boldsymbol{T} 0131557$ 2908）．Starts 7.30 pm ； £1／£2 non－members．

28th．Feng Shui with Paul Norton for the New Dawn Network at The Friends Meeting House，Holloway Road， Dorchester．Admission £3．Details／time家01305 760213.

28th．Ancient Stones of Dorset： Seeking out the Sacred Landscape．A talk by Peter Knight at The Arts Centre， Dorchester．7．30；£2．For details 冖⿱宀⿱一𧰨刂01305 266926.

28th．Under the Shadow：From the Templars to the Order of the Eastern Temple．Evening talk with Graham Bostock for BAPS South London Branch at 132 Woodside Green，South Norwood， SE25．Starts $7.45 \mathrm{pm} ; £ 2 / £ 3$ non－mem－ bers．Details D0181－289 9126／653 7993／657 6711.

28th－29th．Skydancing－What is Tantra？with Hilary Spencely for Isle of Avalon Foundation in Glastonbury（see 13th for venue or $\mathbf{D} 01458$ 833933）．starts 6 pm Fri， $10-11 \mathrm{pm}$ Sat， $10-2 \mathrm{pm}$ Sun； $£ 50 / £ 30$ concessions．

29th．What Your Handwriting Reveals with Bridget Hickey at Flint House，Lewes（see 8th or $\boldsymbol{\sigma} 01273$ 473388）． $10.30-5 \mathrm{pm} ; £ 30$ ．

29th．Herbal Medicine．A one－day introductory workshop with Samantha Stille at Connaught Adult Education Centre，Connaught Road，Hove，East Sussex BN3 3WB．10－6 pm；£13． Enquiries $\boldsymbol{\text { E }} 01273736491$.

29th．Reflexology workshop with Diane Whittle in Colchester．9．30－5．30 pm；$£ 35$ ．Bookings／details $\boldsymbol{0} 01206$ 763232／FAX 01206571080.

29th．Taoist Healing Sounds with Kestrel for Isle of Avalon Foundation in Glastonbury（see 2nd for venue or 家01458 833933）．7．30－9．30pm；$£ 5 / £ 4$ cons．

29th－30th．Reincarnation and Past Lives．Experiental workshop with Ruby Tonks，Mariela Cassar and Ivor James at Hourne Farm，Steel Cross，Crowborough， East Sussex TN6 2SR．Fully residential $£ 60$／day visitors $£ 20$ per day inc meals． Bookings／details from The Secretary at address given or $\mathbf{T} 01892661093$.

30th．Holistic Fayre organised by Crystal Clear in The Great Hall，Farnham Maltings，Farnham，Surrey．Therapists， health products，readings and all－day programme of lectures and workshops． 10．30－6 pm；£2／£1 OAPs／accompanied children free．Enquiries／details call Peter －0181－892 7794.


Ma n y people believe numbers to be important in their lives. Not simply those six 'lucky' numbers they choose each week for the National Lottery but also the ones that determine their destiny, relationships and career path.

According to numerologists, everything is governed by numbers, including our personality traits and future destiny.

Two major systems are in use today, the Cabbalistic and Pythagorean. The latter was devised by the Greek mathematician and philosopher Pythagoras in the 6th century BC. Based on calculations of the numerological values of personal names and dates of birth, it is possible to give character readings, assess compatibilities and predict future trends.

Research shows that flower remedies work on the vibrational level of our emotions and when we ingest these
essences they change this frequency into a healthier, more positive one. In addition to the famous Bach Flower Remedies (which have been around for 60 years) there are now over 1500 flower essence formulas from all over the world which have joined Dr Bach's original remedies to help us cope with those everyday stresses.

## Tailor-made

It is said that by being in touch with the numbers in your life, those that constitute your individual character and personality, you can tailor specific flower essence remedies to suit your individual emotional make-up.

The number of most importance is your Life number, based on your birth date. Simply add together each numeral in this date and reduce it to a single digit. For example, if you were born on September 23rd 1967, adding each digit of your birthdate would become $2+3+9+1+9+6+7=$ 37. Add together $3+7$, this comes to ten, $1+0=1$, so your Life number is 1 .

To find what any given year may hold, add the day and month of your birth together with the year in question. For September 23rd and the year 1998, we would add $2+3+9+1+9+9+8=41$. Reducing this further, $4+1=5$, making 5 the Year number.

In the following, read the section for your Life and Year numbers and let the relevant flower essences help bring new
perspective and clarity to your world.

ONE These are extrovert gogetters, driven by ambition and energy, although a tendency to take on too much can lead to over-exertion, tiredness and depression. Number Ones need to step back occasionally and Black-Eyed Susan is ideal since it enables them to cope with stress and their fast-paced lifestyles.

Misunderstandings in relationships due to an inability to express inner feelings and show affection may hamper these subjects' lives. Here, Flannel and Harvest Lily will be of value as they can help one see another's point of view while the Vine Bach remedy will balance any tendency to appear domineering or intolerant.

One years begin new cycles - friends, jobs, places, situations. Change may not always be welcome and restlessness may result, so try Crossandra for acceptance of new challenges.

TWO Diplomatic, polite and courteous, the generally goodnatured dispositions of Number Twos often means that others will take advantage of them. Mountain Pride will show them how to stand up for themselves and Salvia will aid their self-esteem.

Twos can be sensitive, artistic and find it hard to make decisions. Sensitive souls, they will need to call upon the Walnut Bach remedy for those not infrequent occasions when their feelings have been hurt.

Two years are creative, so they are times when hobbies and pastimes could prove

## Essences <br> nwe

highly profitable. Azalea aids the creative impulse but, if things fail to progress as quickly as one would wish, try Pink Seaweed for patience before taking new initiatives.

THREE Number Three people are enthusiastic and creative but can become bored and restless easily if they lack an outlet into which they can channel all this energy. Prone to burn themselves out by rushing around hither and thither, Bauhinia can help slow the pace and will also encourage these subjects to develop patience.

Threes could derive benefit from Stock during their most 'hyper' times, while Almond essence will gently calm frazzled nerves.

Three years are favourable for romance, friendships and partnerships of all kinds. A Three year marks a time of expansion when any offers or opportunities should be acted upon. For those who are lacking love or looking for their soul mate this year, Grape and Gardenia attract the right vibrations.

FOUR These folk are dependable, loyal, practical and seri-ous-minded; but they may appear rigid, inflexible and dull. Number Fours tend to be workaholics and must learn to relax more in order not to succumb to stress and tension.

Good remedies for Fours are Zinnia, which releases the playful 'inner child,' Baby's Breath for flexibility to new ideas and Cayenne which brings energy and liveliness, thus allowing change to take place.
Four years are hard-
working ones in which to plan ahead and not waste time; Tiger's Jaw Cactus will help overcome any tendency to procrastination. Monetary affairs may cause concern in a year when it is best to take stock of your life.

FIVE These people are always open to exploration and trying out anything new. Disliking routine and restriction, their desire for constant change and activity results in their being lively to the point of hyperactivity and easily irritated when this is accompanied by stress.

Recommended remedies for Number Fives are Peach-flowered Tea-tree to stabilise mood swings and Iris to help release pent-up energy.

Five years signal a time of movement and change. Some may decide to move home, change jobs or travel further afield. Day Lily essence helps one to cope with major lifestyle changes.

Health may not be at its best due to pressure of work: Bouquet of Harmony will help soothe stress. Coconut could prove useful for the restlessness which may occur due to setbacks and delays in plans.

SIX These folk are loyal, caring and concerned for others - often forgetting their own needs in the process. The downside is that such traits can turn into jealousy and possessiveness. Bach remedy Red

Chestnut will help Number Sixes balance their excessive over-concern, while Chicory and Holly will deal with any propensity to be possessive and jealous.

Sixes need to guard against negative feelings which can turn into resentment and vindictiveness if they feel they have been slighted. Dagger Hakea will help remove such unwanted thoughts; Oregon Grape will bring positive expectations of others.

Six is an important year for relationships. Problems need to be sorted out, particularly matrimonial or legal ones. Separation and loss are possible, while marriage will become a serious consideration for some individuals.

Mallow promises openness and trust, while


Lemon Grass is a good remedy for when 'love hurts.' To follow your heart take Marie Pavie; or Boronia if suffering a broken heart.

SEVEN Number Sevens are highly sensitive and intuitive idealists, interested more in the spiritual than the material. Often, they are seen as being calculating and analytical since they tend to weigh up absolutely everything.
Sevens can be oblivious to others when lost in deep thought and this factor, along with a tendency to hide from the world every so often, gives the outward impression of being unsociable loners. So the Seven individual requires Bach remedy Walnut to protect his/her sensitive nature while Chamomile will help create emotional balance.
Seven years are times of quiet reflection: ideal for sitting back and taking stock; focusing on oneself rather than others. Wild Wood Violets aid this inward focus.
Taking up new interests, particularly of a spiritual or mystical nature, will provide depth and enlightenment. Those with psychic abilities will be aided by Viburnum.

EIGHT These people are into success and achievement in all they do. This, coupled with strong willpower and an intense, stubborn nature, can make them seem too demanding on occasion, earning them the reputation of being control freaks.
Relationships can be difficult for Number Eights, leaving them feeling lonely and isolated. Benefit comes from taking Trillium to help transmute excessive ambition and self-cen-
tredness into service for others. Forget-Me-Not helps alleviate isolation and forges stronger links with oth( $\begin{array}{r}\text { ers, while } \\ \text { Foxglove } \\ \text { attracts } \\ \text { fulfilling } \\ \text { personal re- } \\ \text { lationships. }\end{array}$ Eight years are full of action.

The Bach remedy Elm can bring relief to those who feel overwhelmed by responsibility, while Iris is good for easing mental stress.

NINE Creative, artistic, compassionate and sympathetic, Number Nines can also be moody and competitive. These folk therefore need to guard against a lack of self-control (especially around food and alcohol) and a self-destructive element that makes them constantly test relationships, ideas and situations.

Yellow Cowslip Orchid can bestow an ability to view people objectively. If battling with dependency problems or a tendency to over-indulge in food or alcohol, Milkweed or Tomato Blossom will lend support.

Nine years are times to complete all unfinished tasks and Peach-flowered Tea-tree will help with seeing things through to completion. Decisions will need to be made but guard against acting too impulsively.
White Petunia will help with choices, while Crowea can help one become centred, more in touch with one's feelings during year when much change will make it difficult to establish and maintain balance.

For further advice on prescribing and mail order service, contact The International Flower Essence Repertoire, The Working Tree, Milland, Liphook, Hants GU30 7JS (D01428 741572) or The Dr Edward Bach Centre, Mount Vernon, Sotwell, Wallingford, Oxon OX10 OPZ (す。01491 834678).

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Liz Greene, astrologer, author and Jungian Analyst, has written or co-written over ten major astrological titles including 'Relating', 'Saturn', 'Astrology for Lovers', 'The Astrology of Fate', 'Luminaries', 'Inner Planets' and 'Neptune'.

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# Age of Aquarius 



Like an oyster, humanity is opening itself to reveal the pearl of a new consciousness. Waves of light of ever increasing intensity are sweeping the Earth and, with each wave, more and more people are beginning to experience the effects of the awakening.

Some of these effects manifest as synchronicity, telepathy, 'knowing' purely from intuition, creating and manifesting with the power of thought, living in a harmonious flow with all people and events, an awareness of humanity's oneness, living in joy.

This awakening could come under the New Age umbrella term but what exactly does this mean? Many people have heard the term 'Age of Aquarius' but few have any idea why the near future heralds the beginning of this new astrological age.

## Precession of the Equinoxes

The term Age of Aquarius is immortalised in the words from the musical Hair: 'This is the dawning of the Age of Aquarius.' But few people know more than this or understand what it means.
Through an interest in the mysteries of the pyramids of

## by FIONA PHILIPS

Egypt, I was heartened to discover that the Age of Aquarius is a precise astronomical era. To understand this fact, you will need to grasp two ideas.

The first is that the Earth has a peculiar wobble that takes 26,000 years per revolution, known as precession. Secondly, there is a connection between this wobble and the

Spring Equinox known as the precession of the Equinoxes.

In order to understand this precessional wobble it is useful to carry out an exercise in imagery. Imagine yourself as a giant striding across the heavens towards the Earth. You see two axles extending from the North and South poles out into the depths of the sky.

Take one pole in each huge hand and imagine inter-rotating them, pushing with your right hand and pulling with your left in a clockwise direction in two great circles. This movement requires great effort on your behalf and it therefore takes you 26,000 years to complete one revolution. It is this wobble that is known as precession and is rather like the movement of a spinning top once it has been knocked off centre.

This mechanism of the heavens results in the apparent movement of the Sun across the 12 signs of the zodiac on the Spring Equinoxes. It is so slow that the Sun will be housed by one astrological sign for 2,160 years, therefore 26,000 years approximately are required to complete one journey through the zodiac. This means that if you looked East on the Spring Equinox before dawn over the last 2,000 years or so,
you would see the constellation of Pisces behind the Sun. This is why the last 2,000-year period is known as the Age of Pisces.

Looking East on the Spring Equinox over the next 100 years will reveal the first stars of the Aquarius constellation. This is the meaning of the dawning of the Age of Aquarius. It occurs as a result of this giant slow wobble of the Earth.

One such astronomical age is known as a Great Month. A movement through all 12 signs equals the Great Year of 26,000 years duration. This movement is called a precession as opposed to a procession because it is a slow 'march' backwards through the signs, hence the change from the Age of Pisces to that of Aquarius.

## Ages past

The New Age we are stepping into is one that is leading us into a new understanding. Equally, it leads us back in time on a mysterious journey to humanity's roots and the ancient wisdom.

Evidence suggests that the ancient Egyptians were great astronomers. It is fascinating to observe how they and other ancient civilisations placed such significance on the 26,000year cycle.

Much of their art and culture reflected the sign of the times. For example, the cult of the Minotaur in ancient Greece coincided with the Age of Taurus, the Bull. Similarly, the Bible is filled with references to fish and Jesus heralded in the Age of Pisces, the sign of the Fishes.

During the Age of Aries the Ram featured prominently in the ancient Egyptian culture. Recently I walked along the esplanade approaching the Temple of Karnak at Luxor accompanied by large ram-headed sphinxes on either side of me in two great lines for this temple was built during the Arien Age.

If you have any doubts as to whether the ancients used the
same astrological symbols as we do today, then research for yourself a famous temple painting at Dendera in Egypt, dating back 3,500 years. This depicts the 12 zodiacal symbols just as we know them today.

Moreover, this precessional movement of the Earth is encoded in the mathematics of the Great Pyramid. A recent best-seller, Keeper of Genesis, by Robert Bauval and Graham Hancock argues that the pyramid and sphinx complex at Giza was constructed in order to mirror the stars in the heavens at the Spring Equinox $10,500 \mathrm{BC}$, which was the dawn of the Age of Leo.

