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We now know that trees are the 'lungs' of this planet and vital to our survival. Little wonder our forebears held trees in such special regard. See page 8 .
Cover photography by Tony Petch.

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Prediction of outright 1992 General Election victory for the Conservative party and John Major Resignation and defeat of Neil Kinnock and the Labour party.

BBC-Radio interview, 9th January 1992; SKY TV news interview, 16th March 1992.
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## Trees of the Zodiac

## As part of the eternal pattern and mysteries of nature trees have long had a strange influence on the imagination and mind of man.

This has given rise to all manner of superstitious beliefs, myths and legends. Far back in antiquity the ancient Egyptians held a belief that certain trees possessed supernatural powers.

Trees deemed as sacred were often depicted on Egyptian tomb paintings. Hathor, the Egyptian goddess of the sacred sycamore fig, protected and nurtured the souls of the dead and is portrayed in Egyptian art embodied in the branches of this tree.
Greek and Roman mythology is full of tales relating to trees linked to nymphs and the old gods. In some cultures trees were held to be the abode of deities and spirits so must on no account be harmed.
Trees therefore came to be venerated in most cultures around the world and remnants of this veneration still persist today. In quite recent times a country squire used to visit the grand old trees in his park of an evening, touch their bark and whisper a goodnight, convinced that the trees knew of his devotion.
Tree hugging, the embracing of tree trunks to gain a close and meaningful contact, has become popular of late in some circles. Many people do, of course, talk to trees - never mind the still popular tradition of touching wood for luck!
Set against this background, and still in evidence today, is the intriguing part that trees came to play in the ancient magical arts and their links with astrology. Like everything in nature, trees were allocated a planetary ruler and were
therefore associated with specific zodiacal signs and their elements.

Aries, the first sign of the zodiac, is ruled by Mars and its element is Fire. The evergreen Holly, a tree sacred to Mars and seen as a symbol of constant vitality and courage, is allocated to this sign.

In old lore the holly was known for its protective qualities. Even today in some areas a holly hedge is considered to serve as a magically effective barrier against evil forces.
In Suffolk, the holly goes by the old name of Hulver, from the Old Norse hulfr. Here farmers are known to be reluctant to cut down a holly in the belief that bad luck will follow such an action.
A tree of the Winter Solstice, the holly is traditionally associated with Yuletide. It was once thought that cattle and sheep would thrive if they saw branches of holly hung up in their pens on Christmas Eve.
Romantic Taurus is ruled by Venus, goddess of love, and is associated with the Earth element. The Taurean tree is the apple which symbolises eternal life and is sacred to Venus.
In ancient mythology this tree and its fruit featured in the legends of Atalanta and the golden apples of the Hesperides. Also, one of the most telling legends of the Scriptures, of course, is of the serpent tempting Eve in the Garden of Eden with an apple plucked from the Tree of Knowledge.
The apple is also known as the holy tree of the Isle of Aval-
on. Even today apple orchards are regarded as sacred ground in some parts of the country.

The silvery leaved poplar belongs to Gemini, ruled by Mercury the messenger of the gods, whose element is Air. Dedicated to Hercules, it is a strange tree because its leaves quiver and rustle even on the stillest of days.
Tradition holds that the Cross was made of poplar wood. This mystical connection has supposedly caused its leaves to shudder and tremble ever since the event.
On a lighter note, poets down the ages have claimed that the tree dances in the woods in order to be seen, that it never sleeps and whispers to passing travellers.
In East Anglia the tree is known by the quaint name of 'Popples.' Its Latin name, populus, means people and this is what it now symbolises for both tree and people are always changing, always on the move.
The willow is ascribed to the Moon-ruled sign of Cancer whose element is Water. This mysterious tree, sacred to the Moon goddess, is described as a tree of enchantment which, according to myth, is a favourite of witches who used it to cast spells to raise magical mists.

It is seen as a symbol of purification and rebirth for it is associated both with water and the Moon. The monks of old are said to have made themselves girdles of willow withies declaring that, 'willow withstandeth all uncleanness or desires of the flesh.

The weeping willow by the riverside is thought to have inspired the Chinese legend on which the willow pattern china and pottery are based.

The given tree for Leo, governed by the Sun and elemental Fire, is the laurel. As seems appropriate for the Lion king, it has strong associations with leadership and victory, as evidenced by the old Roman tradition of the wearing of a laurel wreath or crown.

Like all evergreens, the laurel symbolises immortality and in ancient times was thought to be purifying, both physically and morally. It is sacred to Apollo, the Greek god whose oracle at Delphi achieved universal fame.

Perhaps because of this connection, laurel is credited with the power to foretell the future. One old country tradition was to go to sleep with a laurel leaf under the pillow as this would result in prophetic dreams.

Used in many magical rituals, the burning of laurel leaves is supposed to bring inspiration. It is also noted for its protective powers and to place a laurel bough over a doorway is said to prevent ill-fortune entering in.

Virgo, whose element is Earth, is ruled by Mercury. Sometimes known as the Corn Maiden in keeping with this ripening time of the year, Virgo's special tree is the hazel.

The ancient Celts and others revered this tree as a symbol of wisdom, beauty and fecundity. Hazel wood is probably still the most favoured material for making magical or ceremonial wands.

Forked hazel twigs are very much in evidence even today as tools for water-divining. Some believe that one cut on St John's Eve (June 23rd) could detect gold but, more curious still, is the belief that one could make oneself invisible merely by carrying a hazel twig.

Hazel nuts are considered symbols of fertility. Thought to be specially blessed, they are believed to act as charms for good health and fortune.

Libra, governed by Venus, the planet of harmony whose element is Air, is attributed the dainty silver birch as its particular tree. Sacred to the Mother Goddess, the birch is a tree of light in Celtic lore.

Although not one of the stalwarts of the forest it is hefty in magic and folklore. For instance, birch branches in a house are thought to bring good fortune and drive away harmful influences. It is the traditional wood used for cradles as it was thought to protect infants from the wiles of evil spirits.

Traditionally, witches' brooms were made of birch twigs, as were the rods used to punish unruly scholars at one
time; while clusters of birch leaves pinned to a girl's cloak would, from all accounts, act as a love charm.

The alder, which favours the riverside, belongs to Scorpio which is ruled by Mars and Pluto and whose element is Water.

Known as the Tree of Bran in ancient literature, much of the alder's magic lies in its wood which, owing to its water resistant qualities, was once used widely for making the timber supports in the footings of bridges. Thus the alder came to symbolise foundation.

In ancient times alder wood was used for making milking vessels in order to guard the milk from harmful influences. While witches were said to have used alder pipes or whistles to conjure up destructive winds.

Sacred groves planted with

alders were treated with great respect. In Ireland it was considered a crime to fell one of these trees and all manner of dire mishaps were thought bound to follow such an action.

Known as the King of Trees, the oak is attributed to Sagittarius whose element is Fire. Both sign and tree fall under the rulership of the mighty yet benevolent Jupiter.

High on the list of long-lived trees, its wood is noted for its enduring qualities and strength. It is one of the most sacred and highly venerated trees, much revered by the ancient Druids who worshipped it in their sacred groves.

The oak played a significant role in fertility rites and other powerful rituals. The Druids believed that mistletoe growing on an oak took care of the spirit of the tree and so must be cut with due solemnity with a golden sickle.

At one time, oak leaves were used in divination and it was considered extremely lucky to carry acorns because they symbolised potential greatness.

Saturn rules Capricorn, whose element is Earth, as well as its particular tree, the yew. This evergreen can live to an immense age and is therefore a natural symbol of eternal life.

Followers of the Old Religion used to worship the yew in their sacred groves while the early Christians viewed it as an emblem of the Resurrection. Branches of yew were therefore used in church decorations at Eastertide and sprigs were cast into graves with the deceased to symbolise the triumph of life over death.

It was very common for yews to be planted in churchyards as a protection against evil forces as well as in front of houses where they served as sentinels, guarding the occupants.

To dream of their future husbands, young girls used to sleep with a sprig of yew under
their pillows. This practice was supposedly made all the more potent if the leaves were gathered from a tree in a churchyard at midnight.

Aquarius, ruled by Uranus whose element is Air, is ascribed the rowan or mountain ash. This tree holds a special place in folklore, magic and superstition because, for centuries, it was used as a protection against ill-wishers and dark forces.

This was especially so in Scotland where rowan twigs bound with red thread were hung over stables and byres to protect livestock. Similar were tied to milking churns to ward

off witches. Which accounted for the old saying, 'Rowan trees and red thread, Gar the witches tyne their speed.'

Planted in churchyards, the rowan was believed to keep the dead in their graves and to prevent ghosts from walking. Wells were dressed with rowan leaves to keep the water pure and necklaces made from the scarlet berries were worn as protective amulets and luckbringers..

The wood of the rowan was also incorporated into carters' whips as a measure to help control bewitched horses. Sometimes known as the Quicken tree, the rowan is associated with the ancient Celtic festival of Imbolc (February

2nd) which marks the 'quickening' of the year.

Appropriately enough, the water-loving elder is the tree associated with the last sign of the zodiac, Neptune-ruled Pisces whose element is Water. Often found growing in swampy locations, this tree has several alternative names including the Bourtree, the Eldern and the Elder Lady.

Symbolising mysticism and accorded many magical properties, the elder's delicately scented white blossom is sacred to the white goddess. When growing close to a house it will safeguard the occupants from sorcery and baleful influences.

On Walpurgis Night (the eve of May Day) people used to attach elder leaves to the door and windows to prevent evil spirits from entering. Gypsies, though, would not burn elder wood for fear its smoke might conjure up the Devil.

In days past, musical whistle pipes were constructed from the hollowed out stems of the elder. Rather like the pipes of Pan, these instruments were supposed to be able to summon up one's heart's desire when played.

## Affinity

Pagan tree worship may not dominate the scene any longer yet trees still cast their subtle spell today. A venerable tree, gnarled with age and eerily beautiful, continues to invoke a sense of primeval awe, conjuring up a vision of an ancient forest where gigantic hollies towered and oaks of immense size and age grew alongside the magical hawthorn, sacred to the Goddess.

Central to tree myth and magic is the belief, held by our ancient ancestors, that all trees come under planetary influences. Thus there is an affinity between mankind and trees that is as old as time.

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The Earth's civilisations were blooming. Mankind had learned to farm the land, had domesticated animals to help and the planet was in a state of utopia. Then an all-enveloping disaster sent vibrations around the globe.
The heavens shone with a display of astral delights. Those who recognised it as an omen fled for shelter. Those who were mesmerised by the sight and stayed to watch perished as the sky darkened and a dreadful rain fell.
In places the rain was a deep crimson, in others it fell as hail or coarse gravel. And a menacing fire fell, too. Nothing evaded the carnage. The world as we knew it was destroyed, forests burned, animals were slaughtered and even those lucky enough to make it into the caves were not safe.
A lightless blanket engulfed the skies and colossal quakes shook the Earth. Mountains crumbled and continents vanished into the watery abyss. Mighty hurricanes blew and tidal waves swept across the land. Shocking explosions broke the Earth's surface and molten lava gushed from the cracks. In places the heat was so intense that it boiled the sea.
Surprisingly, some survived the holocaust. After many days in darkness the misery was lifted and the survivors slowly began to rebuild their lives. A calamity of such proportions could account for the sinking of a large continent such as Atlantis but did such an ordeal ever actually take place?

We can find evidence of such an event in the folklore of the peoples who survived. Indeed, it is an interesting fact that almost all races of mankind have a superstition, handed down throughout time, of a disaster that nearly ended the world.

## World myth

However, most of these legends are not only uncannily similar in their prediction of
such an event but also strikingly similar in detail; so much so that it leads to the assumption that they may all share a common origin.
For instance, the Babylonians had records which tell of a dark cloud that plummets to Earth, leaving a trail of destruction. It describes tempests engulfing the land; raging, angry seas and tidal waves; and all human life being destroyed.
Ancient Hebrews have a similar account of a boarshaped cloud that rapidly grew within a few hours to the size of an elephant, hanging in the sky like a prophet of doom. The cloud roared like an angry boar and its echo shook the Earth. Then the dreadful object plunged ferociously into the seas and all the Earth perished.

One of the legends of Brazil tells a story of thunder and lightning cracking open the sky and the fragments raining down, killing everybody. While Hesiod, an 8th century BC Greek poet, wrote of a ferocious, serpent like creature, an aerial monster mightier than man and gods alike, whose wrath was terrible, wreaking havoc upon the innocent.
The beast roared like thunder, the heavens opened and unleashed a dreadful torment upon the Earth. The oceans, streams and rivers merged into one and the Earth was consumed. And beneath his feet the Olympians trembled, as the heat from the darkening seas and the thunderous lightning caused an almighty storm and all the earth, heavens and seas boiled.
In a South Pacific Samoan Aboriginal legend there is a passage that says, 'Then arose smell, the smell became smoke, which again became clouds. The sea too arose, and in a stupendous catastrophe of nature the land sank into the sea. The new earth (the Samoan islands) arose out of the womb of the last Earth.' Is this, one wonders, an ancient
tale of Atlantis?
North American Indians of Oklahoma have a tale of the world being plunged into darkness, only to be released by a bright light which they believed was their saviour. It wasn't, it was the thundering mountains and raging seas coming to devour them. The Bible also, of course, has passages which refer to similar catastrophes.

## Fact or fancy?

The preceding are only a few of the vast collection of legends pertaining to global catastrophes. The Egyptians, Indians, Chinese, Greeks and Romans all have similar tales to tell, as do the myths of Norway, Finland, Persia and Babylon as well as Biblical accounts of similar happenings.

History is steeped in natural disasters that have taken a tremendous toll of human life, as they still do. Can this fact have given rise to the legends? Perhaps; but could any of these historical disasters account for the sinking of the fabled continent of Atlantis?
Most scientists think not. An earthquake may have destroyed part of this great continent, or caused landslides around coastal areas, but the total destruction of a whole continent does seem rather unlikely.

Even if Atlantis had been an island with a low profile, only part of it would have been submerged by floods. Similarly, the most violent volcanic eruption would be unlikely to result in the total destruction of an entire continent which, according to Plato, was a vast mountainous land.
So, if we are to believe accounts of this mysterious continent's existence, where is it now and how did it get there? And what on Earth, heaven or hell could have caused such seemingly worldwide disasters?
Immanuel Velikovsky, a Rus-so-Israeli physician thinks he has found the answer. He be-
lieves a comet came into close proximity to Earth, thus causing these terrible calamities remembered and recounted by the ancients.

He is, though, not the first to come up with this theory. William Whiston, Sir Isaac Newton's successor at Cambridge, wrote a book in 1595 entitled New Theory of the Earth in which he expounded the theory that a comet caused the biblical Flood.

However, Velikovsky had a far more complex explanation of this cosmic activity. He believes a planetary collision caused Jupiter to eject a comet which went into a cosmic spin and came close to Earth around 1500 BC causing a global catastrophe.

Some 52 years later it returned and caused further damage according to Velikovsky. The gases from the comet's tail showered down on Earth in a rain of gravel and fire which formed the petroleum deposits now used to fuel our cars.

Most controversially, Velikovsky argues that this comet is the planet we now know as Venus. Yet the Babylonians left documented observations of Venus 5000 years ago, behaving just as it does today. Thus scientists dismissed this theory as poppy-cock, arguing that comets are not planets nor have they ever been

So that shatters Velikovsky's theory - or does it? Seven years after his theory was published, man ventured into space and landed on the Moon. Space probes explored planets neighbouring Earth and their findings have verified some of Velikovsky's predictions about our planetary system.

He stated, for instance, that Venus was a relatively new planet still giving off heat. This was deemed nonsense by astrophysicists; the consensus being that the surface temperature of Venus was 65 degrees. However, a space probe which

landed on Venus in 1962 detected temperatures of over 800 degrees and subsequent readings have shown even higher temperatures.

The Soviet probe which sent back the readings - the first reliable information about the planet - showed that, just as Velikovsky had stated, Venus is enclosed in a blanket of hydrocarbon gases. It also has a retrograde direction of rotation, which means that it had either developed in a different way from other planets or been disturbed at some stage of its development.

When another probe softlanded on Venus in 1975, it was enough for the Russian scientists to declare Venus a young and still evolving planet. So, if a once derided theory
such as Velikovsky's can eventually gain credence, might not other theories, now regarded as nonsensical, one day earn similar respect?

Maybe mankind has been around longer than scientists estimate. Perhaps there was a gigantic catastrophe of global proportions, the exact nature of which is beyond present day knowledge. Perhaps fire will one day rain down upon the Earth again.

Perhaps none of these things will happen but, until we know for sure, maybe we should be careful not to dismiss all unproven theories out of hand. Life is, after all, a series of possibilities and even science cannot provide all the answers to every question every time.

# GRAPHOLOGY 




#### Abstract

Those who study handwriting for the assessment of character will often have reason to look very closely at the small factors in the script.


One of these will be the diminutive lower case i. This can easily be overlooked when all the other characteristics are being observed.

A number of years ago a very famous graphologist drew attention to the implications of this letter when made unusually small, pointing to the fact that insecurity is below the surface of the outer show to the world. Writers who do this will not freely admit this characteristic, nevertheless it is definitely prosent. Some of these forms are shown here.

The first example can be seen in the word 'will' on the first line. The writing is upright and displays independence, self-col-
lection and coolheadness.
The second example has a similar small i but not quite the same as in the first script. The slight rightward slant exhibits a trace of extraversion but that inner doubt is still there. Wordspacing is a little wide so we know there is a tendency to keep others at a mental distrance as a protective measure.

Only a few letters are connetted, consequently there is intuition. The enlargement of most word-endings verifies a degree of frankness. The broad roundness of the writing is a sign of a basically warm and friendly individual but this is not easily demonstrated at first as the last letters have
a cassette that will go along
still hire. I an not married oo yet 1 would very much lite a grapholem som in not lifo argus ing Could You please senol
He one the/ Yearly Edition of
rather short endings.
The third sample shows a small i throughout, though onby one is shown in this example. The departure from the original school copy demonstrates a tolerable amount of appreciation for individuality. Garland-like letter connections inform one of an openness to social participation and mixing with others. Writers of this form do not like friction and conflict at all as these affect them deeply.

Those little strokes inside the ovals expose a drift towards one hiding one's thoughts and intentions. The last word 'graph ology' has been squeezed up because of the page ending.

Our fourth sample tries to put on a show by elaborating a little too much. Sadly this produce a negative implication. The writing is broadly vertical giving an almost impartial and detached appraisal. The circular i-dot is evidence of a desire to be different from the average. Most of the lower extension reveal an active interest in sexual affairs.
The small lower case ' i ' appears quite well in this example. Therefore under the outer self-presentation to the environment there lurks that well disguised inner-insecurity. The spaces between words are large, showing the wish to keep those around from becoming too close mentally. Physically, it would be different.

Once again we see that this is fundamentally round writing. Consequently the owner is warm, friendly and generally co-operative. The capital I signifies appreciation for cultural things, also a certain creative ability if this is cultivated and developed.

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"It looked as if my son was gonna get sent down for 5 years. The evidence was stacked against him, and it seemed a oregone conclusion the jury would find him guilty. But I knew deep in my heart he was not guilty. It was then God led me to your book. I performed the ritual To Get A Legal Decision In Your Favour'. I couldn't believe it - the jury returned a not guilty verdict!" (B.D.. Boston)
"My life was a mess. I had got into a business partnership which turned into a nightmare. My so-called 'partner was no better than a crook. He had lied to me about what was really going on. We owed people money all over the place. So I tried he ritual To Extricate Yourself From a Matter You Regret Having Become Involved In: It was the answer to my prayers. Immediately my partner's attitude changed, and he even offered to buy out my share. I sold out and even made money on the deal. I cant thank you enough - that ritual saved me!" J.B. (Birmingham)
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# NEWS \& VIEWS 

## Oh dear!

Sorry people but, as several sharp-eyed readers have phoned to tell us, we inadvertently used the Three of Wands to illustrate January's Tarot article which was, of course, about the Three of Swords. Apologies once again!

## Reader offer

The organisers of the Natural Healing Exhibitions for the Mind, Body, Soul which takes place March 22nd and 23rd at the International Hall, The Brentwood Centre, Brentwood, Essex, are kindly donating free tickets to the event for the first 100 PredICTION readers who write in.

Besides exhibitors covering various aspects of the healing arts, there are demonstrations and lectures on a wide range of associated topics, opening hours are $10-6 \mathrm{pm}$ daily and entrance costs $£ 3$. However, as mentioned, the first 100 readers to write to the organisers, Natural Healing UK Ltd, PO Box 3718, Colchester, Essex CO4 3GR asking for a ticket will get in free.

Anyone wanting a free programme or information on stand space for this or other similar exhibitions in 1997 can contact the organisers by calling 01206 795866/FAX 01206794197 or Email to en-quiries@natural-healing.co.uk

## Wheel of the year

Anyone who admired the illustration to Teresa Moorey's Wheel of the Year article (January 97) might like to know that it was taken from an original by Dark Moon Designs who also produce calendars and cards. Call $\mathbf{- 1} 01273623321$ for catalogue.

## Last minute

It may be too late but, just in case all the limited number of places have not yet been booked, there is a residential, eight-day course on Hermetics and Alchemy scheduled for mid February.

This unusual event is being organised by Talking Stick in conjunction with the Paracelsus University and course leaders are practising alchemists from Australia and Germany. Here is a unique opportunity for students of hermetics to gain practical experience for around $£ 150$.

Sorry the details are a little hazy but we've only just received notification. For more information please contact Talking Stick at PO Box 3719, London SW17 8XT or, given the shortness of time, better call them on 0171-733 5400.

## Moved

Inner Visions, which stocks new/secondhand magical items, books, handmade jewellery, etc as well as offering readings, has moved from its original premises in Fulham to the Mystic Maze complex in Drummond Street, London NW1.

Open seven days a week, the hours are $10-4 \mathrm{pm}$ Mon; 126pm Tues; 10-6pm Wed; 107pm Thurs, Fri, Sat; and 115 pm Sunday. Enquiries, please call $\boldsymbol{\square}$ 0181-842 0309 .

## The Inverness Astrology

 Group, mentioned in the January 97 issue, also has a change of address and telephone number. Anyone interested in becoming a member should now contact Ian Rodgers at 41 Huntley Street, Inverness IV3 5HR for details or call $\boldsymbol{\sigma} \mathbf{\sigma} \mathbf{0} 01463236065$.
## Womanly ways

A weekend workshop entitled The History of Goddess Worship is being held at Leeds Metropolitan University to celebrate International Women's Day. Sheila Broun will explore the history of Goddess worship throughout the world, focusing on Britain.

The course takes place on March 8th (2-8pm) and 9th (10-4pm) and costs $£ 30$. For bookings/details contact Wendy Greenlay on 0113 2832600 ext 4047.

## UFO from UMMO?

## A reader has written to ask

 if anyone has any information about a group called UMMO which originated in Spain around 1950. Many of his Spanish friends tell a story that associates this group with a spacecraft that allegedly landed in France from a planet called Ummo which, apparently, revolves around the star known as Wolf 424.It is also reported that in 1967 a group of Spaniards were invited to a prearranged meeting in Santa Monica, Madrid, when a UFO was actually seen landing in a village near to San Jose de Valderas. The craft apparently took off again in full view of numerous spectators, some of whom took photographs of the phenomenon.

Anyone with further information is invited to send it to Philip Soloman with a view to it being included in one of his future books or as a fearure on a new TV programme he is hoping to front shortly. You can write to Philip c/o PKN Publications, PO Box 141, Willenhall, West Midlands WV13 2QR.

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## Evening classes

A series of six Monday evening classes on psychic development and divination including Tarot, dream analysis and healing techniques will be run by Colette, 2nd Floor, 90 Quarry Street, Hamilton, Lanarkshire from March 24th to April 28th. The classes are $7.30-9.30 \mathrm{pm}$ and the complete course costs $£ 36$.

A second six-week course, again on Monday evenings is at the same venue, February 10th-March 17th. For details contact Colette on 01698 891900 or 01416416445.

## Keep in touch

Anyone wanting to keep up to date with Urania Trust and other astrological events, software, associations, etc can obtain the invaluable Astrology 1997, Calendar and Supplement to the 1996/7 Yearbook for a mere $£ 1$. Cheques/ POs payable to the UT should be sent to 396 Caledonian Road, London N1 1DN.

## There be dragons...

 ... of all sorts in The Dragon Chronicle, a journal for those interested in dragon lore. Feature articles cover dragonrelated mythology, astrology, paganism, magic and fantasy; there are adverts, book reviews and listings, too, is this nicely presented quarterly published by Dragon's Head Press, PO Box 3369, London SW6 6 JN. This is the address to write to if you would like a sample copy ( $£ 1.50$ ) or wish to take out a 4issue subscription (£5).
## Fire and ice

Following all the publicity about the possibility of life on Mars, however primitive,
there's now great excitement in scientific circles about the prospect of ice on the Moon. The cause for excitement is because the presence of ice points to there being water there.

This would mean that Earth's satellite could then be used as an interplanetary filling station for refuelling rockets. Also, of course, Lunar water would mean that future generations may be able to take up residence on the Moon.
But who would want to, you may ask. Well, if the other possibility that seems to be occupying the media has any substance in fact, the human race may need a convenient bolthole because, according to some pundits, the threat of a large meteorite or asteroid exploding in Earth's atmosphere and wiping us all out is a serious one.

Now, I know this is what is supposed to have happened to the poor old dinosaurs but this sounds like a bit of millennium mania to me. Perhaps some scientists feel left out and have decided to add their prophecies of doom and gloom to those of Nostradamus and others so that they can share in the publicity.

## Stop press

We have just received the sad news of the death of noted psychic, Joan Garman, whose name will be familiar to numerous Prediction readers. Although she suffered a stroke two years ago which left her partially incapacitated, Joan appeared to be making a slow recovery and her death on January 8th was unexpected.

Our thoughts are with her husband, Brian, and the rest of her family and many friends on this sad occasion.

## Diary Dates

1st-2nd. Spiritual Awareness and Healing Seminar. Weekend workshop in North London with medium Ray Brown and his spirit guide Paul. Booking details $\mathbf{\square} 01268735125$.

2nd. Meditation Workshop with Sue Collins at Flint House, 41 High Street, Lewes, E. Sussex BN7 2LU. Suitable for beginners. 10am-5pm; $£ 30 / £ 25$ concessions. Details区 01273473388.

2nd-8th. Meditational Practices with Swami Dharmananda Saraswati and guest tutor at Tre-Ysgawen Hall, Capel Coch, Llangefni, Anglesey, North Wales, LL77 7UR. £320 fully residential (single supplement £40). For 1997 programme, bookings and details call 家 01248 750750/ fax 01248750035.
7th. Astrofinance. Financial fulfilment through astrology with Ray Irons for BAPS Woodside Green branch at 132 Woodside Green, S. Norwood, London, SE25. 7.45-10.30pm; £2/ $£ 3$ non-members (proof of membership required). Details 0181-6537993.

7th. Colour and Numerology with Mary Hykel Hunt for BAPS SW branch at The Grange, Clyst Heath, Woodwater Lane, Exeter. Starts 7.30 (AGM 7.00 pm ); $£ 2 / £ 3$ non-members. For more details and directions call Sue on 01392832005.

8th. Travelling Light with Primrose Cooper at Flint House. $10 \mathrm{am}-5 \mathrm{pm} ; ~ £ 30 / £ 25$ concessions. See 2nd for details.

8th-9th. The Spirit of Albion. A weekend workshop in Oxford covering Druidry, Wicca, Norse Paganism, the Goddess and Shamanism with Caitlin Matthews, Emma Restall-Orr, Rufus Harrington, Nigel Pennick and Steve Wilson. $£ 12$ per day or $£ 20$ full weekend inc Saturday evening concert at 7.30 pm . Booking/details call Dave Smith on 01273415637.

8th-9th. Rock'N'Gem Show at York Racecourse, York. 10am-5pm; admission $£ 2 / £ 1.50$ OAPs/ $£ 1$ children 8-16. Exhibitors displaying/selling gems, semi-precious stones, jewellery, crystals, etc plus demonstrations and lectures. For details call The Exhibition Team on $\mathbf{0} 0162821697$.

## 8th-9th. Sense \& Sensitivity:

 Mediumship for Beginners with Janet
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## TANITH

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REMEMBER, WHERE THERE IS A WILL,THERE IS ALWAYS A WAY... I CAN FIND THAT WAY FOR YOU.


# NEWS \＆VIEWS 

Parker and Simone Key at Tre－ Ysgawen Hall．Fully residential $£ 320$ ． Bookings／details see 2nd－8th．

8th－9th．Language of Touch． Physical and holistic massage weekend workshop with Shirley Goldstein at Isle of Avalon Centre，2－4 High Street， Glastonbury．$£ 65 / £ 50$ concessions． Details call $\mathbf{Q}^{\mathbf{0}} 01458833933$.

9th．Laughter－Celebrating Life！ with Cavan Nipun at Flint House．10－ 5pm；£25／£18 concessions．Details （T） 01273473388 or see 2nd．

9th－27th．Earth－Philosophy and Spirituality with Henryk Skolimowski of Warsaw University at Schumacher College，The Old Postern，Darlington， Totnes，Devon．Course fee $£ 1,050$ in－ cludes tuition，accomodation，all meals and field trips．Details 01803 865934／fax 01803866899.

11th．The Astrological Roadshow Returns with Don Nichols and Bromley Astrological Association at Small Hall，Bromley Central Library， High Street，Bromley．7．30－10．00pm； $£ 1 / £ 3$ non－members．Enquiries， Dione $\boldsymbol{\mathbf { Z }}$ 0181－464 2097.

13th．The Khora．A discussion on the Khora from Plato＇s Timaeus with John Heaton for the Company of Astrologers at 76 Haverstock Hill，Lon－ don，NW3．7．15－915pm；£4．Bookings／ details call $\boldsymbol{\mathbf { O }} 01227362472$ ．

14th．Romany Artist，Author \＆ Metaphysician．Talk by healer Victa Corvo－Penfold for BAPS Penge Branch， 56 Otford Close，Penge，Lon－ don SE20．7．45－10．30pm；£2／£3 non－members（proof required）．Call Alice Evans on 01816537993.

15th．Who Do You Think You Are？One－day workshop at the Isle of Avalon Centre．See 8th－9th for details．

15th．The Future Isn＇t What it Used to Be．Workshop with Peter Harper at Flint House．10－5pm； $£ 25 / £ 15$ concessions．Details call $\mathbf{a}^{\mathbf{-}}$ 01273473388 or see 2nd．

15th－16th．Shamanic Trance－Dance with Eagle＇s Wing and the N＇Goma Kundi Drummers．Weekend of dance therapy at Holy Innocents Hall，Paddern－ swick Road，Ravenscourt Park，London， W6；$£ 75$ ．Details $\mathbf{\Xi} 017143581574$ ．

15th－16th．Tarot \＆Palmistry Weekend Workshop，aimed at begin－
ners though all levels welcome．10－ 5 pm at Alum Chine，Bournemouth， Dorset；$£ 75$ ．Accomodation if required at Newfield Hotel，Bournemouth， $£ 18.50 \mathrm{~B} \& \mathrm{~B} / £ 25.50$ inc evening meal．Bookings／details contact Chris－ tine Pain， 15 Westway，Broadstone， Poole BH18 9LW © 01202693546.

16th．Casting the Horoscope． Workshop with the Company of Astrologers at 76 Haverstock Hill， London，NW3． $1.00-5.30 \mathrm{pm} ; ~ £ 20$ （£19 one week in advance）．For book－ ing form／details call $\mathbf{\text { ® }} 01227362472$.

16th．The Crop Circle Mystery． Workshop with Andy Thomas at Flint House． $10.30-5 \mathrm{pm} ; ~ £ 25 / £ 18$ con－ cessions．For more details 01273 473388 or see 2nd．

16th．An Introduction to Vedic Astrology．One－day seminar with Komilla Sutton and Howard Beckman for the AA at ASC， 396 Caledonian Road，London N1 1DN．10am；£18／ £20 students／$£ 25$ non－members．『『 0171－700 3746／FAX 0171－700 6479.

17th．Ancient Stones of Dorset －Seeking out the Landscape．A talk with Peter Knight in Wareham，Dorset． Starts 7.30 pm ．For details of venue， prices etc call 『『 01202519388.

21st．Palmistry：Your hand and what it reveals with Maureen Williams for BAPS S．Norwood branch， 43 Wharncliffe Gardens，S．Norwood， London，SE25．7．45－10．30pm；£2／ $£ 3$ non－members（proof of membership required）．Details ひ『 0181－653 7993.

21st．Mysteries of Earth and Mind．Illustrated talk with Paul Devereux at Flint House．7．30－9．30pm； £6．For details see 2nd．

21st－23rd Weekend of Spiritual Encounter．Lectures，talks，work－ shops，public demonstrations and pri－ vate sittings in a luxurious Mid Wales hotel．Bookings／details call Ron or Jo on $\mathbf{\sigma} 01597851886$ ．

22nd．Meditation and the Importance of Ritual．Workshop with Kevin Oliver at 43，West Street， Reading．Cost $£ 35$ ．For details call Davidia Ling on 01865730917

22nd．Fresh Start－Astrology \＆ Vocation with Pat Blackett \＆Maggie Hyde for the Company of Astrologers at 76 Haverstock Hill，London，NW3． $1.30-5.30 \mathrm{pm}$ ；$£ 26$（ $£ 22$ one week in
advance）．Booking form／details call家 01227362472.

22nd．Native Wisdom．One－day workshop at the Isle of Avalon Found－ ation．$£ 20 / £ 15$ concessions．See 8th－9th for details．

## 22nd．Re－Visioning Earth with

 Paul Devereux at Flint House．Includes slide show，practical session and read－ ings related to special exercises．10－ 5 pm；$£ 30$ ．See 2 nd for details．
## 22nd－23rd．Natural Healing

 Exhibition for the Mind，Body \＆Soul at the International Hall，The Brent－ wood Centre，Brentwood，Essex．Over 100 exhibitors，lectures and wide range of healing／complementary med－ icine． $10-6 \mathrm{pm}$ daily；admission $£ 3$ ．For more details call $\boldsymbol{\sigma} 01206795866$ ．23rd．Hands－on treatment for Headaches with Will Wheen at Flint House， 41 High St，Lewes，E．Sussex （ $\mathbf{\sigma}$－ 01273 473388）． $10-5 \mathrm{pm}$ ； £30／£20 concessions．

23rd－29th．Working Inside Out－ Awareness，Change and Transfor－ mation with Glyn Edwards，Muriel Tennant and Eileen Mitchamson at Tre－Ysgawen Hall．Fully residential £320．Bookings／details see 2nd－8th．

## 24th－28th．Spiritual／Holistic

 Seminar with Libby Clark，Paul Crowther，Don Galloway and others for The Lynwood Fellowship at Cober Hill House，Cloughton，Nr Scarbor－ ough．Fully residential，prices start at $£ 127.50$ ．For bookings／details write to Mrs Pearson， 36 Lady Francis Drive， Market Rasen，Lincoln，LN8 3JJ．March 28th．Synchronicity \＆ Coincidence with Ian Dixon for BAPS Shirley branch at 5 Peter Kennedy Court，180－184 Orchard Way，Shirley， Croydon．7．45－10．30pm；£2／£3 non－ members（proof of membership re－ quired）．Details 『्0 01816537993.

28th－30th．Brighton Body，Mind \＆Spirit Festival at Corn Exchange， Royal Pavilion Buildings，Brighton， Sussex．Stands，healing，demonstra－ tions，workshops，readings and much more． $10-6 \mathrm{pm}$ daily；entrance $£ 2.50$ ． For more info call © 01273674408.

29th．Glastonbury Myth，Legend and Landscape．A talk with Roland Pargeter at the Avalon Foundation． Cost $£ 5 / £ 3.50$ concessions．See 8th－9th for details．


# Hands-on Experience 

# The car has been with us now for just over 100 years and it has changed our lives completely. 

The car has changed the look of the countryside and our towns and cities. In its various shapes and sizes it has provided us with a wide variety of opportunities for travel unrealised a century ago. With it, we communicate.

In the course of its life it has given mass employment, provided a means of social intercourse, opened up the business world and helped develop modern warfare. From its early days as a ramshackle affair like a cross between a motorised pram and farmer's cart to its present sleek, lines and modern comforts the car has proved it is here to stay.

While the most beautifully modern and up-to-date affairs can and virtually do drive themselves, it is people who have owned and driven them. In doing so, by making it part of our lifestyle, we have promoted the car's worth even further.

A whole range of legal obligations and associated matters plague its existence and, as someone once observed, no matter how hard you try, the minute you get in a car, you have or will probably break the law one way or another. Without the car and the varying penalties imposed on the modern owner/driver for an incredible and sometimes incomprehensible range of rules, regulations and laws, I get the impression quite a few countries would go bankrupt overnight
as the cash stopped flowing in.
The car has certainly earned its own mythology. And so have people in connection with it. The way people carry on over their vehicles is a study all its own. The way they look after them, clean them, mother them and drive them is another. And as for this strange new disease, road rage, is it all just a part of the negative side of the history of the car, or is it something else?

People drive their pride and joy in a variety of different ways. It often depends on the age (the person and the car), the make, the style or use of the vehicle but, generally, once a man, or woman, slides behind the wheel his/her personality changes!

People with square hands tend to observe the rules, try to be as fair as they can in their dealings with others and regard themselves as upright citizens. Normally, that is how many of them drive their cars.

Naturally, there are exceptions. Square-handed types can get quite up-tight when they see the rules flaunted, so bad driving of any kind promotes an inner road rage. This can manifest itself in their deliberately driving absolutely according to the book to 'teach' other motorists a lesson. In turn, this leads to more problems.

Square-handed folk make good public service drivers and
as bus drivers they excel for they are aware of the failings of others and compensate for it. The bus driver who waits while you run for it but does not close the doors and move off as you get parallel with the platform probably has square hands.

Square-handed folk tend to choose the more practical and everyday car. More often than not the main reason is for ease of obtaining spares.

Those with conic hands pride themselves on their driving skills and, often, this weakness leads to accidents. Almost without fail, those who claim they are good behind a wheel are not.

This type elect for brightly coloured, smooth running showy vehicles. They rarely look under the bonnet - they always seem to have a 'little man' somewhere in tow who keeps it on the road for them. People with firm, conic hands tend to drive on automatic pilot for they drive instinctively and can often arrive at their destination not fully remembering how they did so.

These folk almost always have firm fate lines in their palms. Good racing drivers have this line. It helps concentration and precision. Similarly, drivers of enormous heavy or wide loads also have this mark. They can put a 40 -ton truck with a wide load where you and I would have difficulty putting a bike!

The hands of a driver of one exceptionally long and heavy vehicle were very large and conic, very firm to the touch and each had a strongly etched line of fate from wrist to the mount of Saturn. It was a pleasure to watch him display his
skills. This type go for reliability in their cars even if they cannot really afford the upkeep.