It has been argued that the Sphinx represents a lion and is intended to mirror the heavenly Lion. Thus on the Spring Equinox 10,500 BC the Sphinx gazed into the sky at its own image - Leo.

Why were the ancients so interested in the great astrological Ages and in precession? What is more mysterious, how could peoples who lived supposedly at the dawn of human civilisation have such advanced astronomical knowledge?

Theories abound that the ancient Egyptian pyramids, which we could not build today, were masterminded by the survivors of a very advanced lost civilisation, namely Atlantis. There is currently a large body of evidence suggesting that not only is the mathematics of precession encoded in the Great Pyramid but in all the mythological texts of the world too.

It is as if the ancients are trying to communicate something of great importance to us across the millennia in stone and myth. Graham Hancock in his book Fingerprints of the Gods suggests that the Earth's precessional wobble could be the cause of the melting of the Ice Ages.

The melting of millions of tonnes of ice would explain the mythical deluge that submerged Atlantis as well as ac-
counting for other Floods.
Could the ancients be trying to speak to us today about this precessional movement of the Earth because it teaches us about our true past and our future? Could it be now, on the brink of the Age of Aquarius, that the message is destined to be decoded?
In the 1930s, Edgar Cayce, this century's greatest sensitive, predicted that the records of Atlantis would be found beneath the right front paw of the Sphinx between 1996 and 1998. In the last two years John Anthony West has discovered a man-made chamber exactly in this location and there is great anticipation that the Atlantean records may be found in this chamber.

Imagine the many truths such records would reveal about humanity's genesis and the wisdom we need to rebuild our civilisation based on the laws of harmony and love. The huge body of information we have about Atlantis tells us that it was just such a civilisation before its fall.

## Spring Equinox

Equinox means literally 'equal night' because daylight and darkness share a 24 -hour period equally on this day. The Spring Equinox is a key moment in the observation of this important precessional movement of the Earth.

It is a moment of time honoured in stone by the ancients since prehistory. On this day only the Sun rises exactly due East all over the world. Today it is still celebrated by people worldwide despite our apparent slip into a disconnection from Gaia.

Enriched by my new awareness of the link between the Spring Equinox and the Age of Aquarius, two intrepid friends and I set off to watch the Sun rise on this day in 1997 by the Great Pyramid in Egypt. We arrived at the pyramids at 4.30 am on March 20th.

Entering the Giza complex in darkness we climbed the pyramid of Cheops' daughter, one of the satellite pyramids in front of the Great Pyramid. From here we watched in whispered awe as the Sun rose and lit the face of the Sphinx.
We knew she had been marking this moment for many thousands of years and it was a sacred time and place. We had learnt that perhaps she has been guarding the knowledge of humanity's genesis until this Age of Aquarius when truth shall be sought and found.

## Conclusion

The Age of Aquarius is an
astronomical fact. It results from a giant wobble of the Earth lasting 26,000 years per revolution and can be observed via the mechanism of the precession of the Equinoxes. For approximately the next 2,000 years, if you look East on the day of the Spring Equinox you will see the constellation of Aquarius.

The Age of Aquarius has been predicted as the Golden Age of Enlightenment, that is the Age of Light. The characteristics of this Great Month will reflect the traits of an Aquarian person.

Aquarius is often depicted as a magician and the new con-
sciousness seems to demonstrate that we are all becoming magicians with the power to create with thought alone. Indeed the root of the words 'imagination' and 'magic' is the same.

Quantum physics is awakening scientists to the astonishing fact that thought and matter are made of the same substance. This is just one of the many jewels of the consciousness shift that the Age of Aquarius brings in its wake.
As we venture farther into the New Age we are brought back inexorably to the past as the truth of our beginnings unfolds into the light.


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# A $\overline{\text { RIES }}$ 

## MARCH 21 TO APRIL 20



1st week


2nd week


3rd week


4th week

## Although Saturn continues to mpose discipline, a month of teady progress can be expect-

 d.fforts to restructure your lifestyle nd achieve greater efficiency in our use of time and talents will ring satisfying results. Money and areer are likely to become a prime cus of attention from the second eek onwards. Your best policy is to dopt long-range strategies rather an going for instant success. It's a highly productive phase for
developing, improving and diversifying your interests, particularly if you have in mind a change of direction or an independent way of earning your living. Prevailing trends show that your destiny is now very much in your own hands.

This is no cause for undue anxiety for you will find that the pattern of events backs you up and points you in the right direction. A chance meeting in mid or late month could turn out to be extremely fortunate.

Not only is Mars riding high in your Solar chart from the 9th onwards but you also have Venus in a similar position. A combination of effort and opportunity will be the key to success. Once you take any fresh initiatives you'll find that things seem to fall into place.
Dates of particular importance for career and financial concerns are the 13th, 14 th, 22 nd, 23 rd and 28th. Tread carefully on the 17th, 18th and 19th when impatience could trip you up.
Adverse trends on these dates also put domestic matters under increased strain. It may be hard to strike a balance between external commitments and home affairs in
the latter half of November but around the 18th any underlying tensions will come to the surface.
Be warned that you'll only make matters worse by attempting to impose your own rule. It's essential to let others have a say and try to understand that sometimes it is not only you who knows best.
This is also an excellent month for pursuing the things of the mind and adding to your knowledge. Whether your studies are purely practical or have a more mystical aim, you will make speedy progress and find plenty of fresh inspiration. This process will be helped greatly through contact with kindred spirits who are likely to gravitate to you during the latter half of November.

If you have any lengthy journeys planned for later in the month you will find plenty of inspiration here, too. Anything that helps to link you to a wider communications network will prove unexpectedly helpful.

Finally, news arriving late month points to a welcome development in investments and joint financial affairs.

# TAURUS 

## APRIL 21 TO MAY 20



1st week


## 2nd week

## 4th week

## u have everything to gain d nothing to lose by adopta more adventurous mode.

e old saying 'nothing ventured thing gained' applies especially Taureans, so don't let your caunstand in the way of progress. ving both Mars and Venus ourably angled to your sign, as I as Jupiter riding high in your irt, you can be sure that your iniives will have the right impact. ou would be doing yourself a at favour by aiming at a more
flexible attitude to life, perhaps being more self-critical in regard to your beliefs and expectations. Not that you'll have to compromise your ideals or throw overboard what you truly value but there are times when Taureans need to check that their vision is not too blinkered!
The more far-seeing you can be, the more enriched your life will become. The trend is steering you towards something new, so the more open you are to experience, the better chance you have of creating a fulfilling and creative lifestyle.
Developments in early November should favour your current financial and business interests. With Mercury coming strongly into the picture from the 7 th you can expect to get speedy and positive results, not only in current business matters but especially in longer term and soundly-based concerns.
The good fortune of someone close will also contribute to the feeling of material well-being during the latter half of the month. Take special note of favourable trends in force on the 7 th, 17 th, 21 st and 23 rd if there are any important decisions to be made about money, business
and career.
A powerful and fortunate Lunar trend in your sign on the 13th and 14th puts you in the spotlight. Socially you are likely to find yourself in demand and this will probably entail a fairly lengthy and pleasant journey.
Affairs of the heart are also highlighted on these dates and it could be a journey or a last-minute invitation that provides you with the key to your heart's desire. There is much to suggest that close and intimate ties of love will benefit through a change of routine.
The cosmic pattern appears to point towards a widening of your horizons during November. This may indeed happen in a literal sense, through travel or long-range communications. It applies equally to social life and significant friendships in which you will almost certainly experience an enrichment. Interests of a more spiritual nature will also be helped via contact with people who share your ideas and beliefs.
It's a month when the potential for making desirable change reach-
es optimum levels.

# GEMINI 

MAY 21 TO JUNE 20


Powerful Solar forces give you the stamina to cope with a heavy workload in November.

Career and financial matters are highlighted from the second week onwards when you will see a marked improvement in personal and joint finances. Don't be afraid to take the initiative if something new turns up as it seems that you are in a strong bargaining position.

Confidence and enthusiasm will characterise your attitude to life in the first days of the month but
make sure you don't overstep any boundaries with the Sun in adverse angle to Jupiter around the 5th. The enthusiasm of other people will be contagious but it is essential to be aware if mistakes are to be avoided.

With extra demands on your time and energy, personal or leisure interests may have to be shelved temporarily. This might be irritating but in the long term you'll find that everything falls into place. Small sacrifices made now will stand you in good stead where the important goals are concerned.

News early in the month about employment or business concerns will help you to sort out any difficulties or give the green light for something new. Younger Geminis who are seeking suitable employment (or self-employment) are specially favoured now. The more contacts you make the better chance you have of finding what you want.

The cosmic pattern puts tremendous emphasis on significant connections and relationships. If you are married or work in close association with another person, chances
ence a boost in his or her fortunes during late November. Indications of financial success will certainly be good news to those who are planning to take the plunge into matrimony, as they do to the launch of a new business venture in association with one or a small group of persons.

The potential for romance is highest at the start of the month when developments will be swift and may amount to the proverbial 'love at first sight.' This is not to imply that the rest of the month is a write-off. With both Mars and Venus pushing through your 8th Solar House your subtle powers of attraction are greatly enhanced and your passions are liable to be stirred deeply!

Geminians should note potentially tricky factors in force around the 18th and from the 25th to the 27th. Material interests and matters of an emotional nature clash and you will realise that perhaps you have been taking too much for granted or exploiting somebody. It is important to get your values sorted out and find out how you may unconsciously be contributing to a tense situation.

## are that your partner will experi- <br> CANCER



1st week

2nd week


3rd week


## 4th week

This promises to be an eventful month for amorous experience.

You have a deeply romantic nature and do not take love lightly. The trouble is that when emotions get hold of you there is a tendency to get very intense and possessive.
You believe that you cannot live without the other person which puts him or her under great pressure. This overcharged emotion may then have the effect of driving the other person away or making the relationship extremely difficult.

This scenario could very easily develop during November, so perhaps you should cultivate a more detached attitude towards romantic affairs. It is this 'besotted' kind of attachment that stands the least chance of surviving or growing into something meaningful.

If love makes an entry into your life on the 11 th, 26 th or 27 th the portents are not good, though there is no doubt that the experience will be exciting. The chances of success are greatly increased if a new love arrives around the 13th, 23 rd or 28 th.

Mars in Capricorn from the 9th could prove to be an obstacle if you plan to push ahead with certain projects. Be prepared to meet unforeseen resistance and obstacles, probably adverse criticism or disapproval from other people.

Confrontations are likely when Mars is in adverse aspect on the 11th, 17th and 27th. Others will put you on the defensive or try to antagonise you.

If things get heavy, be prepared to do a bit of tactful side-stepping (as only you can). It would be unwise to stick rigidly to principles if
these only create bad vibes. Try to avoid any conflict with authority figures too, as you'll only meet a brick wall!

The good news is that Venus accompanies Mars through this area of your Solar chart. So even if conflict arises you'll have the insight and ability to negotiate and reach a better understanding.

If some people's attitudes seem misplaced, be prepared to stand back and ask yourself whether you are seeing things from too narrow a perspective. To know all is to understand all, so try to see what is motivating others - it may teach you something about yourself!

Scope for improving and strengthening your financial position is greatly increased this month. Expansive Jupiter is now gathering pace, signalling a phase of increased good fortune, not only for yourself but for those closest to you. To make the best of this situation you will need to be adaptable and willing to break with the past.
This month experience has something important to teach you but it may mean facing up to your deepest insecurities.



## After being restricted for the past few months, you will at last be able to spread your

 wings once more.Work pressures may be heavy at times but are unlikely to obstruct social and leisure activity. Your energy levels will be very high enabling you to work hard without feeling that you are pushing yourself to the limit.
Mercury's swift transit through Sagittarius from the 7th brings increased scope for diversifying
your interests, developing a more interesting social life, or pursuing creative or recreational interests allowing you to make full use of your special talents.

Contacts established now will turn out to be extremely lucky, particularly if you are intent on developing your creative abilities and hoping to gain greater recognition in your chosen field. Any interests that help you feel that you are moving towards a truer expression of your inner self are greatly favoured while Mercury is your guide. Be prepared to grasp opportunities that crop up when this planet is well aspected around the 11th, 17th and 21st.

These are also splendid dates for Leos involved in educational activity. Leo parents will also have reason to feel proud of their offspring in the latter half of the month. Any worries or problems relating to the education of youngsters will probably fade of their own accord.

Earlier on matters closer to home will need careful manoeuvring if misunderstandings are to be avoided. If possible avoid making any definite arrangements as
friends, relatives or even strangers are liable to put in an impromptu appearance just when you were hoping for a bit of peace and quiet!
If you are in the mood, early month is a fine time to catch up on neglected domestic tasks, plan a refurbishment or get the ball rolling if you are hoping to move house.
A powerful angle between Jupiter and Saturn in mid November has an important bearing on any long-term plans you are making. These planets help you to pull all the threads together, bring great clarity of mind and endow you with a strong sense of purpose.
The latter half of the month may see you in a serious frame of mind However, changing circumstances will help you to get a better idea of what you do and don't need for the enhancement of well-being, both for yourself and those close to you.

Leos who work for themselves or are hoping to do so have everything in their favour in the latter half of the month. You will find that small successes accumulated in recent months will now enable you to take a more enterprising approach.

ViRGO

## AUGUST 22 TO SEPTEMBER 22



## Usually regarded as a creature of habit, you could be acting out of character this month.

Your creative energies are stirring, motivating you to change and perhaps break a pattern that is beginning to make you feel restricted.
Early November focuses on matters close to home, which doesn't mean that you'll be tied to the spot. There seems to be a lot of movement which probably has something to do with events concerning close relatives or neighbours. A
letter or message at the start of the month may have a bearing on family matters or property interests. Whatever arrives is certain to create a very positive atmosphere.
The helpful combination of Jupiter and Saturn mid-month puts a powerful accent on the need for stability and security. Money and employment are the main themes, so if you have experienced uncertainty previously you can expect more settled conditions from now on.
It would be best to concentrate on long-term, soundly based financial interests rather than going for quick profits. All matters relating to joint finance, property, investment and insurance or pension schemes are highly favoured now.
The final months of 1997 could mark the end of a transition phase. You are finally shifting away from a time when you had to focus all your energy on consolidating your abilities and establishing your credentials. From now on the pressures will ease, greater confidence will emerge and you'll begin to see real benefits from past efforts.

Intimate affairs are likely to be extremely pleasant, if at times rather surprising - either to yourself or people who know you. Your usual cool and cautious approach will not be much in evidence and it is likely that passions will be very intense if a new relationship is established in the coming weeks.

This could turn out to be the most significant month of the year for affairs of the heart. Both Venus and Mars are in a congenial area of your Solar chart, bringing more than a hint of very special amorous developments. The most significant dates are the 13th, 14th, 22nd, 23rd and 28th which also happen to be best for social life and leisure interests.