People with short fingers and long palms take chances when they drive. They may jump the lights - not out of bravado so much as not wanting to be held up. They are so impatient waiting in traffic.

They try short cuts to get out of the jam, and then get in even more of a state when they come to a dead-end. Concentration is not always as it should be. Whatever these people choose to drive must be capable of 0-60 in 3 seconds!

People with long fingers and short palms are relatively peaceful when driving. However, those with soft hands can find it hard to concentrate and may not be as alert as they should be.

Those with wide palms and well developed basal phalanges on their fingers can suffer from road rage and are inclined to lack social graces when on the road. Such folk won't allow others to go in front of them unless they really have to and,
in a traffic queue, they rarely leave a gap between them and the car in front - even when they are supposed to do so.

Those with narrow palms are generally defensive drivers. They do not like to make waves and drive according to the rules. If they have low-set first or fourth fingers they lack push and stay one of the herd.

When there is a wide space between the first and second fingers it shows the owner is confident and knows how to run a bluff as well as anyone. At times, however, they drive as though there were no one else on the road and can demonstrate a 'me first, women and children next' attitude.

If this wide space is on a woman's hand she drives confidently and is very courteous to other drivers. But don't take chances, for she can shame you with her driving prowess. Women drivers are much safer and far more courteous than men and they tend to go for practical hatchbacks. With some, it can be a an art the way they can pack things in.

When the thumb bends back almost at right angles it is a sign of a bad temper, the subject attacks you almost in as a defence of his own actions. So, if such folk are in the wrong you will soon find out.

A turned-in top phalange of the thumb is always a sure sign of an obstinate and difficult character. Either of these two types can be difficult to deal with when on the road.

A stiff unyielding thumb implies a stiff unyielding nature. The more basic a hand the more the owner has a temper to back it up. If there is a long thick first thumb phalange as well, you will need the patience of a saint if out driving with them. They do rather like to rule the road. These folk favour BIG cars and, when they appear in your rear view mirror, you give way to them.

No matter what the shape or type of hand, if anything should go wrong when out driving, for whatever reason, it always seems to bring out the worst in us. That is what a 100 years of the car has done for us!


Exponents of astral projection say that we have several other subtle bodies lying latent within us: etheric, astral, mental and so on. With practice and using strong desire and a trained will, it is possible to release one of these subtle bodies and leave behind the physical restrictions of the body of flesh and blood.

The etheric body is very closely related to the physical, so much so that it can be seen by the trained eye as a thin sheath of milky fluorescence that extends just beyond the boundary of the human body. For some peculiar reason this type of projection is regarded as dangerous by some authorities and can take many years of practice to accomplish. Others state that it is quite safe so long as it performed in the Summer months when the air is laden with Solar energy or prana, an undetectable form of energy that gives life to the atmosphere we breath.

## Technique

The technique for releasing the etheric is to force out a quantity of this (usually from the navel or solar plexus) energy and then transfer your consciousness into it. For some reason this method seems to be quite popular in the USA.

I have tried the method with little success but perhaps I can't work up enough desire to carry the experiment through. According to reports of successful practitioners the etheric material can either take on the shape of the human body or simply float around in the shape of a ball or sphere.

By far the easiest method is true astral projection; though it must be said though all techniques require constant and diligent practice. Here you travel invisibly to your chosen target which can be anything you can dream up!

And there's a clue! The astral world is very plastic and can be moulded into almost any shape. It is in fact very
closely allied to the dream world, a world which you visit every night of your life even if you don't actually remember this on awakening.

However, with practice, and again you must inflame yourself with the desire to awaken within your dreams, you will achieve success and enter the lucid dream state. Sylvan Muldoon in his classic volume, The Projection of the Astral Body, tells of how he came to recognise what he termed 'repeater' dreams in which he became aware that he was leaving his physical body.
He noticed that dreams of flying, swimming, taking giant strides or one which he called 'the head thumping dream' were in fact the first conscious stages of projection. In his book he shows how the astral body leaves the physical in stages. Firstly it comes slightly out of alignment with the physical then, in a slow but steady manoeuvre, the astral body rises up until it is in a standing position, usually at the foot of the bed.

Muldoon states that he never once visited any other realm than the Earth. He didn't see paradise or any other such place, so often reported by people who have undergone clinical death and been resuscitated. So, where was he in his projected state?

## Theories

There are several theories on the matter. Firstly it would appear that people who manage to project the etheric body are governed by the laws of the Earth, that is they cannot visit other realms of existence and are by the very nature of the etheric substance tied to the physical universe. It would seem that Muldoon was a natural etheric projector, though he never termed himself that.

The whole gist of astral projection hinges on the fact that the astral body somehow manages to vacate the physical and travel elsewhere. This seems

obvious at first glance, though not so when other alternatives are explored.

Ophiel, in his book The Art and Practice of Astral Projection, makes the startling claim that the astral body is not projected outward at all but inward!

Ophiel, a practising Cabbalist, uses the Tree of Life symbolism to give credence to his theory. Of all the theories relating to projection his is probably nearer the truth than most.

The physical, he states, is the outermost of all the other spheres of existence. When projection occurs, forced or spontaneous, then the consciousness of the projector is simply moved inward to the next level of existence.

The realm nearest to the physical level is very similar to normal waking reality. Only by stopping occasionally while in the projected state and checking the scenery can we say for definite that we are in fact projected - such is the similarity to our normal surroundings.

Close examination, however, will show minute points of light that shift and flow like liquid in motion. This is a sure sign that you are really in another state of being - the lower astral plane.
If you achieve this much desired state you may wish to view your astral body. Some practitioners report that when they are in this state they are in fact bodiless! Others report normal physical conditions but say they can now take to the air and fly, pass through solid objects at will, swim underwater yet still breathe. So, wherever the astral worlds are they certainly do not behave anything like our physical world here on Earth.
What other alternatives are there? Is the whole belief in projection a myth? Are these nightly adventures just vivid lu-

The idea of an astral body leaving the physical is very old indeed. The Egyptians called it Ka and depicted it hovering over a recently deceased body. Having a body to exist in seems to be at the very core of our belief system, yet recent research into remote viewing appears to tell a different story.

In the USA people are being trained in the art of remote viewing. This is another name for astral projection. Only here the practitioners are being sent to observe certain locations of interest on Earth. How is this being achieved?

It is apparent that people in high places are taking the whole projection thing seriously. It's been repackaged, though, to make it sound acceptable. Remote viewing sounds more technical than, say, scrying in the spirit which

# BODIES OF EVIDENCE 

## by JOHN C. SUTTON

## The idea that we can project ourselves outside our bodies has been around for a very long time.

cid dreams or is there really another realm of existence that can throw light on the situation?

An old occult maxim 'As above, so below' could give us a clue to the reality of the situation. This could also encompass such topics as astrology, Tarot reading, I Ching and pendulum dowsing.

Humankind, it is said, is a microcosm of the universe. That is, a small replica of the greater universe. Everything that exists in the cosmos, then, must also exist in the individual.
is an old term for projection. Bi-location is another useful word although this simply means being in two places at once.

As stated earlier, the old occult maxim 'as above, so below' could shed some interesting light on the subject. Let's suppose the ancient occultists really did know their stuff and not only everything that was above but everything in the whole universe were actually contained in us - our mind-set that is.

Suddenly we have no more
need of an astral body, an etheric body or any other sort of super physical body. All we need is the ability to shift consciousness at will. If we really do contain everything in the universe then flying down one of the super highways of the mind would be a doddle as soon as we'd locked into the correct co-ordinates.

That no man is an island may indeed be true after all. Every person, it seems, is a universe in his/her own right. And every universe is intrinsically linked to every other universe.
Leaving the body, so long sought after by occultists, is perhaps no more than flying free within the vast reaches of the human mind. After all, I'm sure it would be safer than flying over the Atlantic on a stormy night and it does answer some unexplained phenomena that projectors have failed to answer themselves.

For example, if I were to project to, say, New York from my home in Scotland and someone came into my bedroom and woke me up, I would instantly find myself back in bed, hopefully none the worse for wear. Yet, even with the best will in the world, I cannot imagine travelling several thousand miles in a couple of seconds!
Travelling back from a New York location that resides somewhere in my mind, however, is a concept with which I can come to grips. After all, every single thing that has been built, invented, thought, written, etc has had its conception within someone's mind.

Maybe soon some inventor will come up with a device that really will let us dive deep into the human mind. Then the physical body will be left behind as we loop and glide in the infinite sky of inner space.

We may find other bodies there too. Inner bodies that lead us even further away from the physical as we search for the real body of evidence.


TThroughout history people have searched for a reason, an explanation for the apparent movements of the Sun, the seasons and the phenomena of Sunrise and Sunset. Certain mythological ideas and themes associated with the Sun, such as that of death and rebirth, appear to be almost universal.
So did they all spring from the same seed? That in itself does not matter as such, what matters is how each individual culture changed the seed to suit its own perceptions of the cosmos.

## Daily myths

The Egyptians believed in many Sun gods, one being Ra. Ra would ride in his Solar barge across the sky, descending into the Underworld at the end of the day.
The barge was always pursued by the snake god Apopis. Snakes and serpents represented evil, the Dark, so Apopis, in trying to devour Ra, symbolised the night trying to defeat the day permanently.

Ra was believed to represent the Sun's different types of light for he told the goddess Isis, 'I am Khepera at dawn, I am Ra at noon, I am Tum when the shadows of evening fall.' The Sun god was seen to start the day being reborn as a baby, would age throughout
the day until he eventually died an old man at day's end.

The Egyptians depended on the Sun's light for almost everything. Indeed, so afraid were they that the Sun god would choose not to be reborn that they appointed a special priestess called The God's Hand whose job it was to 'encourage' him to initiate his rebirth.

## Chariots of fire

The Greeks and Romans believed that the Sun traversed the sky in a chariot drawn by white horses. The Greek Sun god, Helios (Roman: Sol), would begin to tire at the end of the day so, needing a rest, would descend into the ocean.
Then his sister, Selene (The Moon), would take over in her own chariot, until Helios was awakened by their sister, Eos (the Dawn), and resumed his position. Sometimes this office was also filled by Apollo sometimes known as Phoebus - along with his many other duties.

It can be said that the Sun god did not, in some cases, actually represent the Sun itself but, rather, was simply the deity who dwelled in or inhabited the Sun. In fact, the Sun was the Solar barge of the Egyptians or the chariots of the Greeks and Romans.
However, Sun deities owned are traces of the worship of the Sun god - that which gives life and warmth to all on Earth.
the attributes given to the Sun and the vehicles could not drive themselves. Helios was seen to be the Sun itself, as was the Roman Sol, whereas Apollo was a separate deity. Born to a mother whose name represented darkness, Apollo was the shining light emerging from the darkness of the Underworld.

## Seasonal myths

What does appear universal to most Sun gods is their role of champions of the Light, fighting against and, ultimately, overcoming the Dark in all its guises. This is very much in evidence in the seasonal myths which, covering a period longer than a day, demanded a different set of stories.

A typical example is the Egyptian myth of Osiris. Osiris was Pharaoh of Egypt and his Queen, Isis, was both his sister and his wife. Their brother Set was jealous of Osiris and evolved an elaborate scheme to trick the Pharaoh. This resulted in the death of Osiris whose body parts were scattered far and wide, thus allowing Set to gain control of the throne.
However, through her knowledge of magic Isis managed to find the lost body, bar one piece, and reassembled Osiris who was reborn as king of the Underworld. Their son, Horus, avenged his father's death by defeating Set, representing darkness, to become Pharaoh himself.
Thus Osiris became the sym-

bol of the dead being reborn to eternal life, as well as the continual death and rebirth of vegetation, hence the seasons. However, with his connection to the Underworld, Osiris is sometimes seen as representing the Moon also.
The Greeks and Romans associated rebirth with a mother/daughter team as the following myth illustrates.

Ceres (Greek: Demeter), the goddess of agriculture and corn, had a daughter Proserpine (Greek: Persephone) by Jupiter (Greek: Zeus) who, when out picking flowers one day, was carried away by Pluto (Greek: Hades), lord of the Underworld. Ceres, distraught at her loss, neglected her duties in order to search for her daughter, subsequently the corn failed, the land became barren and famine ensued.

The people appealed to

Jupiter for help and, somewhat reluctantly, he ordered Pluto to return Proserpine. However, he laid down one condition: that she must not have consumed any food during her time there.

But Pluto tricked Proserpine into eating seven seeds from a pomegranate by telling her she would soon be going home, without disclosing the rest of the story. Eventually a compromise was reached, Proserpine would spend seven months of the year with her husband as Queen of the Underworld and the other five with her mother.

But during her absence Ceres mourned for her, neglecting the land, hence Winter. The Spring represented a period of preparation for the rejoicing that accompanied Prosperine's return with Summer.

The Norse god Frey appears
to be similarly driven with love as Ceres, but love of a different kind. Frey's office was that of maintaining the crops, good weather and gentle rain, all of which were ensured by his continual happiness.

One day he espied Gerda, a beautiful maiden who dwelt with the giants, sworn enemies of the gods, and was completely enamoured by her. Knowing that she would never consent to marry him he became sick with misery; the flowers drooped, the crops failed.

Distraught at his friend's sadness Skirnir - Frey's loyal servant - vowed to win Gerda's hand on his behalf. And, with his quick tongue and more than a passing threat, eventually succeeded.

Reluctantly Gerda awaited her prospective husband at the agreed meeting place. However, when she saw Frey's beauty


and radiant countenance she too fell in love with him and the flowers raised their heads once more for Summer had returned.

The Celts had a less idealised and somewhat harsher view of the Sun. Lugh the Sun god was described as a glorious youth, fair of face and beautiful to observe, he embodied the light of the Sun itself. Yet the Sun god's role was that of the champion.

The chieftain of the tribes ruled by divine right awarded by the goddess of the land. But when he had grown old, was wounded or could no longer father children the land literally became barren, a wasteland.

For example, in the tale of the wounded king in Arthurian legend, the land too lay wounded until a younger champion came to dispatch him and as-
sume kingship in his place, thus restoring the land to fertility. The champion may, of course, have been the king's son, which would echo the patterns of nature; harsh yes, but all done for the good of the land.

## Continuing message

In a revolutionary period of Egyptian history the Pharaoh Amenhotep IV changed his name to Akhenaten and decreed that there was only one god to be worshipped, the Aten or Sun disk. Thus he, however briefly, introduced the concept of monotheism to the ancient Egyptians.
The Aten, a glowing disk with extended rays terminating in outstretched hands, represents genderless power. The Sun in all its glory, all-encompassing with its creative light, its warmth and fertility.

Akhenaten was considered a brilliant man born ahead of his time. His belief, a religious
view of the Sun as the source of all life and creative energy, has now, of course, been validated by science.

Even Christianity pays homage to the Sun god. Christ the Sun dies and, in so doing, absorbs the sins of the people and the sterility of their culture, allowing them to move on into the light. He is then reborn as the initiator of this new, better society.

So, irrespective of culture or period in humanity's history, the message is clear: the Sun loves us. He provides for us with his warmth and boundless energy which, in turn, sustain life.

In this modern scientific age, complete with fears about the state of the ozone layer, somehow knowing that it is the movement of the Earth that causes the Sun's apparent motion just doesn't have the same impact as the older concept of the fiery chariot of the gods.


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## LIZ GREENE'S PSYCHOLOGICAL HOROSCOPES

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as if something is being enacted which is not real.

Someone has been got the better of by someone else; that much is true. There are winners and losers but this difficult card appearing in any Tarot spread warns on several levels. It warns that the situation may indeed prove to be just that - a matter of winning or losing, winner taking all.

Or it can be warning of that which might happen but which can be avoided. It is also a warning that the situation is not as it seems but illusion is making it appear so. Meanwhile, both the Tarot reader and the querent are heartily wishing, by this time, that the wretched card had not appeared at all.

With the Five of Swords one must accept the inevitable, once it has been made perfect-
ly clear exactly what that is. Accept defeat gracefully or victory without pomposity.

Either way, put the matter behind you and leave it there. New directions can be sought and followed through with greater success, building too on new and far more secure foundations any new venture that appeals.

Past limitations, narrow escapes of unwise involvements are all now out of the picture. Breathe a sigh of relief, especially if events have not proved to be quite so disastrous as they may have first appeared. If it is a matter of experiencing the disasters, simply because the cards fell that way after all, then pick up the pieces, take a deep breath and start all over again.

Although the Five of Swords
is an ill-omened card of the Tarot, it does not have to mean that disaster is inevitable. It can be avoided and the warnings can be heeded in sufficient time to take that necessary avoiding action.

Sorrow, loss, angry confrontations are certainly indicated. But are they necessary? In this instance, the emphatic answer is 'no.' On other occasions, it might be best to face up to important issues but to do so when the Five of Swords appears would be foolhardy and quite without reason.
Look at other ways to deal with the matters, thus avoiding the very conflicts the card is warning about. Pride and ambition must, this time, take a back seat. To run away to fight another day is the best advice at the moment.

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## TOWARDS RECONCILIATION

Any month when eclipses occur generally has a more eventful quality than others. Eclipses mark turning points in those events that have perhaps been characterised by a build up of tension over the previous months. During March there is a Solar eclipse in Pisces on the 9th which occurs, significantly just when Pluto turns retrograde.
The main emphasis here is on all matters relating to the sea and long-range communications. The most obvious interpretation is of trouble in the fishing industry while the rather ominous Pluto effect could indicate an oil disaster, perhaps near Spain.
On a more ephemeral level, the media is likely to be humming with news of a celebrated romantic affair. There is likely to be a lot of glamorous and over-dramatised hype surrounding this - which could involve the royal family or some well known, popular figure. Whatever the case, this is certainly going to be a talking point for several weeks.
With Mercury skimming through Aries in the latter half of the month matters to do with the education
and welfare of the younger generation will be a main political talking point. As Saturn is involved, the chances are that we shall be hearing a rather authoritarian or heavy-handed note.

Politicians will be churning out the usual rhetoric that the moral fibre of the nation is degenerating, that there is a need for greater discipline and that if everyone wears smart suits and short hair then our problems will be solved. Such absurd simplifications may be cheered in the Conservative press but anyone with the slightest insight will probably be worried about the shades of fascism lurking in such attitudes.
No doubt there is a need for greater personal responsibility these days but authoritarian propaganda will never magic this into existence. Nevertheless, the cosmic wheels are going round and with an increasing emphasis on Aquarius we may hope that a greater feeling of community will eventually arise.
The month does end on an encouraging note. A series of powerful aspects involving Venus points to reconciliation, successful agreements and a feeling that at least one troubled area of the globe is regaining equilibrium.
Remus

## HOW TO READ THE SYMBOLS

At the side of each monthly forecast in the following pages are different symbols, representing the various matters that may affect you.

Here is the key: Heart: love affairs. $£$ sign: money and material matters. Sword: quarrels and disputes. Sun's face: health. Letters: correspondence and documents. Linked
rings: partnerships. House: domestic matters. Suitcase: travel. Black cat: general good luck.

These symbols indicate the highlights of the four phases of the month as interpreted by the above key. For example a sword and a heart together stand for disputes about love. The sword by itself would mean disputes in general. Letters on the same line as the Sun would refer to a document concerning health matters. The symbols are, therefore, an additional guide to the trends prevailing in your affairs.