Experience will help you to put any past negative emotional scenarios firmly behind you. Events around the 18th or 19th should finally enable you to see your way out of an emotionally difficult situation. The atmosphere certainly seems to brighten considerably soon after these dates.

Generally, a month when the cosmic tides are taking you in the right direction.

## SEPTEMBER 23 TO OCTOBER 22



1st week


## 2nd week



## 3rd week



## 4th week

## Cash-flow is likely to be very buoyant this month.

It would be unwise, though, to neglect or postpone problem areas where business or finance are concerned. This is the best time to deal with important communications or seek financial information and advice. Fund-raising ventures are favoured too with opportunities to diversify your earning abilities provided that you move quickly.

The Mercury-Pluto conjunction on the 11th creates a rather nostal-
gic atmosphere, possibly due to a visit from an old friend or to a place that played an important part in early life. Whatever happens, expect certain facets of the past to impinge on your attention around this time.
For most of the month Mercury is in an area of your Solar chart focussing on mental activity and communications. Various experiences will provide food for thought and perhaps bring revealing insights.

Any studies will become increasingly absorbing and you'll find that you grasp ideas readily and assimilate vast amounts of information. Examination successes are much more likely while Mercury is lending support.

Later in the month the planets throw a favourable, if at times hectic, emphasis on domestic and family matters. Venus, Mars and Neptune are stirring up activity in this area but it is certainly no cause for alarm. In fact these planets indicate a time for positive action where change needs to be made.

Mars gives the initiative, while Venus ensures that things run smoothly. Neptune adds an ele-
ment of the unusual and enhances your imaginative abilities if you are involved in interior decoration and design.

Librans who are seeking a suitable home are likely to strike lucky in the latter half of the month. This luck will be enhanced if you are willing to go for something different or out of the ordinary.

Mars is always a potentially tricky customer. When in adverse aspect, this planet can indicate tension and strife but very often this has a therapeutic effect, enabling a clearing of the air.

So if there are any underlying family differences, be prepared to confront the issues on the 17th, 25 th or 27 th. Venus, the planet of peace and harmony, is also in evidence to ensure a deeper level of understanding.

From a deeper psychological angle, this is a time when an old emotional problem, perhaps connected with family background, may have to be brought into the open and sorted out once and for all. It might not be anything drastic but it is an excellent time for turning a new leaf and closing accounts with the past.


1st week


2nd week


3rd week


4th week

## November is likely to bring yeu a sense of fresh challenge.

You will also be high in confidence and able to meet extra demands on your time and energy. Once Mars changes signs on the 9th the pace of life will increase and you'll be very much on the move.

Scorpios can draw upon deep reserves of strength and energy when the situation demands and this will show during the coming weeks. At times you may find it hard to concentrate on matters of
importance but don't let it become a cause for anxiety. Some extraneous demands will have to be met and it's likely that friends or relatives will ask for assistance. Stay flexible and you'll be surprised how easily you can accommodate them.

If things become hectic it may equally be due to your desire to widen your interests or change your immediate routines. There is increased scope for Scorpios intent on breaking with outworn patterns and transforming life into something more in tune with current needs and creative energies.

On an intimate level, the Full Moon on the 14th warrs you to be tactful with your partner, lover or anyone else who shares your living space. He or she will be rather sensitive and inclined to overreact to the slightest hint of criticism (or sarcasm) from you.

Also, if you have been neglecting the feelings of someone close to you or taking things too much for granted, you are likely to discover this before the month ends. Be prepared to make the necessary emotional adjustments.

Travel is going to be a major feature during late November. You may not be going far from familiar territory but putting in a lot of local mileage. There's a strong element of duty connected with travel but with Venus holding sway you'll probably end up enjoying yourself or experiencing some unexpected pleasure. A chance to improve your social life or establish friendly connections is likely to be the spinoff from your duty visits.
There are a couple of dates, notably the 13 th and 28 th, when romantic encounters are fatefully linked with a short journey. If not then perhaps a letter or message will be something of a romantic overture, hinting at better things to come.

It is a splendid month for financial interests, particularly those connected with commercial activity. Anything to do with buying or selling will flourish and you won't need to look far for opportunities if you are aiming to expand in the realms of money making.

It may be rather a fast-moving month but in the end you will feel that real progress has been made.


## A powerful Lunar influence in early November indicates that you'll be socially in demand.

You will perhaps be meeting old friends and picking up activities that you were forced to lay aside several months back. There seems to be a theme of revival during the first half of the month.

An old interest will begin to occupy your attention, which may be due to suggestions by someone you meet around the 11th. Something you read may inspire you to
look again a pastime you were keen on in the past.

Romantic affairs are also highlighted early in the month, with events of a rather dramatic nature taking shape around the 4th. There is some danger that you'll become besotted with someone but equally there's a chance of meeting one with whom you have a real and deep affinity. Whatever happens, amorous experience will certainly have an important impact on your life and personality at this time.

From the 7th onwards Mercury in your sign ensures that most things will progress at a satisfying pace and that you'll have the presence of mind to cope with problems along the way. Travel is highlighted, too, especially on the 11th, 15 th and 17 th when business or creative activity will be a focus of attention. In one way or another, journeys are likely to prove lucky. The same applies if you are attending interviews and meetings or if you need to get a message across.

The difficulty with Mercury in your sign is that you will be inclined to get distracted by trivialities. However, it is during the sec-
ond and third weeks that this could create problems. So it is essential that you concentrate all your attention on what is most important to you and absolutely refuse to be pulled away. This is something you should take to heart if you are involved in studying. There will be plenty to distract you but try to resist the temptation.

The most significant feature in November is the Jupiter-Saturn aspect mid-month. As Jupiter is your ruling planet this may mark an important milestone in something that you have been working towards for some time.

Financial interests are brought into the spotlight, with every indication of enrichment in your material status. If you have become seriously involved in creative activity, events taking shape later in November could further your interests and allow you to express yourself more fully.

The latter half of the month looks encouraging where cashflow is concerned. Restrictions will be lifted and at last you will feel that efforts you made over the past year or so will be justified.

# CAPRICORN 

DECEMBER 21 TO JANUARY 19


1st week
 2nd week


3rd week


4th week

## Everything points to major developments for Capricorns who have worked hard over the past year.

Saturn's contact with Jupiter midmonth suggests the start of a new cycle of experience based on the fruition of various tasks. A decision that has hung over you for several months will need making during November.
This probably won't be too difficult because changing circumstances will have put things in a clearer light.

You'll also have reason to feel extra confident because everything appears to be giving you the green light.

There may be times when you get a feeling that Fate is manoeuvring you into the right position. You'll meet the right person at the right time and just when you need it the right solution to a problem will present itself.

For you November has a feeling of being in tune with the universe and everything flowing easily but much depends on being open to new experience as well as having confidence in your own powers and capabilities. It is certainly not a time for hesitation if new doors open.

The invigorating influence of Mars in your sign from the 9th will boost your energy, make you confident and act more assertively in dealing with practical matters. You will need to exercise tact, however, when this planet is in adverse aspect on the 17th and 27th. It is then that your assertiveness could antagonise others, not only in the workplace but also at home.

Having Venus in your sign together with Mars makes this a potential-
ly stirring time for romance. After what may have been a disappointing and disillusioning experience in the recent past, you'll find that what takes place in the coming weeks will restore your faith in the power of love.

These two planets will enhance your personal magnetism and incline you to be more sociable than usual. You'll also focus more on your personal appearance which will have the desired effect of attracting the right people.

The most spectacular dates for romantic encounters and social life are the 13th, 14th, 22nd, 23rd and 28 th. There is definitely a feelgood factor in force at these times, with the main focus on love and friendship. Also helpful events are forecast in regard to any creative interests that you are pursuing.

From a financial angle you can't really go wrong. Jupiter's fortunate influence ensures a rewarding month for all business and moneymaking endeavours, with increased scope for expanding these interests.

All in all, you should be the master of your fate throughout the month.


1st week


이웅

## 2nd week



## 3rd week

## 4th week

## Friendships will play a vital part in helping you to achieve greater self-expression.

Obstacles should fade into the background and if you are faced with an important decision you'll find that past experience will help you to see things in perspective.
Jupiter continues to gather strength in your sign, drawing you into a pattern of events attuned to your deepest aims and aspirations. Opportunities are heading your way, so keep your wits about you if
you are seeking fresh outlets for your talents.

Be prepared to be decisive when these trends peak on the 4th, 7th, 11th, 16th and 25th. Insignificant events and meetings may be destined to change your life and enable you to realise your aims sooner than anticipated.

The theme centres on personal enrichment on all levels - material, emotional, social and spiritual. Whatever your main preoccupation you'll feel that you are moving in the right direction. Things will fall into place and you'll meet the right people at the right time.

New friendships during November could exercise a profound influence on your philosophy. New ideas are coming into your orbit, inclining you to become more critical of things that you have taken for granted.

You'll find yourself open to new experience and with greater enthusiasm for experiment in the way you organise your life. Someone you meet soon may challenge you in some way and you might even feel threatened. This sort of experience is likely to have far-reaching
effects on your life, particularly if you are in the mood for change and wish to break away from restricting patterns.

Mercury's powerful aspects during the third week indicate a broadening of your mental horizons, a widening of your social network and encounters with individuals who are very much on your wavelength. Whatever your aims and objectives, it is a time when chance meetings will be stepping-stones helping you to realise your hopes and wishes.

If it's romance that takes your fancy, you may find that love follows a secretive path in the latter half of the month. This doesn't mean that you'll get entangled in clandestine affairs but maybe there will be a need for discretion as there appears to be a source of potential rivalry or jealousy in the background.

If you have an established relationship, the underlying trend is decidedly therapeutic, enabling you to sort out emotional differences and establish greater intimacy with the one you love. Altogether a highly successful month for Aquarians.


1st week


2nd week


## 3rd week



## 4th week

## Your best course is to take a more forceful approach in pursuing your objectives.

You often feel pulled in two direc:ions, get into an impasse and have :o muddle your way out as best you zan. You then feel hard done by and hat you're a victim of circumstance. However, in view of a very sositive cosmic pattern in the comng month you now have a chance o prove that you are not always a ditherer!
If you are pursuing an ambitious
course of action, either in your career or another line of interest, you'll be able to create opportunities by adopting a more extrovert attitude and sticking to what you really believe in.

This may mean increased risk of confrontation but it is best to speak your mind for then everyone knows where they stand. Pussyfooting around other people's feelings will only make matters worse, so make this a time for straight talking.

Pisceans who feel that they have been pushed into a backwater over the past year are now coming to the end of this cycle. From now onwards it seems that changing events will throw you a lifeline and enable you to emerge from what may have become a rather negative pattern of experience.

This changing pattern has particular relevance for friendship and closer ties of affection. Not only are you more likely to gain new and helpful friends in the month ahead but there is more than just a hint of a new romance on the horizon.

During the latter half of the month you may suddenly find yourself increasingly in demand socially and
pleasantly surprised by your own popularity. Most importantly, this will probably put you in touch with someone who has special affinity with you. Dates of greatest significance are the 13th, 22nd, 23 rd and 28th when you may also find that a journey proves unexpectedly lucky.

This is certainly going to be a highly successful month for Pisceans who are engaged in co-operative activities and teamwork. It is a time when you will achieve your aims much more easily by joining forces with like-minded people rather than attempting to go it alone.

Great progress is forecast for those involved in community projects, local politics and environmental issues. Now is a good time to drum up support if you are hoping to organise a campaign to bring about reforms in the wider world.
Financially, the trend is towards greater stability for there is much to suggest advancement in your work or career. However, it is perhaps more at the emotional level that you are likely to experience improvement through increased friendship and maybe a new love.

## Lunar Lore Gardening

## NOVEMBER

1 Dull, probably below average temperatures. Early frost and snow likely in secluded spots by third week.

## 2,3

4 After 12.32 hours edge, make and repair lawns.
5 Destroy weeds, edge and regravel pathways.

6 After 18.34 hours prepare new fruit bush/tree sites.
7 Continue all day.
8 After 22.36 hours plant Lily of the Valley.
9 Sow broad beans in sheltered area outdoors.
10 Plant out new fruit bushes and trees.

11 After 00.45 hours, clean, repair and service lawn-mowers.

12 Clean and service other garden machinery.
13 After 01.46 hours expose greenhouse plants to more light.

14 If using fertiliser, only use an organic one.
15 Continue until 03.06 hours.
16, 17, 18, 19, 20, 21
22 After 00.34 hours keep Christmas-flowering azaleas moist.
23 Lift and store parsnips. Cut Savoy cabbage.
24. After 13.30 hours cover Christmas roses with night frames.
25 Pot out rooted geranium cuttings.
Keep all cactus plants almost dry now until February/March.
27 After 01.44 hours prune back fruit bushes and trees.

28 Continue all day.
29 Continue until 11.29 hours.
30
VICTORIA MATTHEWS

## Greenwich Mean Time has been used throughout

## The Planets This Month

The Sun begins November in $8^{\circ} 36^{\prime}$ Scorpio and enters Sagittarius on the 22 nd at 06.49 hours. It ends the month at $7^{\circ} 48^{\prime}$ of the Archer.
D) The Moon is waxing to its First Quarter on the 7th at 21.44 hours with the Full Moon on the 14 th at 14.13 hours. Last Quarter is on the 21 st at 23.59 hours with the New Moon on the 30 th at 02.15 hours.

As the month opens the Moon is in $15^{\circ} 11^{\prime}$ Scorpio and enters Sagittarius on the 2 nd at 04.27 hours. It then enters Capricorn on the 4th at 12.32 hours; Aquarius on the 6th at 18.34 hours; Pisces on the 8th at 22.36 hours; Aries on the 11th at 00.45 hours; Taurus on the 13th at 01.46 hours; Gemini on the 15th at 03.06 hours; Cancer on the 17th at 06.33 hours; Leo on the 19th at 13.39 hours; Virgo on the 22nd at 00.34 hours; Libra on the 24th at 13.30 hours; Scorpio on the 27 th at 01.44 hours; Sagittarius on the 29th at 11.29 hours where it ends the month.

Mercury begins November in $19^{\circ} 50^{\prime}$ Scorpio and enters Sagittarius on the 7 th at 17.43 hours. By the end of the month it is in $29^{\circ} 17^{\prime}$ of the Archer.

O
Venus begins the month in $25^{\circ} 32^{\prime}$ Sagittarius and enters Capricorn on the 5 th at 08.51 hours. By the month end it has reached $22^{\circ} 12^{\prime}$ of the Goat.

Mars is in $23^{\circ} 51^{\prime}$ Sagittarius on the 1st and enters Capricorn on the 9th at 05.34 hours. By the 30th it has reached $15^{\circ} 49^{\prime}$ of the Goat.