## The month ahead could be critical for personal issues.

You'll be much clearer in your mind about what is and is not important. It's a time for sifting the grain from the chaff and perhaps facing up to the fact that what you thought you wanted is not what you really need. If you've been feeling insecure recently, events in March will help you to get back on the right track.
There is a rather secretive element early in the month. A private or confidential matter may need to
be sorted out and perhaps a heart-to-heart talk with a close friend will clarify something worrying. The prognosis is favourable for domestic affairs, legal matters or difficulties with youngsters.

The Solar eclipse on the 9th brings health into focus. This doesn't necessarily mean that you are about to fall ill but your energy level may be rather low so greater care will be needed. More likely is that you'll have to shoulder extra responsibilities due to the poor health of someone close and your interests will have to take second place for a short while.

The first half of the month is extremely favourable for deeper studies and meditations. Those interested in mystical matters could further their interests through likeminded people. If you have been struggling or have even felt like abandoning certain interests, a chance meeting in the second or third week of March helps to put things in perspective.

With Saturn now forging ahead in your sign, there is a greater need for a serious sense of direction and purpose. This isn't to imply that
you immediately have to grit your teeth and knuckle down to some boring task. It is more likely that over the next few months changes and developments will alter the pattern of your life, bringing a deeper sense of purpose.

This will happen quite naturally, materialising just at the right time. Whether in your work, career or some other important area, the overall prospect looks encouraging. But, under Saturn, your usual desire for instant results is only going to cause frustration. Concentration and staying-power will be the key to success now.

If the first half of the month is heavy-going, the same cannot be said for the latter. Mercury moves swiftly through your sign, signalling a more varied, light-hearted and stimulating trend. Messages and short trips will certainly make life more interesting on the 18th, 19th, 22nd, 29th and 30th.

Late month also sees Venus in your sign, auguring well for social life and romantic affairs. Be prepared for unexpected and extremely pleasing developments in the final few days of March.


1st week


2nd week


3rd week


4th week

## If your work has been stressful lately you can expect an easier pace during March.

There will be more time to think about your aims and objectives and to organise the way you deal with day-to-day living.

Early in the month a message from an old friend will come as a pleasant, nostalgic surprise. The underlying astrological pattern suggests that elements from the past will return to your life. In some cases this could have quite a pro-
found effect on the future. However, these influences are helpful, particularly if you feel that your life has reached a crossroads recently.

The Solar eclipse on March 9th is significant for your aims and objectives. Make sure that you are not treading on others' toes. Much depends on a realistic attitude towards your own competence, rather than thinking that you have got to live up to a certain image in order to please the powers that be.

Provided you stick to your own legitimate territory in the month ahead, you'll make steady progress. But try to be more adaptable than usual for certain changes are in the offing, indicating a need to bring things up to date.

Venus and Mercury in a favourable sector of your Solar chart in the first half of the month help to generate a friendly and socialble atmosphere. Indeed, this is a time when you are likely to make friends more readily and when you'll be in demand socially.

The 2nd, 4th, 8th, 11th and 13th are excellent dates, not only for friendly interchange but for all interests that call for co-operation
and social activity. You have it in your power to weave sympathetic threads between yourself and others and perhaps play a part in bringing people closer together.

Speaking of closer relationships, the trend is favourable for all significant ties of affection. With Venus (your ruler) gaining in strength this month the chances of realising your romantic hopes and wishes are greatly enhanced.

Pleasing developments are forecast when Venus forms favourable aspects on the 13th, 16 th and 22 nd. Someone with whom you have been on friendly terms may become much closer emotionally.
The only difficult date for heart interests is the 19th when Mars opposes Venus. The powers of attraction are high but there is a danger that new love affairs will be passionate but short-lived. The message is that time is of the essence for success in love now.

Towards the end of the month a Lunar eclipse casts a warning shadow on your health. Avoid the adverse effects by cultivating a relaxed attitude and not allowing work to fill every available moment.

## LIBRA

#  <br> 1st week <br>  <br> 2nd week <br>  <br> 3rd week <br>  <br> 4th week 

## Health is likely to be of more concern than usual in March.

This doesn't mean that you are about to succumb to any ailments, seasonal or otherwise. It's more likely that you'll become conscientious about health, for yourself and those closest to you.
Indeed, this is an excellent time to adjust your diet and seek expert advice on anything that may have been worrying you lately. If you are feeling overweight or out of condition, efforts to restore your equilib-
rium are likely to meet with good results now.

Around the Solar eclipse on the 9 th you could get a warning signal if you have been neglecting your health. Take heed of this and take positive action to rectify the fault.

The first half of the month brings matters of employment very much to the fore. The prevailing trend favours those in process of seeking a full- or part-time job. Your way ahead should run smoothly and luck smiles on your efforts on the 4 th, 8 th, 13 th and 22 nd.
The Solar eclipse points to forthcoming alterations in your mode of work. Circumstances beyond your control may soon necessitate some kind of reshuffling, either in the workplace or in familiar routines. If you are willing to be more adaptable, you'll benefit. But, if you feel that things seem to be moving against you, maybe this is a cue to start looking around for something more to your liking.

Librans definitely should not be afraid of the forces of change now. Uranus and Jupiter in a very fortunate sector of your Solar chart mean that even drastic changes
will ultimately be to your greater advantage and happiness.

Don't be afraid to take risks and be adventurous for this is how the Fates favour you during March and for some time ahead. Sticking in a situation long past its sell-by date will only cause a lot of unnecessary frustration.
Mercury in your opposite sign during the latter half of the month makes this a fine time for getting involved in discussions, pursuing important negotiation and establishing useful contacts - especially in business. The Mercury-Saturn conjunction on the 20th is quickly followed by a link with Jupiter, indicating a successful contract, aggreement or useful advice from an older person.
Towards the end of March a Lunar eclipse in your sign could mean that it's ultimatum time for major decisions. Even if you still feel unsure about the way ahead, to take the plunge now would be better than no action. Once you commit yourself definitely, then the forces of providence will come into play. Take heart from the highly supportive pattern now.


## You are going to be very much in demand socially in the first ten days of March.

As the trends accentuate the lighter side of life, this is an excellent time for social and leisure activities.

A message or chance encounter with an old friend will put you in good spirits on the 2nd, 8th or 13th. There are indications of a break in routine, perhaps a chance to spend a few days away from familiar surroundings.

It's not only your social life and
personal popularity that are enhanced but much suggests that the first half of March will be unusually eventful for romantically inclined Scorpios. Take note of the dates already mentioned for significant encounters are more likely then.
There may be an unusual connection with the past in new romance. Perhaps someone whom you have known for years will begin to appear more attractive. You may feel that the Fates are somehow pulling you together. Also, as Mercury is significant in this picture, a journey or message will play a part in new love.
If there are underlying problems in established relationships, you should make efforts to sort things out. The Solar eclipse on the 9th suggests an emotionally critical phase which, in some cases, could mean the end of an affair shortly.
However, if this does happen, chances are you'll not be plunged into the depths of despair. Indeed, you'll end up heaving a sigh of relief! What's more it looks as if there is something better coming your way in the very near future.

Another potentially tricky date is
the 19th when there is a warning of confrontation. Tread tactfully in emotionally sensitive issues.
Scorpios are acute psychologists and like to get to the root of problems but this is not the best of times to reveal other people's foibles to them. They'll probably not yet be ready to accept the truth. Lend a sypathetic ear but try to remain non-committal.
March is particularly favourable for those involved in artistic and creative activity. Your efforts are likely to be intensified simply because you are under a heavier pressure to produce results. This is likely to be felt whether you are a professional or an amateur.
All spare-time activities are likely to gather increased momentum in the coming weeks. Opportunities to further these interests will be more in evidence now so be prepared to stick your neck out.

Towards the end of the month you can expect a welcome boost in your current financial situation. If you have recently inquired about a new job or business venture, there is encouraging news winging its way to you.

# SAGITTARIUS 



## Keep your feet firmly on the ground and don't make any hasty moves during the first week of March.

By all means keep longer term aims clearly in view but beware of alluring short-cuts. Don't attempt to do anything on the cheap or let others kid you that you can have your cake and eat it too. This is definitely not a time for quick fixes.

If you suspect that perhaps you have taken a wrong turning, now is the time to get your priorities sort-
ed out and perhaps be a bit more honest about your real capabilities.

Saturn in a favourable area of your Solar chart now gives the opportunity to create a very workable structure on which to base your life. Any attempt to be unrealisitc or to ignore boundaries is likely to work against you in the long-term.
More immediately, you'll find your attention focusing on domestic affairs, especially in the first half of the month. There's likely to be quite flurry of activity in the home on the 2nd, 4th, 13th and towards the end of the month. Expect more visitors than usual on or around these dates. These are excellent times for entertaining.

As Mercury is much in evidence during the first half of March there's likely to be a major focus on younger members of the household - maybe a celebration concerning one such person. It seems that Sagittarian parents will have reason to feel pleased with their offspring in the coming weeks.
These favourable planets also give you greater motivation to make alterations in and around the home. A change of decor would be
highly appropriate for entertaining more visitors. Also, burnishing up your surroundings will have a subtle therapeutic influence.

A Solar eclipse on the 9th could indicate upheaval in the home over the next few months but as this is accompanied by other favourable planetary configurations the outcome will be good. If you have been feeling increasingly restricted in your current domestic set-up, now is the time to start looking around for something more to your liking. As travel is favoured now, your luck may lie further afield.

When Mercury changes signs in mid March matters relating to education and creative activity are brought into sharper focus. Whether as a student or a teacher, great progress will be made and you'll find that you gain tremendously through interaction and exchange of ideas with other people.

Finally, the last week of March has a more leisurely pace with social life highlighted and spare-time activities bringing you much satisfaction. There are surprises in store for the romantically inclined, too, at the end of March!

## DECEMBER 21 TO JANUARY 19



## The pace of life becomes less hectic during March.

Something fairly urgent may need to be dealt with during the first week but, once Mars backtracks out of your 10th Solar House on the 8th, pressures will ease.

There is an accent on travel during the first two weeks with pleasant outings and meetings forecast on the 2nd, 4th, 11th and 13th. At last you'll feel that you have a little more time to enjoy the good things of life and get away from routine.

Though your journeys are not likely to take you far from home, they should be enjoyable. Visits to or from relatives and friends contribute to the this pleasant state of affairs.
On a practical level, you'll be pleased to find that communications run smoothly and that people you meet are helpful and informative. It 's an excellent time for gathering information, discussing ideas, attending meetings and interviews and generally broadening your network of contacts.
Watch your step, though, on the 9th when the Solar eclipse signals a need for caution in making decisions. Don't trust too much to first impressions and be prepared to do extra groundwork if you are unsure. Other people may be difficult because they cannot make up their minds so exercise patience.
Property interests are favoured most of the month. The wheels may be grinding rather slowly where legal transactions are involved but you can be sure of a positive result in the end. Saturn, your ruler, forms a splendid angle with Uranus at the very beginning
of March, making this a propitious time for those moving house.

Important financial developments are also forecast which could have a very fortunate impact on property interests. If you have been struggling to make ends meet, the situation is likely to ease from March onwards. Any largescale buying or selling, property or otherwise, is likely to yield satisfactory results now.

Affairs of the heart may be in a rather low key but there are hints of developments in the background. Travel, perhaps a short journey, is significantly linked with romantic developments around the 8th, 13 th and 22 nd when you could make contact with someone who will become special to you.

Later in the month keep arrangements flexible as visitors are liable to arrive unexpectedly. Youngsters are also likely to be more demanding than usual. However, the prevailing trend is pleasant, making this a fine time to entertain friends or give the family a treat.

Generally speaking, it's a month when you'll have more time to get things in perspective.

# AQUARIUS 

JANUARY 20 TO FEBRUARY 18


1st week


2nd week

(1)

3rd week


0
4th week

## For many Aquarians this could be one of the most important turning points for many years.

Jupiter, the Greater Benefic, continues to be very active in your sign, making this a time of expansion and opportunity.

This is indeed going to be a fortunate month from a purely financial point of view but, perhaps more significantly, you'll find an expansive influence on your way of thinking and in how you perceive the world.

Underlying transformative influences at work in the past may now begin to manifest more tangibly. You may commit yourself fully to a specific goal or to a more spiritual type of quest. Equally, it may mean launching out on a new career or pushing ahead with a business venture.

More immediately, you'll need to give close attention to financial matters at the beginning of March, not because of any major problems looming but rather to improve your current resources. Although this is not a time to be taking undue risks with cash, it would certainly do no harm to explore wider options for diversification. Make the most of favourable trends operating on the 4th, 8th, 12th and 13th.

Staying on the financial theme, the Solar eclipse on the 9th may mean that certain changes are imminent and require critical decisions. If there is an element of risk involved, the prospect is good provided that you can afford to be a bit adventurous. However, if there is a lot at stake or your decision affects others, tread very carefully.

Mercury and Venus in your 2nd Solar House in the first two weeks make this an excellent time for buying and selling. You'll probably have extra cash to throw around on luxuries so it is likely that you'll get a lot of pleasure just from shopping. Bargains are likely for collectors.

If the first half of March concentrates your mind on immediate material needs, the latter half brings welcome scope for change. It looks as if you'll get out and about a lot during the third week, perhaps as the result of an old friend or relative suddenly getting in touch around the 18th. This may seem inconvenient but the outcome promises to be enoyable.

With Venus joining forces on the 23rd short trips and visits will help to enhance your social life. As Venus forms powerful aspects with Pluto and Uranus later in the month there is much to indicate that a journey, invitation or message will play a significant part in the development of new romance.

It certainly promises to be an unexpectedly eventful end to the month.


1st week


2nd week


3rd week


If your birthday is close to the Solar eclipse in your sign on March 9th, expect important changes over the next two or three months.

Any changes are likely to work out to your benefit as you do have a very favourable planetary pattern accompanying this eclipse.

Several possibilities suggest themselves but perhaps the most likely will be a change in your career or perhaps the development of new goals and objectives. Alter-
natively, events in the latter half of March could somehow free you from past restrictions and give you increasing creative scope.

As far as close personal relationships are concerned there do appear to be sharp contrasts over the month ahead. With Venus in your sign until the 23rd the underlying trend is towards peace and harmony. If you have experienced difficulties in a relationship over the previous months, this is the best time to sort out problems.

This Venus factor definitely favours those seeking a suitable partner. New romantic encounters that emerge early in the month and around the 13 th or 22 nd stand the best chance of developing into something special. However, if any crises are due to arise, sparks are likely to fly at the eclipse and when Mars opposes Venus on the 19th.

Any relationship that has been tottering over the past months is likely to reach breaking point now. You may have fallen into the role of victim, just being used. If you are doggedly sticking with a partner simply because of your own feelings of insecurity, you are
courting disaster. Now's the time to cultivate a stronger focus of security within yourself. If you can do this, then you can expect greater success in any future relationship.

This may sound rather dramatic but there are times when things do need to reach a dramatic crisis for certain lessons to be brought home to us so that we don't make the same mistake again.

On a brighter note, the conjunction of Venus and Mercury in your sign at the beginning of the month sets the scene for pleasant developments. A visit from someone or a message you receive will open up pleasing possibilities for the ensuing weeks. This is likely to be a journey or a welcome break. The most favourable dates for travel are the 2 nd, 8 th, 12 th, 13 th, 20 th and $22 n$ d.

Financially, positive action is most likely in the latter half of March. However, don't count your chickens before they are hatched if you are hoping to make extra cash during the second week. Try to focus major financial projects on the 19th, 20th, 22nd and during the final five days of the month.

## Lunar Lore Gardening

## MARCH

1
Colder than average first two weeks with strong high winds then gradually warming up.

## 2 <br> After 17.39 hours sow onion seeds. <br> 4 Soil conditions permitting, sow a few early potatoes.

5
Continue until 19.55 hours.
6, 7, 8
9 After 19.34 hours oil, grease mowers and other tools.

10 Sharpen cutting blades, test electrical equipment.

11 After 20.38 hours sow flowers for their hardiness.

12 Continue all day.
Start tubers in a peat mixture in a warm greenhouse.

14 After 00.49 hours prepare celery trenches.

15 Dig over soil and make ready planting areas.
16 After 08.52 hours sow celery seed in warm frames.
17 Sow main crop leeks.
18 Continue until 20.09 hours.
19, 20, 21, 22 After 21.36 hours plant out bulbs in greenhouses.
24 Continue all day.
25 After 08.43 hours a few early carrots may be sown out.

Sow turnips in enriched soil.
27 Continue all day.
28 After 17.41 hours plant out onion sets.

29 Continue all day.
30 Continue all day.
31 Continue until 00.08 hours.

## VICTORIA MATTHEWS

Greenwich Mean Time has been used throughout

## The Planets This Month

The Sun begins March in $10^{\circ} 27^{\prime}$ Pisces and enters Aries on the 20th at 13.56 hours. It ends the month at $10^{\circ} 19^{\prime}$ of the Ram.D) The Moon is in its Last Quarter on the 2nd at 09.39 hours and the New Moon is on the 9th at 01.16 hours. The First Quarter is on the 16th at 00.07 hours and the Full Moon on the 24th at 04.46 hours. There is a second Last Quarter on the 31st at 19.39 hours.

As the month opens the Moon is in $23^{\circ} 32^{\prime}$ Scorpio and enters Sagittarius on the 1 st at 12.02 hours. It then enters Capricorn on the 3 rd at 17.39 hours; Aquarius on the 5th at 19.55 hours; Pisces on the 7th at 19.58 hours; Aries on the 9th at 19.34 hours; Taurus on the 11th at 20.38 hours; Gemini on the 14th at 00.49 hours; Cancer on the 16th 08.52 hours; Leo on the 18th at 20.09 hours; Virgo on the 21st at 09.00 hours; Libra on the 23rd at 21.36 hours; Scorpio on the 26th at 08.43 hours; Sagittarius on the 28th at 17.41 hours; Capricorn on the 31st at 00.08 hours where it ends the month.
$\succ$ Mercury begins the month in $1^{\circ} 28^{\prime}$ Pisces and enters Aries on the 16th at 04.14 hours. It ends the month at $27^{\circ} 42^{\prime}$ of the Ram.

O Venus begins March in $2^{\circ} 17^{\prime}$ Pisces and enters Aries on the 23 rd at 05.27 hours. By the 31 st it has reached $9^{\circ} 40^{\prime}$ of the Ram.

Mars is retrograde in $2^{\circ} 33^{\prime}$ Libra as the month opens and re-enters Virgo on the 8th at 19.51 hours. By the end of the month it has retreated to $21^{\circ} 39^{\prime}$ of the Maiden.

21 Jupiter is in Aquarius all month. It advances from $8^{\circ} 48^{\prime}$ on the 1st to $14^{\circ} 50^{\prime}$ of the Water Bearer by the 31st.
$\hbar$ Saturn spends the month in Aries and advances from $6^{\circ} 35^{\prime}$ on the first day to $10^{\circ} 15^{\prime}$ on the last day.

1 Uranus is in $06^{\circ} 37^{\prime}$ Aquarius as the month opens and advances to $7^{\circ} 55^{\prime}$ by the 31 st.

4 Neptune is in $28^{\circ} 57^{\prime}$ Capricorn on the 1st and by the month end has advanced to only $29^{\circ} 41^{\prime}$ of the Goat.

P Pluto begins the month in $5^{\circ} 35^{\prime}$ Sagittarius, turns retrograde on the 8 th at 12.54 hours and retreats to $5^{\circ} 28^{\prime}$ by the 31 st.
$\sigma$ There is a Solar eclipse on the 9th that becomes total at 13.55 hours in $18^{\circ} 31^{\prime}$ Pisces.
. There is a Partial Lunar eclipse on the 24th at 16.40 hours in $3^{\circ} 35$ Libra.
All positions are for 00.00 hours GMI.