24 Jupiter spends the month in Aquarius and advances from $13^{\circ} 1^{\prime}$ on the first day to $16^{\circ} 24^{\prime}$ of the Water Bearer on the last day.
$\hbar \quad$ Saturn is retrograde all month in Aries. It retreats from $15^{\circ} 15^{\prime}$ on the first day to $13^{\circ} 47$ of the Ram on the last day.

H1 Uranus spends November in Aquarius and advances from $4^{\circ} 52^{\prime}$ on the 1st to $5^{\circ} 38^{\prime}$ of the Water Bearer on the 30th.

母 Neptune is in Capricorn all month and advances from $27^{\circ} 20^{\prime}$ on the first day to only $27^{\circ} 55^{\prime}$ of the Goat on the last day.

P Pluto is in Sagittarius all month and advances from $4^{\circ} 27^{\prime}$ on the 1st to only $5^{\circ} 34^{\prime}$ of the Archer by the 30th.

## All positions are for $\mathbf{0 0 . 0 0}$ hours GMT.

## Reading the Aspectarian

In the aspectarian we list the principal Lunar and mutual aspects for each day of the month. A Lunar aspect is a specific distance, measured in degrees, between the Moon and a planet; a mutual aspect is between one planet and another, excluding the Moon but including the Sun.

First of all memorise what the symbols stand for:
$\Upsilon$ Aries, $\succ$ Taurus, $I I$ Gemini, 60 Cancer, $\Omega$ Leo, MP Virgo, $\bumpeq$ Libra, M, Scorpio, ${ }^{1}$ Sagittarius, $\%$ Capricorn, $\neq$ Aquarius, ) (Pisces.
$\odot$ Sun, $\searrow$ Moon, $\wp$ Mercury, $\odot$ Venus,
$O^{7}$ Mars, 24 Jupiter, $\hbar$ Saturn, 111 Uranus,
廿 Neptune, E Pluto.
The major aspects:
$\sigma\left(0^{\circ}\right)$ conjunction: good or bad according to planets involved

* $\left(60^{\circ}\right)$ sextile: generally helpful. $\square\left(90^{\circ}\right)$ square: mostly challenging. $\triangle\left(120^{\circ}\right)$ trine: strongly helpful. $\sigma^{\circ}\left(180^{\circ}\right)$ opposition: conflict and tension.

The minor aspects:
$\searrow\left(30^{\circ}\right)$ semi-sextile: slightly favourable.
$\angle\left(45^{\circ}\right)$ semi-square: somewhat stressful.
$Q\left(72^{\circ}\right)$ quintile: creativeness.
( $135^{\circ}$ ) sesqui-square: usually unfavourable. $\pi$ ( $150^{\circ}$ ) inconjunct or quincunx; stressful.

Each month the Moon travels right round the zodiac making every aspect to every planet at least once. When there are several aspects in one day we group them after one Moon symbol thus:
D $\triangle \odot * 2 \square$ ?
This means Moon trine Sun, Moon sextile Jupiter, Moon square Venus.

1 s．$D$ in $\mathrm{m}_{\text {．}} . ~ D \sigma \nsim \neq \Psi$.
Many misunderstandings，tempers flare or people smoulder in silent anger．
 Best for behind－the－scenes activity，backdoor diplomacy．
3 m．$D$ in $\not \subset . D * 2 \Delta \hbar$ ． Team and partnership matters go well．Merger or takeover news in the city perhaps．
4 T．Din $\chi^{4} \&$ ．Do qo ơ＇
Workplace leadership more in evidence and much energy in this area．
5 w．$D$ in 乃．$D * \odot \square \hbar . \odot \square थ$ ．ఫ̛＊ Personal problems could disturb routine at work， home or play．
 Concentrate on completion of outstanding tasks but don＇t fudge anything．

Temptation either not to go to work or to push off early to enjoy the weekend．
8 s．$D$ in $\approx \approx \&)\left(. D * O^{7}\right.$ ．
Romantic overtones in the evening hours but it may not start that way at first．
9 Su．Din ）（．Dロర్ᅮ＊$\square \square \mathrm{R}$ ． Favours the ladies with problems－probably better solved by them as well．
10 м．$D$ in $)(.) \Delta \odot * \Psi$ ． Early worries soon clear away．By late pm everything should be much clearer．
 Easy to get caught up in the fray unless you sit things out deliberately．
12 w．Din $V$ ．Dबћロษ． Routine affairs only－start nothing new at all．
13 Th．Din $\curlyvee \& \succ . D \triangle Q \triangle O^{*} \square \nVdash$. Don＇t gamble or lend cash．People seem out for a fast buck．
14 F．D in $\succ$ ．$D_{0} \circ \odot \square \triangle \Psi$ ．
Haggle，defer，postpone or hold out for a better deal．Sign nothing！
15 s． $\operatorname{Din} \zeta \& I I$ ．$D 0^{\circ}$ Buy／sell property，actually move house．Keep paperwork to a minimum and safe．
$16 \mathrm{Su} . D$ in II．$D \Delta 4 * \hbar$ ．
Much talk but little action．Less enthusiasm but much more realism
17 m．$D$ in II \＆G．$D 0^{\circ} O^{7}$ ．ర̧̧ $\triangle \hbar * 4$ ． Someone or something from the past influences your feelings，thoughts and actions．

Spend pm hours with that very special person． Proposals and wedding bells are in the air．．．
 Lectures，seminars and business meetings favoured．
20 Th．$D$ in $\Omega$ ．$D_{0}^{\circ} 4 \Delta \hbar$ ．$q \square \hbar$.
Many folk are their own worst enemy．Today，are you？
21 F．$D$ in $\Omega . \nu \square \odot \triangle$ ．
Clash of personalities likely to occur just about anywhere．
22 s．$D$ in $m$ ．$D \triangle O^{7} \square$ ．
If it is not right，it is wrong．One of THOSE days！
23 Su．Din m．Dロఫ్q $\triangle$ ？ ．
Sunday shopping trips yield some good bargains for the home or to wear．
24 M．$D \operatorname{in~m~\& ~} \bumpeq . ~ D * \odot \triangle \Psi$.
Sudden extra responsibility in a new environment？For some，it could be permanent．
25 т．$D$ in $\bumpeq . ~ D \square O^{7} \triangle 4 \circ^{\circ} \hbar \Delta H \not H E$ ．
People so plain awkward that things just don＇t go as you would have hoped or planned．
26 w．D in $\mathrm{m}_{\text {．}} . D * \not ্ \not \subset \square \square \square \Psi$.
Use time to make sure you write those letters or pay outstanding bills．
 This has all the hallmarks of being a very unpleasant day all round．Take care in all you do．
28 F．D in $m_{1} . D * Q * \sigma^{3} \square 2$. Volatile reactions from those you least expect．

May take a lot of diplomacy just to get routine things done．
30 Su．$D$ in $\neq D 0 \odot * 2 \Delta \hbar$ ． A good end to the month all in all．Spend the day with friends．

# Five-year forecasf 


#### Abstract

A change of Government means a shift in emphasis; the new Labour administration in the UK is a case in point. The chart analysis here by GEOFFREY SAXBY covers the term from May 1997 to the 2002 General Election.


The chart is set for the time and location in which Mr Blair received his invitation from HRH Queen Elizabeth II to form a new government; May 2nd 1997, 11.30 BST, London.

The general overview for 1997 is greatly highlighted by Saturn, the planet of authority, conjunct the Midheaven of the New Labour chart. This implies that important duties have to be undertaken which must demonstrate the trustworthy nature of
culties some seven years down the line.

Now is the time to take responsibility for all situations from the past and so continue to move forward with confidence.

January to February 1998 see a challenge from partners and some of the hidden tensions that have been brewing for some time will present themselves.

A particularly awkward period is likely to be around the
the administration. It will mean that a review of certain aspects of the party will be needed; a period in which it will be necessary to make sure
that no short cuts are taken regarding public issues, otherwise they may turn out to be a thorn in the side at a later date. It will be particularly necessary not to shirk any responsibilities that have been taken on to get to this point, otherwise the philosophy and allegiances which placed New Labour in its current position could cause diffi-
 position could cause diffi-

spite opposition from some factions which had previously been placated, will be tested.

The New Moon on February 16th could well open the door for many old and forgotten traits to come back to haunt the party. Great resolve will be needed to keep them in perspective and to give them their own place where they can be effective instead of disruptive.

May is a time in which it will be necessary to review the situation and ascertain which partnerships are working and which are either not effective or are liabilities. Some associations of long standing will cut their ties which may cause a rift within the party and although there may be a feeling of regret about them, New Labour now stands at a pivotal point in its history.

At the same time as some associates depart, indicated by Saturn square Ascendant, Jupiter is conjunct the Midheaven and so heralds a new period of progress. Even though some significant relationships will end, there will be a new sense of freedom.

With this new-found energy, however, it will not be wise to expand too rapidly. Necessarily, all activities must be planned meticulously.

A Lunar eclipse on July 28th 1999 brings a new creative opportunity which New Labour should be able to grasp with both hands and so take the lead in a major new global development. This could transform the way many people view the world over the next 18 months.

September to December will again see the fringes of the party and other vested in-

## New Government

10.30 am GMT May 21997 London
terest groups making life difficult. A definite formula will need to be created to prevent some elements of policy falling into disarray.
November 1999 to March 2000 will be a period highlighting the need for responsibility and hard work to bring some very prominent leadership situations to a successful conclusion. Freedom will be very limited, however, and it will be necessary to gain as much negotiating space as is possible as the events of this period could lay down a foundation for some considerable time.

It will be essential to be patient and concentrate upon the task in hand, without being distracted by other issues that may be presented to distract. Perseverance is required to achieve a successful result and there is great potential for reward.

Decisions that are made now could give the Government a feeling of isolation. This could also be compounded by a breaking up of relationships either diplomatic or industrial. Again the test of ability to stay on line will be apparent.

A Lunar eclipse on January 21st indicates that a communication difficulty will cause problems in the areas of health and employment which could well present a senior minister with some challenging confrontations. Indications are also evident that prisons and hospitals will be implicated. This could be a drawn out affair if a leading authority in the field does not take responsibility for misunderstandings that are created.

March 2000 to February 2001 is a period of great creative change for New Labour. There will be situations presented in which very strong


## Five-year forecasf

and courageous decisions will have to be made, particularly relating to partnerships that are formed.

Affiliations made at this time may not be seen to be popular in the public eye. However, by taking risks and trying new approaches many old barriers can be removed and a closer co-operation encouraged between rival factions. A period of inventive, original, yet also risky policy-making.

April begins a period of great optimism in which the leadership will initiate a new project, but there will be a tendency to push for results too quickly. It will be important to build upon the situations that exist at the time, rather than expanding
remain centre stage for many months.
A Lunar eclipse on January 9th 2001 helps to bring to a conclusion the health and employment issue that commenced 12 months previously with a successful outcome to the business community, possibly with the arts seeing some positive results.
The outer manifestation will not look very encouraging from the viewpoint of the public. Many of the benefits of this resolution will be hidden from view, however, as the longterm outcome would be even more controversial if a different tack were taken.

April to July 2001 will be a difficult time for partnerships in which there is likely to

be some stage will challenge the premise upon which much of Britain's economy is built. Any confrontation at this time will need to be handled with extreme caution as there is an anarchic quality about this situation which could
the dictates of government, so to maintain stability it will be necessary to put all the cards on the table so that as little as possible is hidden. The important thing for the Government to realise is that patterns established now will determine the success of the next few years. It will be necessary to acknowledge the views of others so as to allow growth to occur through organisation and discipline.

A Solar eclipse on June 21st 2001 indicates that a new period in political negotiations has dawned. It will be possible for many differing views from diverse backgrounds to converse upon an equal footing with the more established negotiators. This innovation could well be one of New Labour's major legacies.

December 2001 to April 2002 will again see it necessary for the leadership to recognise that it is laying down the foundation for the next seven years or so at this time. So it will be essential that all of the parts are in good working order, otherwise they may become a liability in a few years time.

Plenty of innovation is likely from the new government but this is going to take tremendous courage to implement some of the decisions. Controversial new partners and internal vurang!ings could throw the party off course unless it is prepared to go with its convictions.

The main indication, for the whole of this term, is that as long as New Labour is as open with information as is possible in the world of politics and can deal with situations as they arise without allowing them to ferment, it can create a new and innovative style of leadership; not only for this country but for the world.

# AsTROLOGY TODAY 

The astrological world is in
a state of transition. Indeed, it is tempting to compare the theological schism that rent Christianity asunder in 16th century Germany with the emerging propensity to abandon traditional practice in favour of astro-psychology (chart analysis in Jungian terms).

Regrettably there is a growing army of astrologers who would happily confine the scope of astrology to the construction of an accurate character analysis couched in such terms and verbally dissected in numerous counselling sessions.

The aim of such a diagnosis is to help the client understand the complexity of his/her own psychic structure and bring previously unconscious issues out into the open. Commendable and useful though this may be it fails to acknowledge what many clients want from an astrological consultation; a perception of their place in the universal scheme of things.

Many people still believe in God. Astrologers and clients who both share a belief in a 'God-centred' universe consequently want an astrological explanation for their lives and experiences framed within a religious context. For them, Jung just isn't enough.

Moreover, some practitioners of astro-psychology join hands with the enemies of astrology to cast doubts upon its ability to predict, totally ignoring the fact that astrology and prophesy go hand in hand. (Interestingly prophet is the derivative of the Greek prophetes, one who declares the will of God).

Authors of astrological textbooks which teach psychological chart interpretation perform a valuable service, for without intellectual innovation astrology will stultify and die.

## THE GREAT SCHISM by GEORGE DALE

What cannot be forgiven, however, is the damage done by authors who denounce anything other than a psychological approach. Yes, we must reappraise the contributions of our astrological forebears but equally we must ensure that we don't throw out the baby with the bath water.

Consequently, I would urge all those with the best interests of astrology at heart to embrace astro-psychology's contribution while simultaneously defending traditional astrological practice, of which prediction is an essential element.

Many years as a working astrologer in the North East of England have led me to conclude that most clients want practical guidance with day to day issues and a glance into the future. An astro-psychological analysis, devoid of any anticipation of how the client's current situation might develop, will not meet their needs.

Making predictions is an essential function of the astrologer. To abdicate that responsibility and refer the client to the local Tarot reader is unacceptable. Greater clarity is needed with respect to the issue of prediction and also, perhaps, a better methodology.

First, astrologers must instil in their clients realistic and attainable expectations. This can be accomplished by acknowledging the limitations of the birth chart. A chart cannot reveal everything to be known about a person, yet it sheds a valuable light into the client's past, present and future.

A candle is a very weak source of light. By diligent application, however, it can illu-
minate enough information to deduce whether the black chasm in which one stands is the interior of a cathedral or a subway station; vital information if one is poised to put a foot upon the live rail.

A consultation should never be a monologue but an expansive, productive and perceptive dialogue. I always begin by showing my client a barcode cut from a supermarket purchase - clients can immediately relate to that piece of coded information.

The supermarket cashier decodes it with a special 'gun,' a one person job. Conversely, a birth chart is a piece of coded information that can only be deciphered by two experts working together. One expert is the astrologer who has devoted many years study to the subject.

The second, equally important expert is the client who is actually the physical manifestation of that code and who has consequently accumulated a mass of vital, specialised information about her/himself. A synthesis of this shared pool of information is the foundation upon which the whole consultation is built. It is a joint operation.

The client's first-hand knowledge enables me to fine tune the implications of the factors under consideration. Of course there are clients who don't want to play an active role and to them I explain that if I continue - denied their vital contribution - they must accept a greater margin of error.

No scientist will ever fully understand the universe of matter and energy. No astrologer will ever predict the future without error. All we can do is try our best.

One thing, however, is certain; the future of astrology will not be as well served by reducing it to a pseudo-science.

# SCORPIO M, <br> Scorpio subjects tend to keep 

## Consider an iceberg. All you

 see is about 10 per cent of its total; the rest is hidden under the surface of the surrounding water. Apply that analogy to this month's sign and you have an idea of the basic Scorpio style.Secrecy, power and passion are three of the keywords associated with Scorpio and they are all accurate - on the surface. Again, it's necessary to dig deep to get more of the story.

The 8th sign's ruling planet is Pluto, the farthest-flung outpost of the Solar system and, mythologically, the dark, ruling god of the underworld. It's not surprising, then, that much of the Scorpio character is hidden and that getting information, especially personal details, out of one of these subjects is akin to getting blood out of a stone.
themselves to themselves, not giving anything away. Gain their trust and break through that barrier of reserve and you have a friend for life.

Passion is easy. Have you ever been instantly smitten by a man or woman, especially if he or she is black-haired and has intensely blue eyes? That was probably a Scorpio subject.

Those eyes feel as if they are looking right down into your innermost depths and, if you get to know the person who owns them, they will plumb those depths - but you may not discover much in return.

You will find out what 'passion' means too, especially horizontally; and loyalty, to a Scorpio, means complete, 100 per cent fidelity. That's what you get from him or her and


## by MERCEDES DuQUESNE

you had better return it measure for measure.

Passion is also intensity; the passionate espousal of a cause, following it through to the death if necessary. Intense concentration is a more often seen part of this - if Scorpio has really got its head down then anyone wanting to attract its attention has really got a job on.

Power was the other word. It's not really the wielding of that power so much as the control of power that Scorpio gets off on. In fact, that is really the

## Scorpio's year ahead

As your year begins you will probably be thinking about foreign parts, either in terms of educating yourself about them or possibly travelling to your chosen location. You may not initially consider the travel part to be a possibility but you may unexpectedly be given the opportunity to go where the fancy takes you - if you do, take it! You will not, at this stage, be saying too much about ideas or plans you may have - that announcement is likely to be a little later on this year.
The significators of the above are an opposition of the Moon (Leo, 9th House) to Neptune (Capricorn, 3rd House) and Uranus (Aquarius, 3rd House), with the Sun and Mercury (both Scorpio, 12th House) forming a T-square. With Pluto (Sagittarius) rising in your 1st Solar House, forming a trine to the Moon and sextiles to Uranus and Neptune, this will be seen for what it is, a personal transformatory experience.

Amatory affairs are going to come pretty high on your list, too. Mars and Venus are in close conjunction (Sagittarius, 1st House) and trine to Saturn (Aries, 5th House). This is likely to result in a fiery and passionate romance but possibly controlled or restricted in some way. Married or committed Scorpios may find themselves using these energies to bring some order into their love lives - or possibly put some of the fire back into the re-
lationship! With Jupiter (Aquarius, 3rd House) getting in on the act as well things could really hot up.

It is entirely possible that the fire which is engendered could be that of argument, so it would be wise to keep your wits about you should contentious subjects arise. If things do slide and air has to be cleared, though, making up will certainly not be hard to do.

The same planetary combination may also be responsible for creative Scorpios enjoying a resurgence of ideas during the next 12 months. Saturn is often regarded as putting a damper on things but, in this case, it is more likely that his presence will enable you to plan your work and then work your plan. He will also counter any tendency for Jupiter to use his expansive energies to excess and try to make you go too far too soon.

Having set the tone for the next 12 months or so, it is time to see how the Ingress chart progresses. The Sun makes a conjunction with your ruler Pluto in late November which is likely to coincide with an announcement of your plans for education or travel (or both). Given the ongoing sextile aspect from Uranus to Pluto there may be something of the unexpected about it, at least as far as everyone else is concerned.

You may have been mulling the idea over your-

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QCCUTT
QUESTION

## LONG REIGNS

I am interested in finding out which of the ancient peoples had kings (or queens) reign over them for very long periods of time. Can you give me some examples please? - J.S., Watford.

Dynasties apart, where many kings reigned during one long span of time, its is to the early Chinese and Egyptian civilisations that you must look. Probably the best known longserving monarch was Thoth who, according to legend, reigned for 3,226 years.

Prior to this, the Sumerian King List details a long line of kings who reigned in Sumeria (Lower Iraq in Mesopotamia) from primeval times. According to this List, each king reigned for 3,600 years although one monarch is credited with a 64,000-year ruler-
ship and another with a reign lasting 72,000 years.

Though this may seem extraordinary, if not impossible, there is a great deal of supportive evidence for the accuracy of the King Lists although archaeologists and historians insist they must be false or misinterpreted. It is worth remembering that in antediluvian (preFlood) times, patriarchs, prophets and kings did seemingly have longer life-spans than our mere three-score-years-and-ten; many lived to be hundreds of years old.

The Sumerian historical tablets claim that kingship descended from the skies to the Earth, with extraterrestrial beings serving a period of time on Earth as monarchs, later conferring kingship on Earth mortals. As the 3,600-year ruler-
ship span coincided with the orbit of Marduk, it was believed that the race of those who ruled here were from that fardistant planet.

The difference in time measurements between Earth and Marduk ('a thousand years are but as a day') is said to account for the fact that these early kings had a much longer lifespan than did humankind. Similar tales abound in the mythology of China, Egypt, Scandinavia and other parts of the world, suggesting that there really were beings who lived for vastly long periods and ruled various areas of the globe in the remote past.

## JOAN GRANT

I have read a few books by an author named Joan Grant and wonder if you could recommend any of her works that deal with past lives. A.N., Carlisle.

Joan Grant wrote a series of autobiographies and supposedly autobiographical novels dealing with what is termed far memory, a state of mind allowing one to relive past lives in various time periods and in differing civilisations.

Her best-known book, first published in 1937, was

## graphology

(continued from page 13)
guidelines and keeps well within them, implying a reasonable and tolerable discipline.

This writer is inclined to overextend herself in some situations, which is displayed in the width of letter-forms. The capital or personal pronoun I is very simply made, alluding to stripping things down to the basic essentials and a dislike of being tied down to commitments and obligations. This
script is upright, showing independence and a wish to be a self-starter.

This is the writer who wishes to know about her future. I would not attempt to tell her about it. It would be better left to those who are far more competent to forecast along those lines; as stated earlier, a genuine graphologist would not attempt to do this.

The marked difference between these two examples is outstanding. Similarly the psychological structures are quite distinct. The first strives toward the upper sphere of spiri-
tuality, ideals and creative ambition, while the second one is emotionally rich and faces the more realistic aspects in daily living. Aspiring to the more intellectual, the first writer adheres to principles and ideals yet there is a feeling of insecurity displayed by that very minute middle zone; at times almost unreadable.

Therefore our second writer is much more at home with the everyday world than is number one. A very large middle zone indicates a love of life, people and social activity. It is well to note that both our writers have

Winged Pharaoh which claimed to be a lifetime experienced in ancient Egypt, Other novels by her include Scarlet Feather (North American Indian lifetime) and Return to Elysium (a life in ancient Greece).

Most of her books were reprinted some ten years ago and may still be available through specialist bookshops. They are enthralling reading, her unusual writing technique often uncovering details that were startling at the time of publication but later confirmed by archaeological discoveries; a very special writer, well worth exploring.

## ORIGINS OF SYMBOLS

What do we know of the history and derivation of zodiacal and planetary symbols? Where did they originate? - B.C.S., Ipswich.

All astrological data emanated from many sources but mainly from Chaldea, Babylon, Egypt, Greece, Rome, India and China. Islamic writings also played a part at a later date. All these peoples contributed facets which have been generally incorporated into planetary symbols and meanings as we know them today.

I hope to enlarge on these
subjects in later OQT columns but, in the meantime, books that may merit further study include The Round Art by A.T. Mann, A History of Astrology by Nicholas Campion and any Margaret Hone astrology book.

## FOOD OF THE GODS

I have heard of a drink or food of the gods of ancient times which they digested each day and which was supposed to prevent them from ageing. Have you any details about this, please? - I.S., Truro.

According to myth, the gods had a drink called ambrosia which was supposed to bring everlasting youth if taken each day. However, many legends refer to the Golden Apples of the gods, a fruit which also gave them long life and a youthful appearance.

In Scandinavian myths and legends, the goddess Freya supplied these apples to the gods. This links to the fruit of the Tree of Life, said to be in the Garden of Eden, which was prohibited to humans but supplied to the gods for consumption.

Recent theories suggest that there was an actual Eden, located in what is now the lower
regions of Iraq, where experiments in creating humans took place. Interestingly, this is the very area where the Gulf War took place in the early 1990s.

Legend mentions that the fruit of the Tree of Life was given by the gods to newly created humankind but later withdrew this privilege due to various problems mainly concerning the genetics and character of the new species. This, in turn, later gave rise to the biblical story of The Fall and expulsion from Eden, originally derived from a very much more detailed tale in the Sumerian archives.

## DHARMA

Can you please tell me the meaning of Dharma which, I understand, is part of the Eastern religious tradition. J.P., Ely.

In Buddhism, Dharma indicates the way of the noble Eightfold Path. It is essential to maintain one's own true nature in the chosen lifetime but, at the same time, one must keep to the high standards previously achieved, perhaps, in former lives. For this is the way in which truth, morals and merit will be made possible as an eventual goal.
a vertical style, indicating broad control and restraint.

The first has pride, seen in the tallness of capitals, while the second possesses good self-esteem and much more mixing ability. One lives in the world of intangibles, the other in the realistic material one.

It is worth bearing in mind the importance of the positive and negative aspects of a script. As an instance, one writer may be spontaneous in thought and action, while another can be quite heedless and rash. Pride may show in a positive script, pomposity in a
negative one.
We have two upright examples here but slant has quite a strong implication. Leftward slanting writing implies selfcontrol, attachment to the past, inner caution and at times a false outer self-presentation.

It has been said that handwriting is a frozen gesture. This is very apt as writing is actually composed of many small movements of gesture, originating and directed from the brain. Speed is another important factor with which to deal. The quick-thinking individual will invariably write fast, the
cautious and careful writer will be slower in producing a message.
Years ago handwriting analysis was found on the pier and in the fairground but today it will be discovered in the researches of the science laboratory. Its use as a psychological diagnosis is found in most countries and those who are really interested can learn the disciplines and principles of analysis to their advantage and knowledge of those with whom they come into contact.

So much may be learnt if one keeps to the 'write' lines.

# 'It Takes Only 5 Minutes To Prove That Psychic Magic Powers Really Work! 

SIMPLE SPOKEN WORDS TRIGGER A FLOODTIDE OF GOOD LUCK, MONEY, AND MUCH MORE, DECLARES PSYCHIC RESEARCHER ROGER TREMAYNE!

A week before writing this I won $\$ 10,000$ in a contest in which there were 80,000 entrants. Some say it was 'just good luck', but I know it happened because I used Magic Psychic Power.

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$\$ 1000$ ? ... $\$ 10,000$ ? ... or very much more? Be specific about the sum you want for with Psychic Magic Powers it can appear in your life in next to no time.

I will show you how to materialize your desires out of nothingness.
It takes only five minutes practise a day to witness the wonders of using Magic Psychic Powers.

No man or woman can resist you when you use these powers. Someone who is now coo towards you will burn with hot desire once you start using these magic powers.
You can prove it to yourself in just five minutes a day.
I will show you how to control objects such as dice, roulette wheels, and even other people's bodies with this amazing force.

And it only takes five minutes practise a day.
You can make good luck to order, command perfect health, win the admiration and respect of perfect health, win the admiration and respect of
others, amass riches ... and this is only the others, amass riches .... and this is only the are without end!
For years ! dreamed of an easy and automatic way to make any desire materialize quickly and without fail. I spent all my time studying obscure documents of ancient magic, searchihg for the secret that would bring me as much happiness and success as I wanted.

Then one day, after thousands - literally! - of experiments, and deep research into the magic alchemical secrets of the mind, I discovered the secret that had eluded me for so long. With secret that had eluded me for so long. With to the test, and was given absolute proof of the existence of the Invisible World! I was able to actually see and touch it (you, also, will be able to). The unseen spheres of existence seemed to shimmer into view, and take shape around me. I felt a strange sensation around me . . . the secret force behind all psychic phenomena!
In the days and weeks ahead all problems seemed to dissolve and all my most cherished, most deeply desired dreams came true, right most deeply desi
before my eyes.

Since then, rather than selfishly keeping it to myself I have taught this secret to others, only to be thrilled time and again.to see how it has transformed their lives for the better.
You need no experience, and you need no equipment. You only need belief, and within minutes you will have the PROOF you need.
H.C. lived in a small council flat with only her canary and cat for company. Because she was elderly and poor she made the mistake of thinking there was no way she could get money. I urged her to try these psychic money. urged her to try these psychic
powers - the very next day she received £200 powers - the very next day she rece
from a totally unexpected source!
Nothing within reason is impossible with Magic Psychic Power. I will show you the secret of 'EME' - which concentrates your energies on one object/person to make it/them come to you freely! J.C., a friend of mine, used EME and received $\$ 5000$ for the very Item she wanted! I will show you, in clear, plain English - without gimmicks - how Psychic Magic Power can:

## \$300 WITHIN 5 MINUTES!

S.M., always a loser at horse betting, tried the Secret Psychic Magic Ritual. A mere five minutes later she went to the track and bet her last dollar. The horse came home first past the post and she collected a cool $\$ 300$. Her winning streak continued and in no time at all she had paid off her gambling debts! Today she lives in luxury, and no longer has to work for a living.