## Reading the Aspectarian

In the aspectarian we list the principal Lunar and mutual aspects for each day of the month. A Lunar aspect is a specific distance, measured in degrees, between the Moon and a planet; a mutual aspect is between one planet and another, excluding the Moon but including the Sun.

First of all memorise what the symbols stand for:
$\checkmark$ Aries, $\succ$ Taurus, II Gemini, 6 Cancer, $\Omega$ Leo, m Virgo, 乞 Libra, M.Scorpio, 7 Sagittarius, $\quad$ Capricorn, $\approx \sim$ Aquarius, ) (Pisces.
$\odot$ Sun, $\downarrow$ Moon, ४ Mercury, O Venus,
OT Mars, 4 Jupiter, ћ Saturn, Hi Uranus,
$\Psi$ Neptune, E Pluto.
The major aspects:
$\sigma^{\left(0^{\circ}\right)}$ conjunction: good or bad according to planets involved

[^3] Matters to do with overseas travel and career take up time today．
 Take no one at face value．People liable to be evasive to get their own way．
 Something in the news could link business and crime，not exactly fraud as such，but．．．

Highly charged emotional day though few may admit to it．

## 5 w．$D$ in 7 \＆※n．$D \triangle O^{7} \sigma^{\prime} \ddagger$ ．

Let the head rule the heart．Don＇t sign important papers or finalise deals．

Plans may suddenly change．Spur－of－the－ moment decisions needed．
7 F．Din $\cong$ \＆$)$（．$D\langle\hbar 凶 \Psi$ ． Sort of day when people wander around as if treading on broken glass．
 Could be a little too quick to jump on others． Look before you leap．
9 Su．$D$ in $)\left(\& \checkmark . D \odot_{\odot}^{\circ} O^{\pi} * \Psi\right.$ ． A hunch or unusual thought can lead to a whole new field of interest．
 Favours investigatory or behind－the－scenes work．
11 т．Din $\curlyvee \&$ ．จロษ．๑ชర઼． If YOU can＇t or won＇t think straight then，perhaps， neither can others？
12 w．Din $૪$ ．गロथロझ． Little will be done by halves today．Whether out shopping or dining you＇ll probably over indulge yourself．
13 Th．$D$ in $\succ . ~ D * \odot * ช ̛ * q \triangle O^{*} \triangle \Psi$ ． A lovely day for just about anything and that includes popping the question．
14 F．$D$ in II．$D \triangle \psi * \hbar \triangle H 1_{0} \circ^{\circ} \mathrm{E}$ ． Travel likely for business or pleasure，good start to the weekend．
15 s．Din II．Dロq．$\succ 0^{\circ} 0^{7} \nVdash \nmid$ ． At work，exercise tact and diplomacy．Socially， have an evening out．
 Someone，somewhere，will be on the warpath．

Many folk on a short fuse．Ego conflict，power struggles or just plain selfishness．
18 т．$D$ in $\sigma$ \＆$\Omega . ~ D \triangle \odot \triangle q * \sigma^{7} 0^{\circ} \neq . ~ \succ \uparrow \sigma^{\circ} \mathrm{E}$ ． Creative period：sign agreements，handle other people＇s affairs．
 So much going on it may be difficult to keep up．
 Act on hunches．Cold facts not always what they may seem．
21 F．$D$ in $\Omega \& m$ ．Dロe．
Attention to detail essential for all．So easy to make a very costly mistake．

People and places from the past evoke strong memories．
$23 \mathrm{Su} . D$ in $M \& \bumpeq . D 0^{\circ} Q \sigma 0^{*} \triangle \Psi$ ． Make time for those who matter most．Cosy twosomes are favoured in pm．
 Oh dear！It＇s Monday and back to work． Pressures may well be very high．
25 T．D in $\bumpeq . D \circ \circ$
What with the phone，the fax and unscheduled visitors not a lot gets done today．
26 w．D in $\bumpeq \& m_{\text {．}} . ~ D \square H \square . \odot \triangle \mathrm{E}$ ． Make changes，be more enterprising，However， expect some opposition to plans as well．
27 Th．D in m．จロ4．ㅇロе． Compulsive behaviour all round．People seem unable to lighten－up．

You will have to put things right that may have gone wrong about a week ago．
 Very busy and varied day．Rest and eat properly．
 Restraints of some kind in the news．New rules or laws perhaps．
 Smooth and lovely close to the month despite some not too happy with their lot．

## by VICTORIA MATTHEWS

The Ascendant or rising sign, in particular the degree of that sign, is a most important factor in all astrological charts.

It is the significator of you as an individual. It determines your approach to life and the world generally. It can help determine your physical appearance and is often a reliable pointer to health problems especially if any other part of the chart shows a potential weakness. It shows the strength of your ambitions and your determination to achieve them. It also relates to your special interests in life as far as environment and personal relationships are concerned.

In a chart raised for political, mundane or other matters, it has equal importance in helping to understand the sicnificant issues as shown by that chart for whatever purpose you may have created it. But it does not do any of these things without the help of the planets of course.

As each sign rises over the horizon each day, some taking a little longer than others, it shows the conditions with which you will approach the world at large and the planets in your 1st House will show how you interpret these conditions. This often accounts for those who say they are nothing like the Cancerian or Sagittarian that their Sun sign reading states they should be. It may be that there is no planet in the 1st House at all. The ruler of that sign might well be in a weaker or stronger position affecting you in other ways.

A great many significant conditions present in a birth chart cannot be accounted for merely by Sun sign readings. However, if you ascertain your rising sign and read the result
as though it were your Sun sign, you may find that the new information is more accurate. And, if you combine these two signs, Sun sign and rising sign, you will be on the path to a better understanding of yourself through astrology. (When the two signs are the same it indicates a more developed personality of that sign.)

To find your Ascendant you will need to know your time of birth reasonably accurately. For this purpose an allowance of 15 or 20 minutes, while generous, will suffice. If your final result is only a little way into a sign and does not seem to fit you, go back and try reading the meaning for the preceding sign. For example: if you get an answer which is only minutes into Aquarius and this does not seem to be quite you, try reading the meaning for Capricorn.

## How to calculate your rising sign

There are six (very) basic steps to finding your Ascendant sign and for the purposes of this article they have been slimmed down quite considerably. However it is the end result that is the important thing in this exercise.

1 Using the 24 -hour clock, write down your birth time.
2 From the sidereal time table add the time for your date of birth.
3 Check to see if you need to deduct an hour for Summer Time or two hours (possible) for Double Summer Time.
4 Add or subtract for the county of your birth - but make no adjustment for the London area.
5 Deduct 24 hours if the total comes to more than 24 hours.

6 Compare the result in the Ascendant sign table.

Example: Birth data - July 2nd 1974, 10.45 pm, Cheshire.

|  | $\mathrm{H}^{\prime} \mathrm{M}^{\prime \prime}$ |
| :---: | :---: |
| 1 By 24-hour clock | 2245 |
| 2 Add sidereal time | 1838 |
| for date of birth |  |
| Result | 4123 |
| 3 Deduct for BST | 100 |
| Result | 4023 |
| 4 Deduct for Cheshire | 012 |
| Result | 4011 |
| 5 Deduct 24 hours | 2400 |
| Result | 1611 |

Between 16.01 and 17.06 hours Aquarius is rising. However, this is only ten minutes into the sign and as we are allowing up to $15-20$ minutes for error, if it does not quite seem to fit then what is written for Capricorn may be more applicable.

## Rising sign characteristics

## ARIES

Frank, outspoken, ambitious and determined. Energetic with good initiative and inventiveness. Good vitality, easily bored, always wanting to be doing things. Enthusiastic, demonstrative and a little selfish at times.

## TAURUS

Creative with strong artistic leanings, slow to anger but can be quite aggressive if pushed too far. Patient, reliable, steady and affectionate. Can be overly possessive. A love of the good things of life.

## GEMINI

Kind, willing, good selfexpression. Friendly, adaptable, helpful but temperamental. Dual natured; restless, curious, either quick or slow to
perceive. Very few real friends but many acquaintances.

## CANCER

Imaginative, intuitive, sensitive and tenacious. A love of family life and the home but travel often attracts. Usually feels his/her way through life. Conventional, cautious but can be changeable.

## LEO

Frank, impulsive, hasty and a born romantic. Can be an extremist at times and enjoys taking risks. Sport and outdoor activities attract. Faithful, strong vitality, can be stubborn, forgives but rarely forgets.

## VIRGO

Practical, methodical, inventive, quiet and unassuming, shrewd and restless, needs a push to get started. Often helped by those in a position of influence. Prefers to serve: often found in a form of service to or for others.

## LIBRA

Likes fair play and usually sees both sides of the question. Can lack common sense and either be indecisive or have a great sense of purpose. Artistic, social and diplomatic; refined, sympathetic and courteous. Dislikes disorder.

## SCORPIO

Determined and thorough. Reserved, proud, secretive and hard to understand. Lives life to the full, physically, emotionally and mentally. Extremism is common. Does not like to trifle - all or nothing. Can get things done and done well.

## SAGITTARIUS

Likes independence, outdoor activities and freedom. Philosophical and optimistic. Breezy and outgoing. Extraverted, generous and honest. Can be either lucky or unlucky. Demonstrative and always affectionate. Very few real trusted friends.

## CAPRICORN

Feet are firmly on the ground at all times. May have feelings of inadequacy and be unable to communicate properly. Patient and persevering, ambitious, ethical, slightly reserved but usually self-reliant. Hard working and reliable.

## AQUARIUS

Strong feelings of personal freedom and independence. Fun-loving, rebellious in some ways, strictly conformist in others. Refined, intuitive, fond of human nature. Sympathetic, capable and practical. Possesses a good mind, not over-emotional.

## PISCES

Sentimental, needs to learn to concentrate. Dreamer, easygoing, usually impractical, impressionable and emotional. Kind and just. Inclined to a life of pleasures. Can be lonely and may have a lazy streak Often found in a caring profession.

## UNIVERSAL SIDEREAL TIMETABLE 1900-2000 for Midnight/00.00 hours

Normally there is a different table for each year.
For the purpose of this article, it must be emphasised that this is a general guide only.

|  | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $06 \cdot 39$ | $08 \cdot 38$ | $10 \cdot 33$ | $12 \cdot 36$ | $14 \cdot 33$ | $16 \cdot 36$ | 18.34 | $20 \cdot 37$ | $22 \cdot 39$ | $00 \cdot 37$ | $02 \cdot 39$ | $04 \cdot 38$ |
| 2 | $06 \cdot 42$ | $08 \cdot 42$ | $10 \cdot 37$ | $12 \cdot 40$ | $14 \cdot 37$ | $16 \cdot 39$ | $18 \cdot 38$ | $20 \cdot 41$ | 22.43 | $00 \cdot 41$ | $02 \cdot 43$ |  |
| 3 | $06 \cdot 46$ | $08 \cdot 46$ | $10 \cdot 40$ | 12.44 | $14 \cdot 41$ | 16.43 | 18.42 | $20 \cdot 45$ | $22 \cdot 47$ | $00 \cdot 45$ | $02 \cdot 47$ | 04.46 |
| 4 | 06.49 | 08.50 | 10.44 | 12.48 | 14.45 | 16.47 | 18.46 | 20.49 | $22 \cdot 51$ | 00.49 | $02 \cdot 51$ 02.55 | 04.50 |
| 5 | $06 \cdot 52$ | $08 \cdot 54$ | 10.48 | $12 \cdot 52$ | 14.49 | $16 \cdot 51$ | $18 \cdot 50$ | $20 \cdot 53$ | $22 \cdot 55$ | $00 \cdot 53$ | 02.55 | 04.54 |
| 6 | $06 \cdot 56$ | 08. 58 | $10 \cdot 52$ | $12 \cdot 55$ | $14 \cdot 53$ | $16 \cdot 55$ | $18 \cdot 54$ | $20 \cdot 57$ | $22 \cdot 59$ | 00.57 | 02.59 |  |
| 7 | $07 \cdot 01$ | 09.02 | 10.56 | 12.58 | 14.57 | $16 \cdot 59$ | $18 \cdot 58$ | 21.00 | 23.03 | 01.01 | 03.03 | 05.01 |
| 8 | $07 \cdot 04$ | 09.06 | 11.00 | $13 \cdot 02$ | $15 \cdot 01$ | 17.03 | 19.02 | 21.04 | 23.07 | 01.05 | $03 \cdot 07$ | 05.05 |
| 9 | $07 \cdot 08$ | $09 \cdot 10$ | 11.04 | $13 \cdot 06$ | $15 \cdot 05$ | $17 \cdot 07$ | 19.06 | 21.08 | $23 \cdot 11$ | 01.09 | 03.11 | 05:09 |
| 10 | $07 \cdot 12$ | 09. 14 | 11.08 | $13 \cdot 10$ | $15 \cdot 09$ | $17 \cdot 11$ | $19 \cdot 10$ | 21.12 | 23.14 | 01.13 | $03 \cdot 15$ 03.19 | $05 \cdot 13$ |
| 11 | $07 \cdot 15$ | 09-18 | $11 \cdot 12$ | $13 \cdot 14$ | $15 \cdot 13$ | 17.15 | $19 \cdot 14$ | $21 \cdot 16$ 21.20 | $23 \cdot 16$ $23 \cdot 22$ | $01 \cdot 17$ $01 \cdot 21$ | $03 \cdot 19$ $03 \cdot 23$ | $05 \cdot 17$ $05 \cdot 21$ |
| 12 | 07.19 | $09 \cdot 22$ $09 \cdot 26$ | 11.16 11.20 | 13.18 13.22 | $15 \cdot 17$ $15 \cdot 21$ | 17.19 17.23 | $19 \cdot 18$ $19 \cdot 22$ | 21.20 21.24 | $23 \cdot 22$ $23 \cdot 26$ | $01 \cdot 21$ $01 \cdot 25$ | $03 \cdot 23$ $03 \cdot 27$ | $05 \cdot 21$ $05 \cdot 25$ |
| 14 | $07 \cdot 27$ | $09 \cdot 30$ | $11 \cdot 24$ | $13 \cdot 26$ | $15 \cdot 24$ | $17 \cdot 27$ | $19 \cdot 26$ | 21-28 | $23 \cdot 30$ | $01 \cdot 29$ | 03•31 | 05-29 |
| 15 | $07 \cdot 31$ | $09 \cdot 33$ | $11 \cdot 28$ | $13 \cdot 30$ | 15.28 | $17 \cdot 31$ | $19 \cdot 30$ | $21 \cdot 32$ | 23.34 | $01 \cdot 32$ | 03.35 | 05.33 |
| 16 | $07 \cdot 35$ | $09 \cdot 37$ | 11.32 | $13 \cdot 34$ | 15.32 | $17 \cdot 34$ | 19.34 | $21 \cdot 36$ | $23 \cdot 38$ | $01 \cdot 36$ | 03.39 | 05.37 |
| 17 | $07 \cdot 39$ | $09 \cdot 41$ | 11.36 | 13.38 | $15 \cdot 36$ | $17 \cdot 38$ | $19 \cdot 38$ | 21.40 | 23.42 | $01 \cdot 40$ | 03.43 | 05.41 |
| 18 | $07 \cdot 43$ | $09 \cdot 45$ | 11.40 | 13.42 | $15 \cdot 40$ | 17.42 | 19.42 | 21.44 | 23.46 | 01.44 | 03.47 | $05 \cdot 45$ |
| 19 | $07 \cdot 47$ | 09.49 | 11.44 | 13.46 | 15.44 | 17.46 | 19.46 | 21.48 | $23 \cdot 50$ | 01.48 | $03 \cdot 50$ | $05 \cdot 49$ |
| 20 | $07 \cdot 51$ | 09.53 | 11.48 | $13 \cdot 50$ | $15 \cdot 48$ | 17.50 | 19.49 | 21.52 | $23 \cdot 54$ | 01.52 | 03.54 | 05•53 |
| 21 | 07.55 | $09 \cdot 57$ | $11 \cdot 52$ | $13 \cdot 54$ | 15.52 | $17 \cdot 54$ | 19.53 | 21.56 | $23 \cdot 58$ | 01.56 | 03.58 | 05.57 |
| 22 | $07 \cdot 59$ | 10.01 | 11.55 | $13 \cdot 58$ | $15 \cdot 56$ | $17 \cdot 58$ | 19.57 | $22 \cdot 00$ | $00 \cdot 02$ | $02 \cdot 00$ | $04 \cdot 02$ | $06 \cdot 01$ |
| 23 | 08.03 | 10.05 | 11.58 | $14 \cdot 02$ | $16 \cdot 00$ | $18 \cdot 02$ | 20.02 | 22.04 | 00.06 | 02.04 | 04.06 | $06 \cdot 05$ |
| 24 | $08 \cdot 07$ | 10.09 | $12 \cdot 02$ | 14.06 | $16 \cdot 04$ | 18.06 | 20.06 | $22 \cdot 08$ | $00 \cdot 10$ 00.14 | 02.08 02.12 | $04 \cdot 10$ $04 \cdot 14$ | $06 \cdot 09$ 06.13 |
| 25 | $08 \cdot 11$ | $10 \cdot 13$ | 12.06 | 14.10 | 16.08 | $18 \cdot 10$ 18.14 | $20 \cdot 10$ $20 \cdot 14$ | $22 \cdot 12$ $22 \cdot 16$ | $00 \cdot 14$ $00 \cdot 18$ | $02 \cdot 12$ $02 \cdot 16$ | $\begin{aligned} & 04 \cdot 14 \\ & 04 \cdot 18 \end{aligned}$ |  |
| 26 | $08 \cdot 15$ | $10 \cdot 17$ | $12 \cdot 10$ | $14 \cdot 14$ | $16 \cdot 12$ | 18.14 | $20 \cdot 14$ 20.18 | $22 \cdot 16$ $22 \cdot 20$ | $00 \cdot 18$ 0 0 | $02 \cdot 16$ $02 \cdot 20$ | $04 \cdot 18$ $04 \cdot 22$ | $06 \cdot 17$ $06 \cdot 21$ |
| 27 | $08 \cdot 19$ $08 \cdot 23$ | $10 \cdot 21$ $10 \cdot 25$ | 12.14 12.18 | $14 \cdot 18$ $14 \cdot 22$ | 16.16 16.20 | $18 \cdot 18$ $18 \cdot 22$ | $20 \cdot 18$ $20 \cdot 22$ | 22. 24 | $00 \cdot 26$ | $02 \cdot 24$ | 04.26 | $06 \cdot 24$ |
|  | $08 \cdot 26$ | $10 \cdot 29$ | $12 \cdot 22$ | $14 \cdot 26$ | $16 \cdot 24$ | $18 \cdot 26$ | $20 \cdot 26$ | $22 \cdot 27$ | $00 \cdot 30$ | 02.28 | 04.30 | $06 \cdot 28$ |
| 0 | $08 \cdot 30$ |  | $12 \cdot 26$ | 14.29 | $16 \cdot 28$ | $18 \cdot 30$ | $20 \cdot 30$ | 22-31 | 00.34 | 02.32 | 04.34 | $06 \cdot 32$ |
| 31 | 08 |  | $12 \cdot 30$ |  | $16 \cdot 32$ |  | $20 \cdot 33$ | $22 \cdot 35$ |  | $02 \cdot 36$ |  | $06 \cdot 36$ |

## BRITISH SUMIMER TIME

The table below gives the dates of British Summer Time for a 65 year period up to the year 2000. The first and second columns respectively give the date and the time from which an adjustment was made, the third column gives the number of hours and minutes to be deducted in chart calculation.

| 14/04/1935 | 2:00 | -1:00 | 23/10/1966 | 3:00 | 0:00 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 06/10/1935 | 3:00 | 0:00 | 19/03/1967 | 2:00 | -1:00 |
| 19/04/1935 | 2:00 | -1:00 | 29/10/1967 | 3:00 | 0:00 |
| 04/10/1936 | 3:00 | 0:00 | Continuous | until |  |
| 18/04/1937 | 2:00 | -1:00 | 18/02/1968 | 2:00 | -1:00 |
| 03/10/1937 | 3:00 | 0:00 | Continuous | until |  |
| 10/04/1938 | 2:00 | -1:00 | 31/10/1971 | 3:00 | 0:00 |
| 02/10/1938 | 3:00 | 0:00 | 19/03/1972 | 2:00 | -1:00 |
| 16/04/1939 | 2:00 | -1:00 | 29/10/1972 | 3:00 | 0:00 |
| 19/11/1939 | 3:00 | 0:00 | 18/03/1973 | 2:00 | -1:00 |
| 25/02/1940 | 2:00 | -1:00 | 28/10/1973 | 3:00 | 0:00 |
| 04/05/1941 | 2:00 | -2:00 | 17/03/1974 | 2:00 | -1:00 |
| 10/08/1941 | 3:00 | -1:00 | 27/10/1974 | 3:00 | 0:00 |
| 05/04/1942 | 2:00 | 2:00 | 16/03/1975 | 2:00 | -1:00 |
| 09/08/1942 | 3:00 | 1:00 | 26/10/1975 | 3:00 | 0:00 |
| 04/04/1943 | 2:00 | -2:00 | 21/03/1976 | 2:00 | -1:00 |
| 15/08/1943 | 3:00 | -1:00 | 24/10/1976 | 3:00 | 0:00 |
| 02/04/1944 | 2:00 | -2:00 | 20/03/1977 | 2:00 | -1:00 |
| 17/09/1944 | 3:00 | -1:00 | 23/10/1977 | 3:00 | 0:00 |
| 02/04/1945 | 2:00 | -2:00 | 19/03/1978 | 2:00 | -1:00 |
| 15/07/1945 | 3:00 | -1:00 | 29/10/1978 | 3:00 | 0:00 |
| 07/10/1945 | 3:00 | 0:00 | 18/03/1979 | 2:00 | -1:00 |
| 14/04/1946 | 2:00 | -1:00 | 28/10/1979 | 3:00 | 0:00 |
| 06/10/1946 | 3:00 | 0:00 | 16/03/1980 | 2:00 | -1:00 |
| 16/03/1947 | 2:00 | -1:00 | 26/10/1980 | 3:00 | 0:00 |
| 13/04/1947 | 2:00 | -2:00 | 29/03/1981 | 1:00 | -1:00 |
| 10/08/1947 | 3:00 | -1:00 | 25/10/1981 | 2:00 | 0:00 |
| 02/11/1947 | 3:00 | 0:00 | 28/03/1982 | 1:00 | -1:00 |
| 14/03/1948 | 2:00 | -1:00 | 24/10/1982 | 2:00 | 0:00 |
| 31/10/1948 | 3:00 | 0:00 | 27/03/1983 | 1:00 | -1:00 |
| 03/04/1949 | 2:00 | -1:00 | 23/10/1983 | 2:00 | 0:00 |
| 30/10/1949 | 3:00 | 0:00 | 25/03/1984 | 1:00 | -1:00 |
| 16/04/1950 | 2:00 | -1:00 | 28/10/1984 | 2:00 | 0:00 |
| 02/10/1950 | 3:00 | 0:00 | 31/03/1985 | 1:00 | -1:00 |
| 15/04/1951 | 2:00 | -1:00 | 27/10/1985 | 2:00 | 0:00 |
| 21/10/1951 | 3:00 | 0:00 | 30/03/1986 | 1:00 | -1:00 |
| 20/04/1952 | 2:00 | -1:00 | 26/10/1986 | 2:00 | 0:00 |
| 26/10/1952 | 3:00 | 0:00 | 29/03/1987 | 1:00 | -1:00 |
| 19/04/1953 | 2:00 | -1:00 | 25/10/1987 | 2:00 | 0:00 |
| 04/10/1953 | 3:00 | 0:00 | 27/03/1988 | 1:00 | -1:00 |
| 11/04/1954 | 2:00 | -1:00 | 23/10/1988 | 2:00 | 0:00 |
| 03/10/1954 | 3:00 | 0:00 | 26/03/1989 | 1:00 | -1:00 |
| 17/04/1955 | 2:00 | -1:00 | 29/10/1989 | 2:00 | 0:00 |
| 02/10/1955 | 3:00 | 0:00 | 25/03/1990 | -1:00 | -1:00 |
| 22/04/1956 | 2:00 | 1:00 | 28/10/1990 | 2:00 | 0:00 |
| 07/10/1956 | 3:00 | 0:00 | 31/03/1991 | 1:00 | -1:00 |
| 14/04/1957 | 2:00 | -1:00 | 27/10/1991 | 2:00 | 0:00 |
| 06/10/1957 | 3:00 | 0:00 | 29/03/1992 | 1:00 | -1:00 |
| 20/04/1958 | 2:00 | -1:00 | 25/10/1992 | 2:00 | 0:00 |
| 05/10/1958 | 3:00 | 0:00 | 28/03/1993 | 1:00 | -1:00 |
| 19/04/1959 | 2:00 | -1:00 | 24/10/1993 | 2:00 | 0:00 |
| 04/10/1959 | 3:00 | 0:00 | 27/03/1994 | 1:00 | -1:00 |
| 10/04/1960 | 2:00 | -1:00 | 23/10/1994 | 2:00 | 0:00 |
| 02/10/1960 | 3:00 | 0:00 | 26/03/1995 | 1:00 | -1:00 |
| 26/03/1961 | 2:00 | -1:00 | 29/10/1995 | 2:00 | 0:00 |
| 29/10/1961 | 3:00 | 0:00 | 31/03/1996 | 1:00 | -1:00 |
| 25/03/1962 | 2:00 | -1:00 | 27/10/1996 | 2:00 | 0:00 |
| 28/10/1962 | 3:00 | 0:00 | 30/03/1997 | 1:00 | -1:00 |
| 11/03/1963 | 2:00 | -1:00 | 26/10/1997 | 2:00 | 0:00 |
| 07/10/1963 | 3:00 | 0:00 | 29/03/1998 | 1:00 | -1:00 |
| 22/03/1964 | 2:00 | -1:00 | 25/10/1998 | 2:00 | 0:00 |
| 25/10/1964 | 3:00 | 0:00 | 28/03/1999 | 1:00 | -1:00 |
| 21/03/1965 | 2:00 | -1:00 | 24/10/1999 | 2:00 | 0:00 |
| 24/10/1965 | 3:00 | 0:00 | 26/03/2000 | 1:00 | -1:00 |
| 20/03/1966 | 2:00 | -1:00 | 29/10/2000 | 2:00 | 0:00 |

# SELECTED LIST OF COUNTIES SCOTLAND 

| Angus | -12 | Highland | -18 |
| :--- | :---: | :--- | :--- |
| Grampian | -9 | Strathclyde | -17 |
| NORTHERN ENGLAND |  |  |  |

Cumbria $\quad-12$ Northumberland -6
Lancashire -10 Yorkshire $\quad-5$

MIDLANDS
Cheshire -12 LincoInshire -2

Derbyshire -7 Warwickshire -6
WALES \& THE WEST
Cornwall -20 Gwynedd -10
Devon -16 Hereford \& Worcs-11
Dyffed -16 Powis -13
Gloucs $\quad-9$ Somerset $\quad-12$
SOUTHERN ENGLAND

| Dorset | -8 | Kent | +4 |
| :--- | ---: | :--- | :--- |
| Essex | +3 | Norfolk | +4 |
| Hampshire | -6 | Suffolk | +4 |
| Hertfordshire | -1 | Sussex | -1 |

The conversion of latitude and longitude for some of the counties have been expressed as minutes of time to simplify your calculations. Simple adjustments can be made for areas not mentioned. Remember to check whether you must allow for Daylight Saving (BST) by deducting one or, in some cases, two hours according to your year of birth.

## ASCENDANT SIGN TIME CHANGES

| $00.02-03.09$ | Leo |
| :--- | :--- |
| $03.10-06.00$ | Virgo |
| $06.01-08.50$ | Libra |
| $08.51-11.40$ | Scorpio |
| $11.41-14.12$ | Sagittarius |
| $14.13-16.00$ | Capricorn |
| $16.01-17.06$ | Aquarius |
| $17.07-18.00$ | Pisces |
| $18.01-18.52$ | Aries |
| $18.53-20.00$ | Taurus |
| $20.01-21.47$ | Gemini |
| $21.48-00.01$ | Cancer |

These Ascendant times are average figures and are intended as a guide only. All times used in these tables are averages and it is possible that they may vary by up to five minutes depending on the the year in question.

Learning from our opposite
zodiac sign can give good results. There, our weaknesses are often strengths and our strengths become the opposite side's weaknesses.

Aries, wilful, headstrong and impatient, has a sad tendency to repeat past mistakes but Libra, weighing up all past experience, seldom does. Too often Aries is brusque and over forceful, causing hackles to rise, while Libra is the natural diplomat. Libran charm is legendary and Aries could learn by studying Libra's graceful manners and art of flattering attention.

But Libra, too, has much to gain from Aries' positive strengths. Pioneering Aries is usually very decisive and quick to try out a new idea. Libra's tendency to see all sides to a question can result in too much fence-sitting while opportunities slip by. Another useful Aries trait is that, when thoroughly depressed, a new scheme can often lift him/her out of the rut whereas Libra tends to flop rather too long.

Taurus can turn its sights to Scorpio. Superficially these opposites are surprisingly alike in shared determination and stubborn perseverance. And neither is afraid of hard work. The main difference lies in tolerance levels; usually high with Taurus and very low in Scorpio - but boiling point can be spectacular with both.

Recovery after anger is quicker with cheerful and kindly Taurus but Scorpio finds it extremely hard to forgive or forget. By studying and, hopefully, copying the Taurean ability to regain calm by helping someone weaker, the Scorpion could perhaps lessen that blood pressure.
From Scorpio, astonishingly perceptive, analytical and taking very little for granted, the Taurean can learn greater in-

## GAINING FROM THE OPPOSITION

by BEL BAILEY
sight - not taking everything at face value or judging people simply by their possessions.
Gemini and Sagittarius again have definite traits in common: excellent communicators, versatile and restless. The latter, however, is often more rebellious and forthright. Gemini is more likely to adapt to his companions for, as this is the sign of the Twins, he pines if forced to spend too long alone. Gemini could learn independence from his opposite for Sagittarians frequently live alone or go for solitary pursuits.
A natural philosopher, Sagittarius can also teach Gemini to look for a pattern in life to increase the sense of security. From Gemini, Sagittarius can learn to be less tactless - the Archer can often hit a companions's weak spot in all innocence. Both signs are likely to enjoy each other's stimulating company, tossing ideas around.

Cancer, the born homemaker, and Capricorn, sign of the businessman, certainly present opposite faces to the world. Cancer is usually deeply attached to home and family whereas Capricorn has a strong desire to go as far as posible in both status and career. Cancer tends to mull over the past but Capricorn is intent on the future. These differences mark out fields of neglect where each can gainfully consider the other.
The development of outside interests could benefit Cancerians but Capricorn could well afford to spend more time within the family. Both signs have a strong sense of duty but Cancer is capable of self-sacrifice while Capricorn has greater self-interest.

Capricorn will shoulder troubles alone whereas Cancer tends to seek a shoulder to cry on as his due for all that devotion. If Cancer could be a little more self-reliant and Capricorn share emotion a little more freely, both would benefit.
Leo and Aquarius share a kindly interest in their fellows but Leo's is authoritative and Aquarius' rather detached. Leos often display arrogance and self-confidence while a humorous quality is found in their opposite sign. The latter approach could improve Leo's rather domineering image.

Aquarians are full of surprises but the approval of others matters far less to them. The kingly Leo tends to worry about appearances so could cultivate a little of that Aquarien detachment. Leo's genuine warmth and desire to protect is an admirable quality and the Water Bearers should remember that one can be too 'laid back.'

Pisces the poet and Virgo the critic have sharp contrasts. Pisceans are sensitive, always worrying about others' feelings, often indecisive and too impressionable. Virgoans share the tendency to worry but are methodical and discriminating. They are as precise as Pisces is wavering and often uncertain.
Virgo can teach Pisces to reconstruct his life deliberately, coolly and dispassionately but is too prone to miss the wood for the trees - a mistake Pisces is unlikely to make in pursuit of beauty and mystery. The materialistic, practical Virgo could benefit from time to 'stand and stare.' Both groups are famous for their kindness to the sick though Pisces would go further to befriend the friendless. If these two would unite - the idealistic dreamer and the perfectionist - what a team they would make!

PISCES $\quad \cdots$

Poor Pisceans, they really aren't taken very seriously by the rest of the population. The general consensus seems to be that they're not actually on the same planet. Spaced out, escapist, living in a fantasy world, feet not on the ground they're almost an urban myth.

However, get to know a Piscean or two and you will soon find out that this tabloidstyle concentration on the negative aspects is, as ever, a scurrilous misrepresentation. Yes, Fishes are pretty slippery creatures and swimming in opposite directions simultaneously is not exactly immediately productive. But there's a lot more to the story.

In our trip round the signs of the zodiac, relating each to its traditional house and the hous-
es to the development of a human life, we have come almost full circle. Childhood and adolescence have been gone through and the lessons learned. The resultant mature individual has interacted with the world and made his/her place in it. All that's left is to return to the source as the circle is completed in the 12th House.
The 'urge to merge' perhaps most closely defines the underlying principle of Pisces. It's as if the tide of consciousness has been 'taken at the flood' to achieve the destiny of the person and is now ebbing back into the ocean of the great unconscious ready for the next wave.
Pisces has to do with the unconscious, the numinous, what is hidden away, undefined and indefinable in the everyday


## by JOHN YATES

world - that which has no boundaries except where it comes up against something else - where all merges into one.

Aside from being the Fishes' obvious home, the ocean is an appropriate analogy on various counts. Firstly, this is the emotional Water element to end all. In astrological terms, you can't get anything more liquid than Mutable Water. It just flows in

## Pisces' year ahead

## A preponderance of planets in the South

 Eastern quadrant of your Solar chart for the year ahead suggests that Pisceans could have more opportunity than they have had in a long while for 'putting themselves about' - should they so want it. The problem may be that you decide not to want it - if that is really a problem. You'll probably enjoy it either way.Let me explain.
The majority of planets in the Eastern half of the chart normally denotes going out and 'happening to the world' rather than being the apparent plaything of circumstance. If they are also above the horizon, in the Southern part of the horoscope, it usually means an even more public stage on which to play out the various energies.

One thing can countermand this, however, and that is when, as here, those planets are in the 12th House which is not public at all, just the opposite in fact. Additionally, since the 12th House is Pisces' own, there is likely to be a certain comfort in the placement, making it less urgently challenging.

What this seeming contradiction indicates is that the onus is upon you to use it as you will. Where desire leads, energy invariably follows so that, if you are intent upon achieving great things, you will be able to operate from a position of strength, having had the privacy of the

12th in which to work out your strategy beforehand. If, alternatively, you're just yearning for some peace and quiet, you can have that, too, with such a line-up and your internal life will be what receives the benefit the planets have to bestow.
It really is your choice but, to assist you in making it, let's look at what's at your disposal.

Conjunct the 12th cusp is Neptune, your ruler. He is still in Capricorn, the Saturnian character of which can give your hopes, dreams and psychic perceptions more tangible form than is usually the case. He is also trine - a favourable aspect - to Mars in Libra in the 7th House. This can provide energy, especially in partnership with someone else. Put it together and, if you have a pet project that you want to materialise, now is the time to get the requisite help and go for it.

Jupiter, your co-ruler, and Uranus are also in there, in close conjunction and sharing an even stronger trine to Mars. This indicates a wealth of possibilities from deep spiritual insights through lucky breaks out of the blue to someone else's sudden idea being just what you need to get you to your objective.

Mercury and Venus form a third conjunction. Your mind should be pleasantly inspired, if maybe a little off-beat, and these two planets' combined presence adds weight to the whole configuration.
and around and takes on the shape of whatever contains it.

Secondly, much of what every sign encompasses derives from its ruling planet/ god/archetype and, in Pisces' case, this is Neptune, mighty Poseidon, god of the seas.

So we get the impression of boundlessness and fluidity which manifests as not having the same demarcation lines as the rest of the signs - and the corresponding sense of unreality. The Fishes seem to breathe of a different substance.

However, Neptune - and the 'old' ruler Jupiter, here representing expansion beyond normal boundaries - are powerful and sometimes angry gods. Also, the sheer force of a stormy sea is awesome to behold and can easily smash rock so, for all the dreamy, fluidic qualities, don't get the idea that these people are weak, however malleable they may appear!

Just as a calm sea looks

POSITION IN THE ZODIAC
TWELFTH SIGN
CORRESPONDING TO FEBRUARY 19 TO MARCH 20
PRINCIPLE CHARITY
ELEMENT WATER
QUALITY MUTABLE

PLANETARY RULER JUPITER/NEPTUNE
SYMBOL THE FISHES
peaceful until the wind gets up, they can be deceptive on that account. The truth is that the power is muted and subtle. The boundlessness manifests through Water's ability to feel and flow into any shape it pleases.

It is little wonder, therefore, that two of the lines of work containing a high proportion of Pisceans are the caring professions, where their shapeshifting prowess expresses itself as empathy and compassion for the weaker and less fortunate, and the performing arts where it flows into and animates a stage persona. It's all
illusion - but very effective. And their innate psychic ability tells them where and when to direct it.

Pisceans' easy charm and downright pleasantness may come from an only tenuous contact with so-called reality. Thus they may be more easily led astray, abused and addicted - or create the fantasy which does the same to others.

But theirs is the domain from which all life as we know it sprang. Could it be that they are actually already living in a greater reality - the source to which we all really belong?

Now, having outlined that all these trends are favourable for getting out there and 'socking it to them' doesn't mean that this is necessarily the preferred option. All these placements equally could mean that you decide to withdraw, go on a retreat of some kind and receive enlightenment. If that's what matters to you, again, go for it. Pluto is sitting fair and square in the middle of the 9th House - and in Sagittarius - there aren't many better indicators of a transforming experience of the higher mind!

However, before you get to thinking that it's roses, roses all the way, I have to say that some effort will be demanded, whichever manifestation you choose. Saturn opposes Mars from Mars' sign of Aries in your 1st House.

Traditionally, these two were regarded as the greater and lesser malefics. They have been somewhat rehabilitated in recent years as we have come to realise that apparent catastrophe can sometimes be a saving grace from something far worse but, nonetheless, treat these two with respect - and kid gloves.

One negative outcome of this aspect, plus a connection to Jupiter/Uranus, is that in finding your confidence boosted, you go completely over the top and alienate your partner by an overly dogmatic attitude. With the Moon's North Node conjuct Mars you do have some emphasis on partnership matters in this coming year so
beware of such volatile possibilities.
The other side of the coin, though, is that, if you play your cards right and buckle down to whatever has to be taken seriously, the energy flows the opposite way through this configuration and sudden progress can be made. This should not be too difficult. Again, Pluto comes into the pattern to provide sufficient singlemindedness to get you where you want to be.

Finally, the Moon which, as the 'handle' of a 'bucket' formation of all the planets receives considerable emphasis. She is in her home sign, Cancer, and therefore powerful. She is also in your 5th House which is concerned with creation and recreation - hence children, sport, love affairs and any creative endeavour, whether professional or on an amateur, hobby level - just about anything one does for its own sake, for the love of it.