## - Double your income and keep it doubling!

 - Break through social barriers!- Make every dream come true

Bring gifts to you from others!
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I will show you how to harness the unused, psychic part of your mind to make almost all things possible! And all for just five minutes practise a day!
YOUR LOVE AND SEX DREAMS COME TRUE! Is there someone you desire who seems unattainable? How many times have you seen someone in a magazine, TV or movie who's your idea of the perfect lover?
Unattainable that person may be, but your dream can still come true by having the next best thing: YOU CAN ATTRACT THAT PERSON'S DOUBLE INTO YOUR LIFE!
This is truly staggering! I will show you how through the miracle of Psychic Magic - you can draw into your life a person who looks exactly like draw into your life a person who looks exactly like the person about whom you dream! I dis covered this incredible secret only after years of research and experiment. It takes only moments to follow my book's instructions, and you will immediately begin to feel that this amazing psychic spell will work for you!
YOU WILL BE ASTONISHED AT THE RESULT! You may find it hard to believe - Jut you only have to try it to be convinced!
The reason that you believe in your heart of hearts that miracles can happen is that they DO You only have to know how!
I will also show you five amazingly simple 'Magnetic Chants' that by themselves can flood your life with untold blessings! These wonder-working chants release from the Unseen Universe the manifestation of your dreams!
M.K. cured her drug habit by speaking one of these powerful chants . . .D.S., a commodities' dealer, suddenly made a fortune after daily repeating the Magnetic Wealth Chant . . U. U. won back her husband's love after using the Love chant!

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 With these powers you can actually cleanse ill ness and disease from your body! In Chapter Three you will find illustrated the seven invisible healing centres of your body which, once activated, release the hidden healing energies of the subconscious. You can receive fast relief fromaches and pains, without side effects
But there is more. You will learn:

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Learn the secrets of Magnetic Sex Force! Banish once and for all sexual frustration! You can have the person of your dreams and you can have the power to make them always be with you.
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The simple 5 -minute daily psychic exercises cannot harm. But even so I am required by law to state that they should not be used as a substitute for your usual medication.
But do these powers really work? I will give you two amazing examples of its efficacy in my book. Psychic cures do happen. I've seen them with my own eyes. I suggest you try the simple instructions in my book and witness these incredible powers for yourself.

## THIS BOOK WILL AMAZE YOU!

 It gives secret psychic mind techniques in clear language! No gimmicks! It shows precisely how - with five minutes daily practise - you can see through walls, hear the thoughts of others, and access secret information. You will get results the very first time you try! These will get results the very first time you try! Thesepowers exist! Now for the first time it is revealed powers exist! Now for the first time it is revealed
how they can be yours! Truth is stranger than fiction!
With these powers D.E. was able to discover the identity of an obscene 'phone caller - and had him hauled off to jail . . . C.P. used them to make $\$ 35,000$ extra in one year - he was able o 'hear' the thoughts of a competitor! ... F.D. found $\$ 1000$ in an empty house.

This book shows also how in only five minutes - it is so easy-you can construct a device which gives instant access to Spirit Helpers in the gives instant access to Spirit Helpers in the
Beyond! Read how C.R. used this to earn $\$ 200,000$ in one year! Learn how G.D. gained hidden power over women! With this device you can avoid accidents . . . discover identity of enemies . . . develop perfect memory . . . lose weight quickly ... find out the truth about any person . . . find lost objects. Read, too, how R.A., with the aid of the book's author found $\mathbf{3 0}$ oil wells. As a consequence they both became very rich!

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# Samhain Fires 

Samhain, the eve of November 1st when the Celtic Winter begins, was in fact the Celtic New Year. Traditionally, this was the time when crops were harvested and animals slaughtered to maintain minimum breeding stocks. The rest of the animals were salted which probably accounts for the modern magical use of salt as a disinfectant or purifier.
Hence Samhain was a time of death and nervousness. Would the tribe make it through the Winter? Would the animals survive?
With this economic uncertainty came a tangible eeriness for the turn of the year. It was a time when dead friends came to visit, being bade welcome to the bonfires of Feile na Marbn (the Feast of the Dead). This marked 'a partial return to primordial chaos... the dissolution of established order as a prelude to its recreation in a new period of time.

So Samhain was a time for both divination and communion with the dead. Conversely, it was a time for feasting and merriment too. However human sacrifice was common according to Stewart Farrar.
'There can be little doubt that at one time it involved human sacrifice - of criminals saved up for the purpose or, at the other end of the scale, of an ageing king; little doubt either that these ritual deaths were by fire for in Celtic mythology many kings and heroes die at Samhain, often in a burning house, trapped by the wiles of supernatural women.'
The ritual is still somewhat preserved on Guy Fawkes Night. Particularly so in Ireland, where Bonfire Night is actually celebrated on Hallowe'en. Children in some villages still say 'Money for the King' or 'Money for the Man in Black' instead of 'Trick or Treat,' bliss-
fully unaware of its pagan origins. For traditionally the Man in Black is the High Priest of the local coven and his anonymity must be preserved, unlike that of the High Priestess.
Bonfire Night rituals in Ireland differed from and preceded the English Guy Fawkes Night rites. On reflection, though, I suppose the English ceremony of bonfires and burning effigies is likely to have been based on the earlier Samhain rituals.
Of course, the traditional November 5th Bonfire Night celebrates the failure of the Gunpowder Plot in 1605 when Guy Fawkes tried to blow up the Houses of Parliament. Yet it is not difficult to surmise that the Church used this event and date to Anglicise Samhain.
It is interesting to note that the origin of the word bonfire means a fire made from bones. Bones were very important to the Celts, especially their association on Samhain with communication with ancestors. Below is a quote from Quatuor Semmones, 1499 describing various types of bonfires.

In the worship of St John, the people ... made three manner of fires: one was of clean bones and no wood, and that is called a bonefire; another of clean wood and no bones, that is called a wood-fire ... and the third is made from wood and bones, and is called "St John's fire".
The Christian Church also recognised the significance of the date by moving All Hallows Eve from its original date of May 13th to November 1st in an attempt to Christianise the locals. However, during the Reformation the festival was banned by the Church in recognition of the continuing interest in the Old Ways and was only restored by the Church of England in 1928!

This change of date was or-

## by MARION PEARCE

dered in 610 AD by Papal dictate which ordered that pagan festivals should be converted to Christian ones. It was All Hallows which was known in France as Toussaint and later translated to All Saints.
The Pope declared that All Saints should be dedicated to the honour of all Christian martyrs. This totally altered the meaning of the festival. Evidently All Saints Day was once on May 1st, which of course is the ancient festival of Beltaine, another significant religious event in the Celtic calendar.
So, in 834 AD All Saints was changed to November 1st. However, in the ancient Celtic calendar the 'day' started the previous evening. So the festival would have begun at Sunset on the 31st and continued until Sunset on the 1st.
All Hallows itself is a more modem name for the ancient ceremony of Samhain, though it is difficult to ascertain the origin of this term. 'Hallows' derives from the Anglo-Saxon halig, meaning holy. The changeover must have occurred in the post-Celtic era, in the age of the Saxon but whether the festival was still pagan by then or already Christianised is difficult to guess.


# Curse or Coi̊ncidence? 

## Are we any closer to explaining the mysterious deaths apparently connected with Tutankhamen's tomb?

On November 11th 1923 Dr Douglas Derry of the University of Cairo began the autopsy on the body of a young man - 3,300 years after his death.

Not long afterwards Derry's assistant Saleh Ben Hamdy died in mysterious circumstances. Hamdy was one of 26 people whose deaths were in some way connected to the greatest archaeological discovery of all time, the tomb of Tutankhamen.

It is now 75 years since Howard Carter first peered into the antechamber of the young pharaoh's tomb and the battle still rages. Were the 26 deaths unrelated? Or did the archaeologists, by disturbing the pharaoh's sleep, unleash a deadly curse?

Curses, it seems, were not common in ancient Egypt. When they did exist their purpose was to warn off would-be robbers of the time. The tomb and the mummy were the Earthly home of disembodied spirits; if they were violated the spirit would be rendered homeless and nameless. Archaeologists regularly came across skeletons in tombs, death probably having been caused by poison or lack of oxygen.

Some Egyptologists suggested that any curse would not apply to the archaeologists. Their aim, after all, was not to despoil but to preserve. Yet it would make little difference to the mummy's spirit whether those who profaned its resting place did so for personal gain or in the name of progress and Empire.

Contrary to popular Hollywood myth, Howard Carter and his team were not greeted by the Egyptian equivalent of a neon flashing sign warning them to continue at their peril. Admittedly, a curse was found inscribed on a clay stelar (column) but this was
catalogued and not deciphered until later. This inscription foretold death to all who disturbed the Pharaoh's sleep but the stelar was not photographed and was struck off the list of treasures.

## Bad omens

The local and international press, however, did not need physical proof. As far as they were concerned there were already ample signs that the malediction was at work - starting with Howard Carter's famous canary which, weeks earlier, had been snapped up by a cobra. This was an unusual occurrence as cobras are rare in Egypt. But why should many have interpreted this incident as an ill omen?

In ancient Egypt the cobra was the symbol of Ra, the Sun god. The Pharoah, as the incarnation of Ra on Earth, wore the sign of the snake upon his forehead, symbolising his power to strike down his enemies.

The locals believed that the spirit of the newly-found pharaoh in the form of the royal cobra had killed the excavator's happiness, represented by the songbird. Those who disturbed the pharaoh's peace, they said, would find 'gold and death.'

But what really convinced people that occult forces were at play was the death of Lord Caernarvon, patron of the expedition. During the official opening of the burial chamber on February 28th 1923 he was bitten by a mosquito on his left cheek. The bite became infected; he grew weak and feverish, and on April 5th died, according to the death certificate, of pneumonia.

Fatal mosquito bites were a normal enough occurrence in the Egypt of that time. There were, however, other omens for the curse watchers.

At the exact moment of Lord Caernarvon's death the lights inexplicably went out in the Cairo Hospital and candles had to brought into the room. Meanwhile, at the family home in England, his faithful dog Lucy began to howl. Minutes later, she died.

According to his sister, just before he died Lord Caernarvon cried out in his delirium that the Pharaoh was calling him. On January 31st 1924, when the actual mummy of Tutankhamen was uncovered, a mark was discovered on the young king's cheek in exactly the same place as the fatal mosquito bite.

Carter, who died in 1939 aged 69, believed that talk of a curse was nonsense. Caernarvon, it seems, had more of an interest in the occult. In 1927 the prominent seer Velma published an article in which he claimed to have read the royal patron's palm shortly before his return to Egypt. He foresaw danger and death and warned him of the perils of meddling with the secrets of the dead kings.

More fuel to the fire came with the death of Lord Caernarvon's younger brother, Aubrey Herbert, who committed suicide (aged 48) in a fit of madness. Shortly afterwards the Sister of Charity who had nursed Caernarvon up to his death also died.

In 1929 Caernarvon's secretary Richard Betkell - of seemingly good health - was found dead in his bed; the autopsy said of a stroke. Months later Betkell's father, Lord Westenrys (aged 78), jumped to his death from a seventh floor window. According to his biographers he kept an alabaster vase from Tutankhamen's tomb in his room.

Then, on the way to the cemetery, the funeral car ran over and killed an eight-year-old child. Even those who were sceptical about supernatural dealings began to wonder if perhaps the pharaoh's spirit was at work.

Among the 26 related deaths were numerous Egyptologists. One of them, Evelyne White, committed suicide after a crippling fall. A note she left said, 'A curse is pressing down on me and I have no other choice but to submit.' Arthur C. Mace, who had worked with Carter cataloguing objects, left Egypt feeling out of sorts. He died aboard ship, halfway across the Atlantic.
And so the deaths continued.

## Alternative view

Meanwhile, sceptics out the large number of people - labourers, archaeologists, visitors and the like - who had visited the tomb and NOT died. Besides, they said, if anyone was going to feel the Pharaoh's wrath surely it was Carter himself or Douglas Derry who carried out the autopsy.
So were the 26 deaths simply a coincidence? In the years that followed various hypotheses were put forward to explain away both curse and coincidence.
Poison was perhaps the most obvious explanation. Priests in ancient Egypt were experts in preparing poisons. Could they not have sprinkled dust on the mummy or left a liquid such as mercury to evaporate and poison the air?
To support this claim investigators pointed to the high incidence of depression and mental breakdowns suffered by archaeologists who worked with mummies and tombs. However, the poison theory does not explain the random nature of the deaths. Besides, all scientific investigations failed to identify poisonous substances capable of causing death in the tomb.
A more original - if unlikely - theory was that of a disease called Histoplasmosis, caused by
micro-fungi found in bat droppings. This was put forward in 1956 by Dr Geoffrey Dean of Geoffrey Hospital in Port Elizabeth.
The disease normally causes bronchial catarrh and fever but, in its more serious form, can lead to death. Again, the incidence of the disease among archaeologists and excavators would have to be far higher for this theory to hold water.
Six years later Dr Ezz Eldin Taha from the University of Cairo told a press conference
contradicted scientific laws existed in the pyramids. His theory was based on the measurable physiological effects of spending a long time enclosed inside the tombs: hallucinations, nervous breakdowns and extreme muscular tiredness.

Many atomic scientists believed that the ancient Egyptians were familiar with radioactive substances such as uranium. Could they perhaps have impregnated the tombs with such a substance?

This would explain why not everyone was affected in the same way. Radiation affects some people immediately, some after months or years, others not all. Tellingly, before their deaths many archaeologists complained of extreme tiredness or showed signs of mental disorder.

This fourth theory is perhaps the most convincing. Yet why, if radioactivity was present in the pharaoh's tomb, have detectors failed to detect any such presence?

More recently, Dr J.M. Reverte Coma has suggested that microscopic spiders may hold the key. Apparently these are the last in a long line of insects and bugs which attack mummies
that on examining a large number of archaeologists he had discovered in all of them the presence of a certain fungus. This fungus, Aspergillus Niger, caused fever and inflammation of the breathing ducts. It could, he claimed, explain the so-called curse of the pharaohs.

Unfortunately, soon after the press conference Dr Taha was killed in a head-on collision as he travelled across the desert to Suez.

Other scientists were closer to the occult position. In 1969 Dr Auer Gohad told the New York Times that a force or energy that
and dried corpses. He suggests that such a mite may have transmitted a virus capable of causing death.

Bat droppings, odd fungi, mercury poisoning, hidden uranium, lethal micro-spiders; all have been cited as possible explanations for the curse of the pharaohs. None of them is wholly satisfactory.

Perhaps that is why we still cannot discount the original hypothesis; that of a young pharaoh's spirit taking revenge - albeit selectively - on those who disturbed his 3,300 year sleep.


## BASIC INSTINCTS

## The wrist deserves much more importance than it is usually given. Because it is at the base of the hand it can give useful pointers to the subject's underlying character.

There are three accepted worlds of palmistry: the ideal, mental and material. These are also known as the spiritual, intellectual and mundane worlds, or by a variety of similar names. The subject's attitude to these different worlds can be indicated by the wrist.

When the basal section of the hand tends towards overdevelopment and the wrist at the joint with the palm proper is quite thick, the subject's personality inclines toward material matters. The mental and philosophical sides of life do not appeal very much.

When the palm is wide at the wrist it indicates a great love of the outdoors, either from a sporting viewpoint or simply because the freedom of an outdoor life appeals. If the wrist is thin or cramped, an indoor life is more favoured.