Put simply, you will have plenty of scope for self-expression in any of these areas which appeal to you and, if your abiding wish is to make such things more public in some way, that too should be possible and successful. A weak minor aspect could yield a temporary case of 'writer's block' in some fashion relevant to what you are doing but it is little more than a passing irritation.
All in all, if you put in the efforts mentioned, by 12 months hence you should be able to look back at this year with considerable satisfaction.


1 Career advancement likely, a sudden step-up or a more promising side-step.

2 Social life perks up. A new, closer relationship with someone at work could blossom.

3 On/off Summer romance might be a little disturbing. You need to think clearly about the immediate future.

4 Quiet until about June. Work-related
$\star$ matters, social and romantic life start to take off.

5 An intense 12 months seeking more personal freedom and changes.

6 Close personal relationships, including family, may be spoiled by a new, selfish attitude.

7 Mild, quiet time with a tendency to get hooked into all sorts of activities.

8 Terrific year - especially if in
$\star$ creative or artistic professions. Lots of little 'lucky' periods.

9 Innovate with caution. Mostly, there will be few problems. But!

[^4]11 Will suit the entrepreneur or opportunist. Many fingers, many pies.

12 Losses likely. Best not to move house or buy and sell property.

13 Excellent 12 months! Very $\star$ promising all round.

14 Exciting and vital year. However, you will tend not to trust your judgment as opportunity arises.

15 Plain and simple indecision will cost you. An uncaring attitude won't help either.

16 Stormy family relationships. Say what you mean and mean what you say. Let folk know exactly where you stand.

17 Outgoings likely to exceed income around your birthday. Quiet year otherwise.

18 Hard slog most of the time but some silver clouds around February '98.

19 Multi charged year. Little time to $\star$ stop and think - just enjoy.

20 Employment/career difficulties. Likely to become pedantic or too idealistic.

21 A fluctuating variety of moves and changes considered - and taken.

22 People or things from the past pop up from time to time and cause a few heartstrings to get zapped.

23 Intensely emotional period from about August through to January.

24 Career and employment move on apace. Personal affairs may not.

25 May sometimes promise a little $\star$ more than you can deliver but this is a year to enjoy to the hilt.

26 To balance out your talents and abilities accept any reasonable offer of a partnership.

27 May seriously think of moving to get away from interfering relatives.

28 New interests or ambitions. Career move possible in February/March.

29 Busy year - nothing specific to look out for. Popularity improves.

30 More responsibilities and other folk may not be as co-operative as usual.

31 A relationship with someone older needs a much more mature but relaxed approach.


Dialt:Medium THE CAL THAT cOULD cHANEE YOUR DEGTNY Nand $\begin{aligned} & \text { LET JOHN JAMES } \\ & \text { \& OTHER FAMOUS } \\ & \text { INTERNATIONAL } \\ & \text { MEDUMS PREDICT } \\ & \text { YOUR FUTURE on }\end{aligned}$ LOVE - MONEY HEALTH • CAREER RING NOW FOR A PERSONAL GIFT Postal Reading
(OF TRANSCRIPT)

## (0) 0 $5 \rightarrow 4.04$ <br> EIRE CALLERS RING 1550151160 <br> DAM LTD, PO BOX 13, L15 4FQ Calls cost 45 p per min cheap rate; 50 p per min all other times. Eire calls 58 p per min, all times, inc. VAT

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old Horned God of the woods, whose rituals were especially important at the Spring and Summer festivals, slowly evolved into a satanic figure called the Devil, complete with horns and forked tail!

There are many other examples scattered throughout folklore and mythology where such figures have become 'evil entities' once a new religious belief has taken them over. This is achieved mainly through repression and suppression; enabling the newer God-figures to succeed, unencumbered by earlier mystique or influence.

In time this happens to all religions. It would be interesting to see how the current religious Godhead is, in turn, transformed into a debased figure once a new religion is established some time in the next century.

## GREEN LIGHTS

On three occasions in 1992 I awoke during the night to find a row of green circles on the floor beside my bed. I have not seen them since but wondered if you could solve the mystery of what they were and why they were there. - G.J., Ellesmere.

Providing that you can eliminate all other sources - such

# graphology 

(continued from page 14)

This sample appears to have been made by a teenager though one should not normally draw definite conclusions about the age or gender of a writer. So many errors can be made by jumping to snap judgments and beginners should be aware of this.

Psychological diagnosis from handwriting has many pitfalls which await anyone
name, as you will only find that the crystal will blank out again.

Do also read any of the available books on scrying as these will provide guidance. I would suggest you place the uncovered crystal by your bed for a while, perhaps a few weeks. This method of 'tuning in' will allow your vibrations to be absorbed into the crystal, after which you should find a considerable improvement during scrying sessions.

## OLD GOD, NEW DEVIL

Is it true that Godfigures of earlier religions are debased by those that supersede them? - P.R.P., Scarborough.

There is an old saying, 'the God of the old religion becomes the Devil of the new.' This is certainly true where Christianity is concerned; the
who is too speedily enthusiastic. But, tackled with care and a sensible approach, many surprising developments will materialise. I always encourage beginners and if contacted will be glad to help with pleasure.

The fifth and last specimen has extremely small i-forms. The slant has some variabilities in spite of it looking upright. The more a slant appears unsteady the greater will be the emotional force in the personality structure. This will often be confirmed if the base-lines are wavering and uneven.

It is not always easy to produce a straight and balanced
base-line; it requires a regular degree of willpower. Accordingly one will know those who use printed lines beneath their paper when writing. This has an implication even by itself.

The fourth example actually has a faint number of lines already printed on the paper as a guide. Example two seems to get nearer a straight base-line when compared with the others.

Testing a base-line by eye is not always efficient. Putting a rule or piece of paper underneath makes things much easier. It may be noticed that four of these examples give the im-
as reflected light, a gap in the curtains, etc - then these green lights do take on a special significance. You may well see them again in the future but, in the meantime, are being told to take the first steps towards achieving special goals and to grasp opportunities that will lead you in new directions.

You have, in effect, been given the green light to go ahead!

## CUTTING NAILS

I have been told that finger or toe nails should not be cut on certain days but do not know which ones. Also, when is it best to cut nails? G.N.O., Bath.

There are many superstitions about cutting nails, the most important one being that all clippings should be destroyed at once in case they fall into the hands of those who might use them for magical purposes. In general, the period following a New Moon up to a Full Moon is supposed to be the best time to cut nails.

In particular, a Monday is considered the best day of all as it ensures a new, healthy growth. Tuesday cuttings will bring money; Wednesday parings ensure news will follow; Saturday trimmings link to a
new relationship that leads to love.

But superstition dictates that you should not cut nails on a Friday as sorrow will be experienced. Nor on a Sunday because, according to folk lore, the Devil will follow you around for a week!

## OOBE

I had an out-of-the-body experience where I could see myself lying on the floor injured. My grandmother came to mind; there was a sudden golden flash and I felt she was with me, taking away the pain and making me feel very calm. - E.O., Barnsby.

Your grandmother's spirit was obviously very concerned about you. As it was not yet time to leave your body permanently, she undoubtedly helped you in a protective way to return to your physical body even though you were hurt. I hope that your grandmother will continue to offer this kind of help and protection in the future.

## HOLY WRIT

Recently I read that the Roman Catholic Church was starting up magazine horoscopes but have been unable to uncover more details. Can
you help, please? - J.P., Hove.

This feature is called 'Christian Horoscope' and is published in the Italian magazine Novica each week. It gives advice for the 12 zodiacal signs but is usually based on the New Testament or the writings of St Francis of Assisi. This seems especially appropriate as Roman rumour maintains that a Franciscan priest writes the horoscopes.

## TRINITY

Is the idea of a trinity exclusive to any one religion? P.K.L., Birmingham.

There seems to be a continuity of belief in a trinity throughout many world religions rather than such an idea being confined to just one. Some cultures, for instance, believe that one or all of the trinity incarnate as gods, forming further groups of three.

Christians, of course, believe in a godhead formed by Father, Son and Holy Spirit. This has originated largely from other religions such as the trinity of Maiden, Mother and Crone in Goddess worship. Also, many Indian and Egyptian pantheons have a similar triplicity of gods rather than a single deity.
pression that they are upright but, if observed more carefully, there are fluctuations. Thus we have different degrees of emotional excitement.

However, the uprightness itself points to an impartial and objective type of thinking. It is regrettable that these samples are only one-liners. It would be preferable to show full pages. Space is important so one has to act accordingly.
Pressure is another very important factor in the assessment. This may be altered by the emotional reactions at the time of writing. If it is light, the writer will be sensitive and pos-
sibly lacking in drive at times. Heavy pressure implies a depth of feeling responses, determination, someone not easily relieved of emotional demands.

Irregular and uneven pressure gives evidence of change in behaviour and mood. A really unreliable individual regarding the next move will have uneven pressure, irregular slants, different sizes of letter forms and a variable base-line. A stable one will write with an even base-line, regular slant and a constant height and size of lower case letters.

One must not be influenced
by the look of the writing in general. Good or bad scripts do not necessarily imply a good or bad type of character. Some of the worst criminals and artful schemers produce a very 'nice' style of writing while a highly intellectual person may produce 'bad' writing.

Similarly a beautifully elaborated script need not be made by someone who is artistic. Consequently there are some poor misconceptions about handwriting but close inspection of a script by a competent graphologist will uncover a considerable amount of a writer's personality structure.

## The MASTER GRIMOIRE of MAGICKAL RITES \& CEREMONIES

The Master Grimoire of Magickal Rites and Ceremonies will probably be the most controversial document we have ever offered to the public. Not least because it contains some of the most powerful magickal formulae of all time. "But haven't other books made similar claims?" you may ask. True, but they were ordinary books. This is a grimoire, in fact a "MASTER GRIMOIRE". And there is a big difference between an ordinary "book" and a "grimoire". A grimoire, simply defined, is a "working manual of the practice of The Secret Arts". It is not an ordinary self-help or "positive thinking" book. It is an exceedingly precious magickal document, and magickally so important that we have confidentially sealed every copy of this Master Grimoire with a strict notice expressly forbidding anyone to open it other than the person who has ordered it

One or two modern grimoires" have appeared in recent years with magickal formulae of worthwhile use. These grimoires were on open sale in many shops. They were very good and news reached us about how they had helped many people. But "The Master Grimoire of Magickal Rites \& Ceremonies" is not for sale in bookshops and never will be. And unlike other modern grimoires it is a preciously serious document for the aspiring magician who SEEKS GENUINE INSTANT CHANGES IN HIS CIRCUMSTANCES. But this is not to say that one must already be a practising magician in order to perform the rites and ceremonies given in this grimoire. It is inconsequential whether you are already a practitioner of the magickal arts or not. All that matters is your sincerity. But sincerity in what? Sincerity to seek whatever you desire in life . . . power . . .money . . . a better life . . . prestige . . .spiritual advancement.

The Master Grimoire is above all else a practical document. It presents the world of ceremonial magick in a practical manner. It is a thoroughly unique document in that it is THE ONLY WORK EVER TO REVEAL THE SECRETS OF THE OLD, BANNED GRIMOIRES, and present them in a TOTALLY WORKABLE AND PRACTICAL MANNER FOR THE MODERN PRACTITIONER. That is another reason why this work will attract controversy. Many magicians, of the selfish variety, will detest the fact that the age old secrets of powerful grimoires are being revealed in this document. So called "occultists" will declare that such knowledge should not be made known so easily. These people have their own selfish reasons, for being jealous of the precious knowledge now revealed to the layman in this work. This Master Grimoire is a defiance knowledge now revealed to the layman in this work. This Master Grimoire is a defiance
of such controversy and small-mindedness! Such esoteric knowledge, its author believes, can be of stupendous benefit for so many and should not remain the special property of a very tiny, greedy minority.

This Master Grimoire is a work consisting primarily of EGYPTIAN AND CABALLISTIC MAGICK; the two most potent systems of magick in existence. Much has been written about these systems, but little has ever been given away as to how they could or can be used for the attainment of practical objectives. Hypocritical modern occultists say that it is "wrong to use these powers for the pursuit of money. power, etc." whilst conveniently ignoring the fact that THE ANCIENT MAGICIANS USED SUCH POWERS FOR THESE VERY PURPOSES!

Belony and hypocrisy is kept out of this Master Grimoire. It is a practical, modern grimoire for the man and woman of today. In fact we think you will find it to be the most revealing magickal document that you will have ever read. Whilst giving the TRUE SECRETS OF CHANGING SITUATIONS THROUGH CEREMONIAL MAGICK it also explains the "why" and "how" of magickal operation. It demolishes the traditional myths surrounding "white" and "black" magick; and reveals so much concerning the philosophical aspects of magickal practice that may even cause some "old hands" at magick to re-examine their beliefs and attitudes! The philosophical aspects of The magick to re-examine their beliess and attitudes! The philosophical aspects of The
Master Grimoire are related only to the practical applications of the magickal rites and ceremonies that it contains. This is not a scholarly work. It is utterly down to earth and practical. And it contains the most powerful magickal formulae ever revealed (much of it, incidentally, being very simple to perform: not involving hours of preparing strange herbs, etc., as found in many occult books). It is not a question of whether these rites and ceremonies "will work or not", but whether one actually wants what one desires in the first place. The author cautions the reader on this point. Do not use an Egyptian rite for prosperity unless you really want prosperity; do not use a caballistic ceremony to gain the love of another unless you really want that love. This may seem unnecessary and even silly advice, but one is dealing with POTENT MAGICKAL FORCES, never revealed in full to the layman before, THAT ARE AS AUTOMATIC AS DAY FOLLOWS NIGHT IN THE EFFECTS THAT THEY CREATE. You may read this grimoire for magickal inspiration and knowledge, but do not apply its contents unless you are absolutely sure and sincere that you want the things that you seek. The author of The Master Grimoire is Nathan Elkana, a multi-millionaire with worldwide business interests. Of course this is not his real name; a true ceremonial magician will never reveal his true identity as secrecy in all matters magickal is always essential. He has studied and practised ceremonial magick for over 20 years. Before he began práctising magick he was totally broke and without a friend in the world. That his fortunes should change so radically following his initiation into ceremonial magick can certainly be no coincidence. "To practice Egyptian and Caballistic Magick is to practice the art of becoming rich and powerful. Only a fool or a saint, once possessing such powerful magickal formulae, would turn his back on the fabulous dividends to be obtained from practising such magick". With the full confidence of a Master Adept he reveals the awesome secrets of Egyptian and Caballistic Magick in a direct, "prove it for yourself" manner. "It is not necessary for me to spend chapter upon chapter trying to convince the reader of the powers of ceremonial magick. One week of practising the Secret Arts will convince one a thousandfold of the powerful efficacy of these formulae". Nathan Elkana's work is carefully documented with many true stories of how people in apparently hopeless and desperate situations transformed their plight through the invincible powers of ceremonial magick. But the case histories of this grimoire are small compared to the wealth of vitally important instruction and information given.

A brief description of the contents is as follows

- In nine days flat a desperate unemployed man receives $£ 2,800$ "out of the blue", a tax rebate, and a lucrative job offer, after performing the Money Magick Rite
- In one month a man lands a $£ 5,000$ lottery win and gets a job promotion worth £1,600 - A young waitress, not particularly bright or attractive, tries Caballistic Magick in an ambitious bid for wealth. Two years later she has become a millionare, owns several restaurants, and marries a rich banker.
- A special money rite for "immediate day-to-day" situations. Extremely simple it is for those desirous of meeting short-term financial obligations
- Unveiled: Caballistic Secrets of Moses and Soloman
- The truth about astral travelling. Many authors complicate this subject. others over-simplify it: the result is that few ever achieve it. The Master Grimoire explains exactly how it is achieved, and reveals the secret magickal rite for attaining a successful astral projection within one week of beginning the instructions.
- Astral travelling is absolutely safe, even fun. Practical uses are illustrated by true stories such as the one of how a woman satisfied her suspicions about her husband's nocturnal activities during his business trips abroad
- A woman, disillusioned with the non-result of spells to get her lover back, turns to the powerful forces of a Caballistic Rite. Within days he is back. This particular rite should only be used when all else has failed. It is particularly powerful and fast-working - A young ambitious man feels "blocked" from getting ahead by those above him. The Caballistic Power and Domination Rite changes the situation overnight.
- Tired of her husband's bullying a woman finds a highly effective magickal formula for dealing with him
- Beauty, intelligence, money are no match for winning the opposite sex compared to the awesome powers of Caballistic Magick! Highly potent formulae are shown for getting any beautiful women or handsome man
- An ancient Egyptian rite, 3000 years old, miraculously saves a businessman from bankruptcy!
- A young man. always taken for granted by people, tries magick and almost overnight finds himself the centre of admiration and respect! Even his marriage was saved as his wife began to see him in a new light.
- The Enemy-Defeating Rite: for taking care of those who unfairly oppose you - A middle-aged widow, in financial difficulty, unexpectedly gets and weds a wealthy bachelor.
- To Compel a Stranger to Introduce Himself/Herself Caballistic ceremony it builds an irresistibly magnetic-compelling effect on the person you wish to influence Perhaps not "ethical", but if you really want someone this will work for you.
- Make Someone Contact You Rite: can be used for all sorts of situations, including re-awakening the interest and passions of an old flame!
- The "Bombshell" Venus Love Ceremony: it enabled one girl to get her boyffinend back from a rival. and persuaded him to marry her immediately! Another woman used it on her always "too busy" husband and found him turn into a hot latin lover! - A woman, plain and unattractive, found her true Soul Mate and became the envy of her more attractive sisters
- A middle-aged man. distraught at his wife walking out on him, turns to ceremonial magick. Within a week she is at the door
- The magick power of talismanic seals. Plenty of books abound on this subject. most of them full of theory and speculation. In The Master Grimoire you get the know-how of "Caballistic magick forces" and you are shown how to instantly use talismans to change your luck and fortune. Avoiding the complications of most books The Master Grimoire shows how to immediately "charge" magick talismans to help you study better, pass exams, possess lustful effect on the opposite sex, gain frequent wins at bingo and other games of chance, attract good luck in all undertakings, gain physical protection wherever you go, and much more. The Master Grimoire is priceless for just this one chapter alone!
- How to use magickal ritual to heal yourself and others. Demonstrates the powerful healing methods of ceremonial magick. A woman who had suffered for years without relief from a paintul stomach ulcer suddenly finds pains greatly reduced after trying magick. A month later her doctor pronounced her completely healed. Even more amazing stories of miraculous healings of "hopeless" cases are related!
- A fabulous ancient beauty rite: a woman in her mid 30 's uses it and finds facial lines receding. Four years later they still haven't reappeared! An unattractive man uses it and suddenly finds himself the centre of female attention
- The sensational Ancient Youth Ceremony: partially revealed in other grimoires, but here it is in its complete form for the first time! This is a centuries old jealously guarded magickal secret, and like the other rites and ceremonies is very easy to perform! Case histories include an elderly man who gains incredible virility; a woman loses weight and feels 25 years younger - even attracting the attention of younger men; a middle-aged divorcee finds herself transformed, facial lines receded, hair texture stronger, bust firmer, and as an exciting "bonus" acquires an adoring young lover!
- Evil-crushing magickal ceremonies that reverse psychic attack, and create total invisible protection for yourself, for loved ones, and property!
- Master Grimoire techniques that triple the power, speed, and effect of all your magickal workings.