When this lower world, in the form of the wrist, gives good support then good oldfashioned practicality rules. Good business sense coupled with common-sense and perhaps a hint of aggression or selfishness will be present. The commercial world is full of folk with this formation.

## The mount of Venus

The mount of Venus is also the base phalange of the thumb and, if it is well devel-
oped, there will be a healthy libido with a good, instinctive sense of affection and a love of home and family life. Often there is a good sense of rhythm and music and the arts are likely to play a large part in the life.

When overdeveloped the owner can be a little shameless and may be over-sexed and unmindful of his or her manners when in company. Social graces are not well developsed.
A flat and lifeless look to the mount shows a poor appreciation of art in any form. Such folk make poor mixers - they prefer to (or should) live on their own for it is almost impossible to try to share any-
thing with them as they can be very selfish.

## The mount of the Moon

On the other side of the base of the palm is the Luna mount. When this is high and fleshy it betrays a richly developed imagination. However, these people are restless and find it hard to settle down and keep to routine matters in a sensible fashion. They may also be quite introspective.

An excessively developed mount inclines the owner toward quite a changeable nature. It is hard for him to get started on anything but very easy to stop at the slightest whim. Willpower is poor and the subject is very easily sidetracked away from main issues. There is very little 'get-up-andgo.'

When the Luna mount is flat or low the subject appears to be a bit of a cold fish. Imagination is lacking and there is little sensitivity to the wants and

needs of others. Few original ideas come to this sort; he prefers to plagiarise.

## The mount of Neptune

Between the two traditional mounts of Luna and Venus is the mount of Neptune. It does not have clearly defined boundaries; it simply fills up this central space, as against the type of hand sometimes seen with a distinct hollow between the other two mounts.

When the mount of Neptune is overdeveloped it confers delusions of competence far beyond the owner's actual abilities. Such a subject either talks himself into situations he cannot possibly get out of or he gives the impression that he has far more ability than he actually possesses.

An underdeveloped mount of Neptune shows the owner to have little feeling for anything mystical. The subject will scorn superstition and may even refute the comfort of religious beliefs.

## The Rascettes

The rascettes, or bracelets, are the lines running across the inside of the wrist at the base of the palm. Usually there are one, two or three of these lines present but there may be more. Eastern palmistry credits
them with far more significance than does the Western school of thought.

Traditionally, these lines were said to be linked with longevity but in practice such a theory is not supported. However, on the hands of several very long-lived men and women, people well into their 90 s , I have seen lines of life long enough to have reached down and ended touching or passing through the first wrist line!

Should the first bracelet arch or rise into the base of the palm on a woman's hand, difficulties with the urinogenital system are suggested. These may be anything from bladder to menstrual problems.

Such marks are worth noting in the hands of very young girls as problems which may sometimes arise can be alleviated by corrective treatment, thus saving embarassment in adolescence and avoiding any future problems. If the second rascette also arches into the palm any implied weaknesses will be aggravated. In such circumstances any third line present is likely to be chained or weak-looking.

If, in later years, the reproductive system should be upset (in the event of a hysterectomy for instance) this will be reflected in the top rascette which

may begin to arch upwards.
In a man's hand this arching of the line is thought to reflect prostate or similar problems.

It is preferable for the bracelets to cross the wrist as straight lines; three wellformed lines crossing the wrist together are known as the 'magic bracelet.' Eastern palmistry opines that this formation confers special good luck, rather like having your own built-in lucky charm bracelet. There is a school of thought that people who have this formation do not ( or cannot) suffer from travel- or sea-sickness.

## Travel

The bracelets are also said to be concerned with travel matters. A line from the top wrist line to the Jupiter mount reflects fame and fortune from foreign travel, while a line to the Saturn mount suggests serious problems while abroad.

A line to the Apollo mount implies fame more far-reaching abroad than at home. If such a line reaches the Mercury mount, it means great business success in foreign countries. In Japanese, Chinese and Indian palmistry this line is said to confer sudden wealth.

Any line to the Luna mount implies a love of travel and the more lines there are, the more the subject enjoys travel of any kind, as often as not just for the sheer stimulation it provides.

When the wrist is slim and there is a definite taper where the arm joins the hand proper the owner is said to be amenable to persuasion. Such folk are easy to get along with.

However, when the wrist is thick at this joint, expect to find an awkward or stubborn character with more than a hint of a rebel streak. These people often say no or refuse to co-operate just for the hell of it. Many say they do not know why they act this way, it is just their way of retaining their individuality.

The reader is invited to experiment.

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# Marriage 

 Ritesby LISA de COURSON

## Many customs and superstitions surround courtship and marriage, some of which go back in time further than we may realise.

There's nothing quite like a love story - especially when it ends with a fairytale wedding. And the path of true love, from the search for a sweetheart to the wedding ceremony, is one that is strewn with superstitious beliefs.

Every culture has its own traditions relating to marriage. Right from Roman times we have inherited a legacy of rites and social observances forming part of the mystique that accompanies love and marriage.

The young lady of the last century eager to find out when she may marry and what her beloved would look like had several options open to her. A popular custom was for her to stand with her back to a Full Moon and hold a mirror in front of her, in which she could see the Moon's reflection and also a number of smaller 'Moons.' These would tell her how many years she would have to wait before marrying.

For a glimpse of her future husband, she would retire to bed on Hallowe'en, lighting two candles. Then, brushing her hair before a mirror, the apparition of the man she would marry would be seen reflected in the glass.

Once the young lady
had the affection of her sweetheart, or if she wished to bind him to her, she might try a love potion. A favourite concoction in ancient Egypt was to mix hair and nail clippings with the juice of plants and animals'
blood; while the hairs from a wolf's tail, bones of a toad and similar animal entrails mixed in wine were also said to be highly productive.

## Love letters

The billet-doux between two lovers was also influenced by superstition. Good luck was not in store for any lover who wrote in anything except ink but blotting the ink while writing was taken as a sign that the writer was in the other's thoughts at that moment. A love letter was never posted on a Sunday since it was thought to lead to a quarrel.

From medieval Europe many elaborate marriage rites were evoked as magical measures to assure good luck and avert the supposed dangers from evil spirits.

Among these were ปิ purification, baths, protection by means of amulets and talismans, the waving of swords and firing of guns, the observance of silence, fasting, magical robes, bridal veils and complete seclusion.
Very short or very long courtships did not augur well for a happy marriage apparently; the ideal period was for a year of courtship plus three months of engagement. And for a man to propose in a public place or be refused three times meant that luck was not on his side with this particular love!

One reason for his marriage proposal being turned down is if his surname begins with the same letter as that of his sweetheart. The old saying, 'To change the name,
and not the letter, is a change for the worse and not the better' was a warning that many superstitious young ladies of past days took to heart.

## No pictures!

It was thought unlucky for an engaged couple to be photographed together as this foretold the engagement being broken. The engagement ring should only ever be worn by the bride-to-be and it was considered ill-fated to wear any ring on the ring finger before an engagement ring.

Pre-eminent among age-old beliefs concerning marriage is the time of the nuptials. The month of May was considered an unlucky time for marrying; this belief stems from Roman times when May was the month when offerings were made to the dead.

The most fortunate month to wed was during June because such a union would fall under the protection of Juno, special guardian of marriage and the goddess concerned with the welfare of wives, mothers and childbirth.

In Sweden marrying at a New Moon is supposed to be especially lucky, as is the last day of the year, Hogmanay, in Scotland. But in Italy Friday and Tuesday were avoided because on these days curses are supposed to possess extraordinary efficacy.

A curious superstition is found in France relating to the wedding ring. As the ring was being handed to the bride by the groom, the former would let it fall to the ground so to break any possible evil spell.

The bridal gown and veil have always been the most carefully considered items for a bride. Tradition has it that the bride should wear 'something old, something new; something borrowed, something blue, about her person on her wedding day, although the dress itself would most commonly be white: a lucky colour along with silver, blue and pink; black and green being the reverse.

A bride was warned not to make her own gown or see herself in a mirror wearing full bridal attire as both were considered bad luck. If the wedding dress is bought readymade, the belt or some other part of it must be left off during the fittings.
Many dressmakers will leave a few stitches to be added right at the last minute. And if the dressmaker pulls out a hair from her head and sews it into the bride's dress, she too will wed before long.

A veil should preferably be secondhand, from a woman who is happily married as the good luck and fertility will then pass on to the new wearer. The veil should never be tried on before the wedding morning (except during early initial fittings) and must be the last item to be donned.

## Flower symbols

The symbolism of flowers and marriage has long featured in wedding rites. Orange blossom came to portend good luck and happiness because it comes from a tree that bears blooms in all seasons and therefore portends a fruitful marriage. This custom is said to have been introduced into Europe by the returning Crusaders and originates from a Saracen practice to use sprigs of blossom as a crown on the bridal veil.


## Marriage Rites

There are probably very few brides today who do not shed a tear or two on their big day. However, in the early part of this century this was considered a bad omen for the marriage in some parts of the country.

The ceremony over, the newly-weds are greeted by pealing bells - to ward off evil spirits - and a shower of rice or confetti. The throwing of rice over the bride and groom was an expression of a primal wish for the union's fruitfulness which, in earlier times, was also a mark of appeasement to the evil spirits who were thought to be present everywhere.

The centre-piece of the wedding breakfast is the tiered cake. Representative of fertility and good fortune, tradition states that the cake should be baked of fine wheaten flour and rich mixture to ensure abundance.

The first cut should always be made by the bride to prevent the marriage being barren and all those gathered should eat a piece of it, for to refuse was unlucky to both the newly-weds and the person concerned. If the bride wants to be certain that her husband remains faithful, she should keep a piece of the cake.

Just before the bride and groom depart on honeymoon, a popular custom is the catching of the bridal bouquet. This is possibly a refined substitute for an old 14th century French practice of scuffling the bride's garter: it being deemed a lucky omen to secure this item after the wedding ceremony.

The bride being lifted over the threshold of her home by the groom was a ritual performed in observance of the goddess of virgins, Vesta, for it was seen as ominous for the new bride to step on the sacred threshold. In past ages the bride would also bind the doorposts of her new home with woollen fillets and anoint these with the fat of swine or wolves to prevent enchantments.

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# DREAMMEANINGS 

## KITCHEN SINK <br> THE DREAM

A STEAM BOILER springs a leak in a small untidy kitchen. However my husband manages to get it outside but leaves the flue in place. I'm determined this too must go and rock it back and forth until it breaks and then throw it out.

This action reveals two sinks - one stainless steel, the other an old white pot. The latter has layers of newspaper which come off easily since they are damp. Suddenly the kitchen is newly plastered - the sinks remain but there are no other fittings.

## THE MEANING

Kitchens are about food; food for thought, to be mixed or digested. Here it seems as if something inside you has reached boiling point and is about to burst, so an inner cleansing needs to take place.

The flue shows your contacts with higher levels but you feel that you have been ill-advised so this, too, must go. The sinks show the centre of focus: you have been indecisive about living in the past or the present.

The past (the old pot) is covered by old influences, the newspapers, which now appear irrelevant and so also have to go. Thus the kitchen takes on a new look with all this cleansing yet you still have to make decisions regarding past and present, represented by the sinks.

## FROGS

THE DREAM
OUT in the back yard my dad appears with a jar containing frogs of various sizes. I hold the lid, which is loose, to prevent the frogs from escaping and laugh at their antics.

Then I am sitting on a sofa

## by SOPHIA DANIEL

Our dreams may be about the future - but they may also symbolise what is happening now.
with my husband, sewing a button on my blouse when there is a knock at the door. My husband tells me to hurry since I cannot appear without my top on. The visitors are friends.

## THE MEANING

THE frogs symbolise transformation; so here you are assessing a series of possibilities for the future but are not taking them seriously. Thus you return to the house, apparently the living room - your current way of life - where you are sewing - mending and repairing your attitudes.

Only when this is done will you be able to confront the outside world without feeling exposed. The friends indicate that this will be successful.

## COLLISION COURSE

## THE DREAM

I'm walking along the High Street where I live with my son and sister. Suddenly my son, who runs on ahead, is knocked down by a car. He is crying and his face is hurt.

Shocked and devastated, I pick him up and carry him into the taxi office where I am joined by my mother carrying my daughter. I lay my son on the floor and call for an ambulance.

## THE MEANING

Although at times we can have dreams about the future, mostly they are about what is happening in our lives now. But do take extra care. This dream shows you as a caring mother but also as the 'child
within' who is on a collision course, making rash moves.

You are impulsive and could suddenly do something that puts you into conflict with greater powers (authority) and you will come off worst. However, help is around in the form of your mother - who is really you in your mature and confident role, calling in help from elsewhere (the ambulance).

So this dream is really showing that you are about to do something stupid which you could avoid. If you continue as you are, you will have to experience the trauma and call on another's assistance for help.

## SELF-DENIAL

THE DREAM
I AM WADING in a fast-flowing river and kill a salmon. People discover this and come looking for me for I have committed a very serious crime. I try to hide part of the fish under water; the other part, the body and tail, has disappeared. I lie to my accusers and am guilt-ridden.

## THE MEANING

WATER relates to emotions and here you are wading in a situation that could carry you away with it. Salmon are the sacred fish of wisdom, representing intuition and deep knowledge from the past. You have decided to cut yourself off from these aspects within yourself but this would be a bad and unreasonable step to take as you may damage that part of yourself that would be of most help.

Having the fish's head shows your difficulty in making this separation and lying indicates that you are aware of the wrong action. You are being shown that killing off this part of yourself will bring no respite or pleasure.

# THE RIGHT CHANNEL 

Channelling has arrived. It is a skill that everyone can develop, being an extension of your awareness. It allows you first to become aware of your intuitive self and later, if you choose, to become sensitive to subtler levels of consciousness.

Psychism has expressed itself in many ways in our history. In ancient Greek times there was the Oracle at Delphi, where the pythia (or priestess) went into trance while sitting over a fissure in the ground from which issued herbal aromas which assisted in achieving a trance state.

In 540 BC the famous mathematician and philosopher, Pythagoras, was known to hold seances. The Piscean Age heralded Christianity and we have had many examples of channelled teachings throughout the last two thousand years.

One essential feature of all these spiritual teachings was that they were hierarchical in their approach. You needed to be someone 'special' to be the recipient of these heavenly messages. This is changing.

Psychism as a concept is undergoing change. No longer is it for the privileged few. As we enter the Age of Aquarius, I be-

lieve that everyone can access their intuitive process and that it is about training your mind and your psyche to connect in a safe and contained way.

Having been in the field of psychism for over 40 years, it has been fascinating to watch the changes taking place. We have come a long way from physical mediumship, complete with ectoplasm, that so many hoped would provide indisputable proof of the existence of spirit!

## Intuition

Let us have a look at this process. Beyond our five senses of taste, touch, smell, hearing and seeing, lies a sixth sense - that of awareness. In most people this manifests either as a yin or a yang energy and this factor governs how we use this sense of awareness. The diagram (left) illustrates how this works.

However, we are both yin and yang in our awareness. So to become balanced, creative, integrated beings, we need to understand both of these aspects of ourselves. In this way they can work together, complementing each other

Channelling either comes from the hidden resources of one's own unconscious mind drawing on the higher aspects of the self, or extends further to provide communication through

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# B INK REVIEWS 

## YOUR PERSONALITY REVEALED by Gloria Hargreaves <br> (Peter Owen, £12.95)

THE AUTHOR, HERSELF a practising graphologist of some renown, has tried very hard to condense a very complex subject into a simple to read, easy to understand book and, given the restrictions of space, has done rather well in the circumstances.

Hargreaves has taken a very basic approach to each of the main areas of handwriting analysis. She then goes on to illustrate how each applies to you in a business capacity, as a lover and as a parent.

There are plenty of good examples of various types of script and letter formations and the text reads very well for the layperson coming to the subject for the first time. Indeed, I would recommend this book for beginners.

The book is, perhaps, a trifle expensive but a great deal of work has gone into it. - T.M.

## THE LAWS OF THE SUN

## by Ryuho Okawa

(Element, £5.99/\$11.95)
DESPITE THE AUTHOR's self-congratulatory claims (most notably in the preface), the content of this book is very much a home-spun philosophy, based purportedly on Buddhism, by someone who is obviously hooked on highsounding mystical and mystifying language.

Which of course means that everything is here, all the old themes such as Atlantis, Mu and many weird and wonderful realms and dimensions, de scribed in numbers with lots of noughts, relating to the mystical history of the world. This is the sort of 'teaching' likely to complicate, confuse and bedazzle the mind rather than leading to enlightenment; I feel sure real Buddhists would not be impressed. -R.H.

## NOSTRADAMUS 1999 <br> <br> by Stephen Paulus

 <br> <br> by Stephen Paulus}(Llewellyn/Airlift, £14.95/£11.99) Interpretations of Nostradamus fal into two categories: those pointing to historical events that seem to fulfil his words and those constructing an imagined (usually bleak) future from them
Both are notoriously problematical since Nostradamus' often ambiguous verses can be made to yield a wide variety of meanings. Yet the second type of explanation, of which this book is an example, is especially hazardous; I
have yet to see any such prediction come true.

It is to be hoped that this is no exception because it paints a dismal picture of the immediate future: a comet smashing into the Earth in 1999, economic and social collapse, disease, famine and World War III. Paulus elaborates his nightmare scenario in minute detail.
His analysis is close and well-reasoned. In particular, the danger of a cometary or asteroid impact is real if remote, whether or not Nostradamus predicted it. But I'm not unduly concerned because some of these predictions have already proved incorrect, such as the suggestion that Pope John Paul II would die before October 1996

Somehow, I think humankind will still be here come 2001. As will, I suspect, the Nostradamus industry. There's more than enough material in these intriguing prophecies to keep the pundits in business for at least another millennium. - N.J.

## LIVING BETWEEN THE WORLDS edited by Chas S. Clifton

(Llewellyn/Airlift, \$12.95/£10.99)
BEFORE THE REPEAL of the Witchcraft Act in 1951 anyone who claimed to be a witch kept a very low profile and his/her activities secret or disguised them under the innocent heading of 'folklore studies.' With the neo-pagan revival of the last 50 years things have changed dramatically.

Many witches have 'come out of the broom closet' or have been 'outed' by the media in some instances. Many have written books, published magazines and given interviews on radio and television.

In this book eight American witches discuss individually how they have come out into society or, in some cases, decided that the best option was to remain anonymous. Many witches find it difficult to reconcile their everyday lives with membership of the Craft and, despite all the publicity, there is still prejudice and intolerance to overcome.

Others rejoice in being in the public eye and see no conflict between their public lives and their beliefs. Sadly, a minority of these treat the Craft as a branch of showbiz and are more interested in massaging their egos than following the true path.

This is a fascinating sociological study of modern witches and how they relate to modern society. The contributors' personal stories, experiences
and anecdotes provide an interesting insight into what it means to be a witch at the end of the 20th century.

Recommended. - M.H.

## THE HANDBOOK OF CHINESE HOROSCOPES <br> by Theodora Lau

## (Souvenir, £16.99 hbk)

THIS THIRD EDITION of a work originally published in 1979 has stood the test of time extremely well despite the number of books on the same subject that have been published during the past two decades. Now thoroughly revised, updated and enlarged to an impressive 440 pages, this is still a standard work on Chinese horoscopes.

Here you will find profiles of each of the 12 animal signs both as an adult and a child plus its relationship with all the other signs. Subtleties include the influence of the five elements and four seasons, the Ascendant sign and - really excellent this - East meets West; in other words, the 144 possible marriage combinations of Chinese animal/Western Sun sign.

Looking to the future, you will discover how you are likely to fare in each of the Chinese years well into the next millennium. Plus, of course, really easy to follow introductory text and helpful tables for calculating your animal year and hour of birth.

Even after 20 years, this is still one of my favourite books on the subject so, if you haven't already got a copy, now's the time to act. - M.E.

## POLTERGEISTS AND THE PARANORMAL

## by Phillip Stander \& Paul Schmolling

 (Llewellyn/Airlift, \$12.95/£10.99) THIS IS AN especially detailed and well written book on one aspect of the occult - poltergeist phenomena - whereby the more unpleasant happenings of the spiritual world are experienced by many people through the ages.Ghostly phenomena can sometimes take on a sinister turn which can cause immense fear in the recipients. On the other hand, there can be a mischievous, humorous element which can indicate a sense of fun in the 'other world.

All the well-known cases of a poltergeist type force being employed as in the case of, for example, the Fox sisters and Daniel Dunglas Home are described. Lesser known examples from 'the ordinary public' are equally interesting.

As the authors show, there have been many attempts to investigate the phenomenon scientifically but no satisfactory explanation is at hand at the present time. The energy or force which motivates 'noisy ghosts' remains a mystery. - M.R.

## THE BOOK OF CHUANG TZU trans by Martin Palmer \& Elizabeth Breuilly

(Penguin/Arkana, £9.99/\$13.95)
THIS IS A fresh translation of a 4 th century classic by Chuang Tzu, one of the earliest practitioners of Taoism. This collection of tales, anecdotes and profound reflections contains a rich humour.
For the author is not concerned with correct behaviour or government but rather with the everyday life of the growing spiritual individual and, along the way, there are examples galore of the Taoist philosopher at work. In fact, this book is described in the introduction as, 'a bag of tricks, knaves, sages and jokers.'

Thus there is no grand scheme of things, more a wry look at human behaviour with well-aimed darts that deflate arrogance and pride. Chuan Tzu appears to be the essential fly in the ointment, the anarchic wit who undercuts the excessive need for order that arises as society grows ever more complex.

His words seem to chime with our bureaucratic times, so this reviewer recommends several dips into this remarkable book. - J.T.M.

## FIRST STEPS IN AROMATHERAPY by Jane Dye <br> (C.W. Daniels, £3.95)

AN EXCELLENT TRAVELLING companion and introduction to the subject of aromatherapy. As a practising aromatherapist and co-founder of the Tisserand Institute, the author has sound credentials to join the throng of writers on this popular subject.
Her book is attractive, straightforward and easy to use. A sprint through history and an introduction to how essential oils effect healing prepares the ground. She provides a valuable explanation of the different types of practice - clinical, aesthetic and holistic and, though this is definitely a self-help book, Dye makes a clear case for the value of professional guidance.

The how-to section helps the reader select carrier oils and dosage levels before listing in detail 20 safe, essential essentials. The layout of the entries section makes information easy to find.
Listings for each oil include the Latin name, origins of cultivation, colour, scent type and the emotional and physical ailments it is most suited to treating. I liked the addition of reminder phrases such as the medicinal Tea Tree's 'antifungal, antiviral' to the
more poetic Bergamot which is summed up as 'a smile inside.'

The addition of quick reference lists for symptoms and treatments plus a selection of resource addresses complete a succinct little book that is good value for money.-R.M.

## HAUNTED LIVES <br> by Peter Mullen

## (Hale, £14.99 hbk)

Here is a neat collection of 31 reports dealing with a variety of personal experiences involving genuine hauntings by ghosts, victims of over-active imaginations, clairvoyance, premonitions and even a startling case of a modern succubus attacking a 30 -year-old virgin the day before his wedding. The ceremony had to be cancelled, leaving the original 'intended' to marry a local farmer.

The introduction to this work could be seen as more than a little controversial as the author, a former vicar, felt that he must put forward the case for devils, angels and archangels combined with an appeal to readers who suspected any 'Satanic practices' to 'report their suspicions to a priest immediately.
He claims that Satanism is connected with instances of child abuse, 'a situation known by the clergy for a long time' yet provides little evidence to support this statement. And, if true, one cannot but wonder at the lack of action by Church authorities.

However, the author is a good teller of tales having previously written two novels and contributed a weekly column to the Northern Echo. In this book, though, he perhaps leans too heavily on the omission of some obvious and rational explanations for many of the incidents quoted, practically all of which occurred in his own locality of Yorkshire and the North of England.

Mullen does, though, admit, 'Ghostly recollections are like sexual reminiscences; the most hauntingly exciting are not always the ones that are the most explicit.' - A.M.G

## HELLO FROM HEAVEN

by Bill \& Judy Guggenheim (Thorsons, £9.99)
THIS is A work full of anecdotal evidence concerning contact with the dead. Hundreds of cases of loved ones coming back to comfort, warn and generally make their presence known.

We have read it all before. But it has been given a new name. This book is a compilation of evidence gained over a seven-year period towards - wait for it - the 'ADC' project.

ADC? Apparently this stands for 'After Death Communication.' Presumably the authors decided that, since we have OOBEs and NDEs we might as well have ADCs. Nothing wrong in that, of course, but the book basically
remains a rehash of many others on the same theme irrespective of the labels used.

This is a light, easy to read book, easy on the mind, and a good antidote to the rampant materialistic world-view which still generally holds. Anecdotal but nice! -M.R.

## THE HEAVENLY LADDER: Kabbalistic Techniques for Inner

## Growth

## by Edward Hoffman

(Prism Press, £7.95/\$12.95)
IT IS A pity that so many esoteric concepts and formerly clear terms have become New Age buzzwords to the point that they are now virtually meaningless as tools of genuine rather than glib, polished, rather superficial and, dare I say, purely commercial communication. 'Spiritual' is one such term, 'enlightened' is another, 'inner growth' is yet another.

So, from the subtitle, one might be forgiven for thinking that this was simply another in the current plethora of New Age DIY self-help kits. Not so.

Although only a slim volume, the text is quite tight and it comprises a clear, concise exposition of the basics of Cabbala as related to everyday life. The latter third of the book is composed of exercises to realise the Work in the true sense of this word.

Written by a qualified psychologist who is also editor of a regular review of contemporary Jewish mysticism and well rooted in his own traditions, this is an excellent starter for the seeker who wishes to experience the teaching as well as approaching the subject from an intellectual standpoint. - J.T.

## CELTIC BARDS, CELTIC DRUIDS by R.J. Stewart \& Robin Williamson

 (Blandford, £20.00 hbk)BOTH AUTHORS ARE renowned folk musicians and storytellers and in their new book they introduce the reader to some of the famous Celtic myths and stories. It is their belief, supported by some historical references, that the stories, songs and poems related by the medieval bards were often based upon or surviving remnants of Celtic myths and legends.

In reality we know little about the Celtic Druids, their beliefs and practices. Therefore a considerable amount of modern 'Druidic lore' is based on 19th century speculation, fiction and downright fantasy.

The authors have sought to go beyond these fanciful beliefs and stereotypes and in the process have reinterpreted the oral traditions of the Celtic bards for the modern age. In so doing they have proved that the ancient ballads, stories and poems are still relevant to the present day. - M.H.
(continued on page 74)
(continued from page 73)

## THE COMPLETE BOOK OF CHINESE HOROSCOPES <br> by Lori Reid

(Element, £12.99)
DESPITE A WEALTH of modern material on this ancient art/science, this latest title is a welcome addition. The interpretation for each of the animal signs is astonishingly accurate - at least, it was for all those near and dear whom I tested.

Nicely presented, very well written with plenty of illustrations, this large format book covers health and wealth, compatibility in the family hierarchy, lovers and spouses, likes, dislikes and our (allegedly) preferred leisures and pleasures. There are also items on the famous and infamous.

However, for the newcomer who might want to take matters a little further, there are telling little snippets on what it is like to be an Aries, Taurus or Geminian Rabbit or Tiger and so on.
Reid has produced a most authoritative work for your own bookshelf or to give as a worthwhile present to a lucky friend or partner. Highly recommended. - P.W.

## AND NOW, AND HERE

by Osho
(C.W. Daniel, £7.95)

WITH ITS FOCUS on death, dying and past lives, this collection of teachings presents some of the most central concerns behind Osho's approach to meditation and enlightenment, epitomising the inspirational nature of his ideas which have captivated the hearts and minds of so many disciples.

His style retains the lyrical tradition of the great Indian masters with their poetic, almost mesmerising recitations, always well peppered with anecdotes and stories to illustrate their deeper meaning. But, unlike many such gurus, Osho brings to his teachings a rational clarity and pragmatism which provides an unusual bridge between East and West.

Although most of his ideas are firmly rooted in the Hindu and Buddhist origins of his native country, his explanations of these ancient principles draw heavily upon contemporary science and society, making them especially accessible to Western minds. His nononsense advice offers a useful antidote to the febrile mysticism of the New Age which, as he points out, is all too often a product of fantasy, not a genuine engagement with reality.

A refreshing and highly readable approach to confronting death and with it our attendant fears of mortality. M.M.

## EVERYDAY TAO: Living with

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by Deng Ming-Dao
(Harper Collins, £10.99/\$14.00)
TAOISM IS AN ancient philosophy developed in China, the chief exponents of which were Lao Tsu and Chung Tsu (c600 BC). In this book the author starts with the necessary historical background but the main content is devoted to elaborating the nature of Tao.

Not in a futile attempt to define it but so that the attentive reader may get a grasp of what it is all about. Once an understanding is reached, we can learn how to utilise and experience Tao in everyday life.

We learn to observe the path of Tao in nature and to realise that we are part of the process, not separate from it. The author's purpose is to reveal the very practical nature of Tao and show how everyday life can be lived to advantage and used as the basis of a spiritual life.
Part Three discusses the role of intellectual development and this is followed by chapters on the art of strategy and of movement based on the I Ching. Here we are shown that life progresses in cycles. Following chapters deal with the artistic aspect of Tao, with perseverance and devotion, finally looking at the Tao's deeper, more mystical aspects.

An excellent and accessible guide to appreciating the Tao. - R.H.

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