The Master Grimoire of Magickal Rites \& Ceremonies is a 240-page book made of the finest materials for the use of a lifetime. So precious and sought after are its content that we believe future generations would be ready to pay thousands! For as long as it remains in print by Finbarr the price remains $£ 19.95$ post paid. Overseas send $£ 24.95$ for air mail. Send to: Finbarr International (P), Folkestone, Kent CT20 2QQ. Delivery within ten days; if in hurry write 'PRIORITY' on face of envelope and add 50p. Callers call collect at 113 Dover Rd, Folkestone (Mon.-Fri. 8.30-5.30).

# The Black Mardoma 

by CHARLES STEWART

## The Madonna is traditionally regarded as a Christian symbol but there is a far older version.

One of the most mysterious and enigmatic survivals of pagan belief into the Christian period is the cult of the Black Madonna or Black Virgin. This cult was widespread in medieval Europe and shrines dedicated to the Black Virgin can be found in churches and cathedrals in France, Italy, Switzerland, and Spain. As we shall see, this cult was also exported to Mexico and South America by European colonists.
Various theories have been put forward to explain, or explain away, why these statues of the Virgin Mary should have been coloured black. Explanations range from claiming it is because they were discoloured by incense and candle smoke, to saying they represent the Middle Eastern mother of Jesus who was brown-skinned or sunburnt.

An alternative explanation is that the Black Madonnas originally did not represent Our Lady at all but a far older image of the feminine principle dating from pre-Christian times who was depicted as black-faced. This feminine principle was variously known as the Black Isis, Cybele, Persephone, Hecate and Diana-Artemis.

Before the advent of Christianity from the Middle East, the pagan peoples of Western and Northern Europe were already familiar with myths about virgin goddesses who gave birth to gods at the Winter Solstice. These gods died in a sacrificial manner, descended to the Underworld and were reborn. It is evident that many of these mythic elements were adopted by the early Christians and projected on to the life of
the Jewish rabbi, Jesus of Nazareth.

Miriam or Mary was first given the title 'Mother of God' and 'God bearer' in the 5th century AD. At first these names were criticised as they were titles more usually given to pagan goddesses. At the Council of Ephesus in 431 AD, Mary was officially proclaimed as Theotokos, or 'Mother of God.'

Shortly afterwards the festival of the Purification of the Virgin Mary was established near the date of the Old Celtic festival of Imbolc on February 2nd. In pagan times this date was celebrated as the Festival of Lights and the Church adopted this symbolism with the use of torches and candles.

The Annunciation of the Virgin was fixed on March 25th, near the Vernal Equinox, and became known as Lady Day. The Virgin Mary also took on other pagan titles including 'Queen of Heaven' and 'Stella Maris' or 'Star of the Sea.' In addition she was depicted with a crown of stars, a star-spangled blue robe and a Lunar crescent as her symbol: all attributes associated with the Egyptian goddess Isis.

Many of the Black Virgin shrines in France date from as early as the 6th century. In 507 AD Theodechilde, daughter of Clovis, first Christian king of the Franks, discovered an image of the Black Madonna in a forest glade guarded by a lioness.

However, the most famous Black Virgin shrine in France is the one to be found at the medieval cathedral of Chartres. In the Middle Ages her image was located in an underground
grotto below the church, which was also the site of a holy well dating from the pre-Christian era.
This statue of the Virgin was carved from an ancient pear tree and was blackened with age - hence its title. Local legend says that it predates the Christian cathedral and was in fact placed in the grotto by local Druids in pagan times.

It is said that the Archdruid had a dream in which an angel told him that a new god had been born with a virgin mother, so the Druids carved the statue and placed it in their shrine. The Christian missionaries who came to the pagan shrine were amazed to find that the Druids were already revering a virgin and child.

The mound where the Christian shrine to the Black Madonna was built was the site of a prehistoric burial chamber. In Celtic times Chartres was already regarded as a special place that emanated a spiritual power and was known as 'the sanctuary of sanctuaries.' The story of the Archdruid's dream, rather than being an omen of the arrival of the new religion, may be based on the fact that in ancient times the site was a centre for the worship of the Great Mother Goddess.

As mentioned earlier, the European colonists of the New World brought with them the concept of the Black Virgin and her cult took over existing pre-Christian sites of worship. In 1531 a Mexican Indian called Juan Diego allegedly experienced a vision of the Virgin Mary as the Black Madonna.

The vision told him that she wanted a church erected on the site and this became the world-famous shrine of Our Lady of Guadaloupe. Today it is visited by thousands of pilgrims and the Virgin is regarded as Mexico's national saint.

However, in 1996 there was uproar when the Catholic abbot in charge of the shrine questioned the historical authenticity of the legend and queried whether Juan Diego had actually existed. He was forced to resign after suggesting that the character of Diego had been fabricated by the Spanish conquistadors.

Their purpose, he suggested, was to fuse the indigenous paganism of the country with Roman Catholicism. Indeed the story of Diego's vision did lead to mass conversions of the native peoples which, along with the quest for gold, was one of the aims of the Spanish conquest.

It has been pointed out that the site on which Juan Diego saw his vision was previously an ancient shrine to the Aztec goddess Tonantzin, whose name means 'Mother of the gods.' All her children were stellar deities and after Mexico was converted to Christianity they became transformed into angels and Catholic saints. As in Europe, the two religions fused and pagan beliefs became absorbed into seasonal customs and folk magic with a Christian veneer.

In Europe many of the Black Virgins were discovered in caves or grottoes and this is a classic example of how the Marian cult took on the attributes of the earlier pagan goddesses. In pre-Christian times caves were regarded as oracu-
lar shrines and initiation chambers into the Mysteries.

Symbolically they represented the womb of the Earth Mother from whom humanity was born in primeval times. Early scenes of the Nativity portray Mary giving birth in a shepherd's cave and pagan gods of light, such as Mithras, also had virgin births in caves.

As the Christian version of the old goddesses of the Earth and the Underworld, the Black Madonna had a special role. In pagan mythology the Black Goddess represents the forces of regeneration, rebirth and transformation. Symbolically the seeker of truth is reborn from her Cauldron of Inspiration and Creation as an 'enlightened one.'

In medieval fairy tales and legends the black-faced one is also the aspect of the Goddess who has sovereignty of the land. She is the old hag who seeks an embrace from the questing knight.
If he refuses her request, he forfeits the chance to attain the kingdom - materially or spiritually. However, if he agrees without showing any sign of revulsion the ancient crone is transformed into a beautiful queen. He is then granted the keys of the kingdom and becomes the sacred king of the land.

In both these aspects, as the initiator and king-maker, the Dark Goddess is also the 'Goddess of the Grail.' Originally the Grail was the ultimate symbol of the feminine principle and it was only later that it became the cup used by Jesus at the Last Supper.

This is a powerful symbol that brings together both the pagan and Christian Mysteries. Indeed, the inner mystery of the Dark Goddess and the Black Madonna is revealed in this fusion of Christian and pagan symbolism. It is a mystery which transcends religious faith and belief because it is an eternal truth about life, death and rebirth which is as old as humanity itself.

Coinneach Odhar, also known as Kenneth Mackenzie or Kenneth Ore, was born at Baile-na-Cille in Uig on the Isle of Lewis sometime in the middle of the 17 th century. As a young man he went to live on the Brahan Estate of the Seaforth Mackenzies by Loch Ussie. His connection with this family would later lead to his early and violent death.

Legend states that Coinneach, who incidentally spoke in Gaelic, acquired his gift of prophecy while working on the Brahan Estate cutting peat. It is said that while waiting for his wife to bring his dinner he fell asleep in the long grass and, being disturbed, woke up to find a smooth holed stone beneath his head.

He lay there looking at the unusual stone and peered through the hole and was amazed to see an image of his wife bringing his food. Through the prophetic stone he was made aware that the food, unbeknown to his wife, was contaminated, poisoned.

Another story tells of the lady of Brahan Castle who, wishing to kill him, left poisoned food at his side. He awoke, found the stone on his chest, looked through it and saw the treachery.

Other more bizarre stories are attached to the stone's discovery, but all were probably made up as a way of explaining Coinneach's power of prediction. And predict he did, many events bound up in the history of Scotland past and present, major events such as depopulation to minor events like the burial of a Frenchman in Lochalsh. His many prophecies led to him being named the Brahan Seer.

It is said that one day when crossing the bleak valley which would in the following century become the site of the bloody Battle of Culloden, the seer stopped and said, 'Thy bleek moor shall be stained with the best blood of the Highlands.

# The Brahan Seer <br> <br> by DAVID McGRORY 

 <br> <br> by DAVID McGRORY}

## Despite his remarkable life and predictions, little is now known or remembered about Coinneach Odhar, the Brahan Seer.

Glad am I that 1 will not see that day.'
Another of the seer's prophecies was fulfilled in 1803 with the beginning of the Caledonian Canal. Nearly 750 years earlier he had written, 'Strange as it may seem to you this day, the time will come when full-rigged ships will be seen sailing Eastwards and Westwards by the back of Tomnahurich, near Inverness.' This prophecy, like the canal, was completed in 1822 when English men-of-war passed down what was, in the seer's time, the Great Glen.

Yet another, even more extraordinary ship prophecy concerned Strathpeffer. He stated that one day, when the village had five spires, ships would sail over the village and anchor on the spires.
The fifth spire was erected early this century, attracting a few comments about the prophecy, but no ships had or could pass through Strathpeffer. Amazingly, however, during the First World War an airship passed over the village, dropped its anchor and got caught on a church spire. One may safely say the prophecy was fulfilled at last!

One of the seer's major predictions was that, 'the day will come when the jaw-bone of the big sheep (deer) will put the plough on the rafters. When sheep (real sheep) shall become so numerous they will be heard from Lochalsh to Kintail the whole Highlands will become a deer forest, depopulated and desolate. The people will leave for islands as yet unknown, after which, the deer and other wild animals in the
wilderness shall be killed and browned by horrible black rain. Thereafter the people will return to the land of their ancestors.'
This prediction is associated with the depopulation of the Highlands which began after the Battle of Culloden in 1746 and continued into the 19th century. The crofters who farmed the land were driven out and sheep took their place, grazing land which was once under the plough.
Later much land was also given over to large estates where large herds of deer (big sheep) were encouraged to roam for the sport of the wealthy. During these changes many thousands of people were displaced from the land and emigrated to America, Australia and New Zealand, the seer's 'islands as yet unknown.'
Many still fear the final part of the prophecy; the black rain. Nothing has happened as yet, barring damage by acid rain, but some feel it may portend a major disaster in Scotland's huge oil industry.
The Brahan Seer made many prophecies, one of which proved to be one too many. One day he was summoned to Brahan Castle by Lady Seaforth who wished for news of her husband who had been in France for several months without contacting her.
Before a hall full of retainers, the seer placed his stone to his eye, laughed and, with a degree of scorn in his voice, informed the lady that her lord was well and merry, in no hurry to return home. Not satisfied with this answer and angered
by his sneering expression, she pushed for more information. The seer replied, 'My lord seems to have little thought of you, or of his children, or of his Highland home. I saw him in a gay gilded room, grandly decked out in velvets, with silks and cloth of gold, on his knees before a fair lady, his arm round her waist, and her hand pressed to his lips.'
Lady Seaforth was horrified at the answer and its implications. Directing her anger at the seer, she said, 'You have spoken evil, you have defamed a mighty chief in the midst of his vassals, you have abused my hospitality and outraged my feelings, you have sullied the good name of my lord in the halls of his ancestors and you shall suffer the most singular vengeance I can inflict, you shall suffer the death.'
The astonished seer was led protesting from the castle. He was taken along the side of Loch Ussie where he predicted the extinction of the Seaforth line (which came true) before throwing his stone into the waters.
Coinneach Odhar, the Brahan Seer, was taken to Chanory Point and, with his hands and feet tied together, was thrown head-first into a burning barrel of tar: a truly grisly death. In 1969 a monument was erected on the site of the Brahan Seer's tragic and untimely end.



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Of all the plants, herbs and spices, surely one of the most widely used and controversial must be garlic.

Even the origin of the bulbous perennial plant, Allium Sativum, is a matter of conjecture. Some say it originated in Sicily, others that it came from Egypt. It may have been found in India but the Kirghiz Desert has also been suggested.

Older still is the legend that it originally sprang up where the Devil first set his left foot on Earth, probably in South West Siberia. However, most sources maintain that garlic originated somewhere in Central Asia and was brought to Europe by the Crusaders, quickly taking on a pivotal role in medicinal preparations.

This was, though, by no means the first record of this plant's popularity as a herbal remedy. Garlic's ancestry goes back over 5,000 years during which it has figured prominently in the herbal books and recipes of many cultures.

To the ancient Egyptians garlic held the key to eternal youth and was fed to the labourers who built the pyramids to keep them strong and healthy. The Greeks and Romans also held it in high esteem for its medicinal properties.

Yet it was not only the more sophisticated societies that knew of this herb's beneficial attributes. To primitive peoples garlic's well-known smell was what gave it its healing powers.

But it is not only garlic's healing properties that have come to be recognised. From the legend of the Devil setting foot on Earth also sprang garlic's infernal ancestry.

Garlic was deemed to protect against such as vampires and demons. Dried garlic bulbs and stalks, woven into wreaths, were hung above beds and doors to discourage such unwanted visitors.

In garlands around people's necks, it was a protective device against witches and the evil eye. It was also believed to keep colds at bay when worn thus.

Garlic's amazing powers did not stop here though. It was also deemed able to cure warts, bestow endurance on long-distance runners, make fighting cocks brave and drive troublesome moles away from crops!

## All-heal

Superstitions aside, throughout the ages it has been used to help cure a multitude of disorders, aches and pains. So complex is the structure of garlic, however, that it is difficult to link it with any specific ailment. It may be said, though, to have been tried out as a curative on most medical problems at one time or another.

In Indian Ayurvedic medicine, garlic has been used to relieve a number of bronchial conditions as well as being valued for the treatment of nervous troubles and arthritis. Used in Chinese medicine since the 6th century, allicin, one of its natural compounds, is still widely available to treat bacterial infections.

It is only in fairly recent times that the chemical structure of this amazing plant has begun to be studied and recognised. Allicin, the substance that gives off the strong odour, has been shown to be a powerful antibacterial agent. This can be broken down even further into compounds that are anti-fungal, act as blood thinners and may help to reduce high blood pressure as well as helping to treat bronchial and sinus infections.

Allicin is so powerful an antiseptic that it inhibits bacterial growth even when used in a concentration of 1 part per 100,000 . For its wound healing properties, garlic was used widely during the first and second World Wars.

In Russia, its use to treat high blood pressure has been studied for many years. The plant is seen to distend the blood vessels, thereby helping to prevent clotting.

Other experiments indicate a decrease in bad cholesterol levels in the blood and a corresponding increase in good cholesterol levels during treatment with garlic. Also valuable in the treatment of intestinal problems, it is high in carbohydrates and contains protein, vitamins and minerals. One such mineral, Germanium, is even said to boost the natural immune system.

Garlic is easy to grow but takes about 18 months from seed. It must also be eaten raw for its beneficial properties since cooking destroys its medicinal ingredients.

If not for the unpleasant odour given off by allicin, garlic would probably be a much more popular addition to our medicine cabinets. To get around this problem, the breath can be freshened after eating garlic by chewing fresh mint, parsley, celery or caraway seeds.
Alternatively it can be taken in capsule form when the odour-producing elements only come into contact during digestion in the stomach, allowing one to enjoy all the benefits without the side effects.

Nature probably holds all cures for all things and modern science often ignores these possibilities. Obviously, if we are going to go back to our roots to study nature's gifts, garlic must feature very prominently in future research. $\qquad$ LYNNE


# your <br> NUM ERTSUP 

Pythagoras, the Greek mathematician and philosopher, was so enamoured with the concept of numbers that he almost succeeded in developing a complete religion centred around the premise that the universe is based on a mathematical algorithm.

Although his ideas may have seemed far-fetched in his day, as we approach the 21st century scientists are only just now beginning to realise that there is some substance to his thinking processes as we study the theory of quantum mechanics, postulate the existence of complete universes composed of anti-matter and speculate what exactly does lie within a black hole.

As modern scientists are able to break the atomic structure into protons, electrons and neutrons, and those primary building blocks down into smaller subatomic particles, they are beginning to realise that these structures are so minute that their building blocks must be based on some higher force.

The numbers one to nine are used in modern numerology to determine character analysis and predict upcoming trends. However, other numerals also carry vibrational influences which should be taken into consideration to gain a more comprehensive picture of their essence.
0. Zero is a powerful number which brings great transformational change, sometimes occurring in a profound manner. It has great intensity, so cau-
tion is needed wherever it appears to ensure that extremes are not encountered.

1. Because this is the first number used when counting, it contains great power; without it there would be no numbering system as we know it. Every known numerical system has featured the number one as its initial starting point.

Because of this, it signifies the beginning of an enterprise, is very egocentric and prefers to be the centre of attention. A number one person can be happy, loving, romantic, dynamic and charismatic. But, on the down-side, he/she may be egotistical, selfish and melodramatic.
2. The two relates to partnerships and interaction with others. Individual achievements are not realistic because accomplishments are best realised through co-operation and teamwork. Two is paramount in the formation of life because in this world we have two genders who couple to propagate the Earth.

One-to-one relationships are prominent because this numeral symbolises two people becoming close through intimate contact. The two is feminine, intuitive and corresponds with our protective instincts. Negatively, it can be grasping, overprotective and cranky.
3. Three relates to expansiveness and learning through life experiences. It is considered a lucky number and is often associated with money and good fortune.

The three generally depicts several people joining together to form a common goal, whether a social or professional affiliation. Although number three people possess attributes of wisdom, understanding and knowledge, negatively they can exhibit pessimism, foolhardiness and unnecessary risk taking.
4. This is a number of stability and building for the future. It has great energy which is directed toward the achievement of goals, such as family celebrations or other notable events. Because this is a number of progression and growth, many original ideas are likely to spring forth from what appears to be thin air.

Four is a solitary number and therefore points to someone who is a bit of a loner, even in the midst of a crowd. Because of the grounded qualities of this number, it is associated with steadfastness which may sometimes give the impression of being boring.
5. Five is a number which represents service to others. Number five types are highly analytical and have the ability to think critically. However, this trait may be taken to extremes where an issue is considered to such a point that its significance is no longer relevant.

This number governs our ability to think clearly as well as our intellectual capacity. It is a multi-faceted number which is associated with our state of physical and mental health.
6. The six relates to tact, beauty and harmony. It is very much

# by TRACEY RICHARDSON 

## Numbers are not merely tools of mathematical calculation but also have occult significance.

a relationship builder which corresponds to one-to-one encounters. It deals with that which we are attracted to and those things in which we find great pleasure. The number six person possesses charm, grace and the ability to make small talk on any stratum and is therefore very much the diplomat.

Six is considered to be a minor money number, so a little extra income will be available wherever this number is found. Negatively, six can be unfaithful, jealous, bitter and vengeful.
7. Seven is considered to be a spiritual number because it is illusive and contains veils which must first be uncovered, one after another, before ultimate illumination will be found.

Seven is said to be sacred and this is evidenced by the fact that there are seven days in the week, ancient texts propose that the Earth was formed in seven phases, the ancient Solar system consisted of seven luminaries and some versions of the Cabbala have seven sephiroth. While number seven types possess qualities of dreaminess, spirituality and psychic awareness, negatively they can be dubious, deceptive and insincere.
8. Eight is considered to be the number of karmic influences where we are called upon to pay debts incurred in this and previous lives. It represents hard work and lessons learned through experience and is therefore regarded as a difficult number by some because of the very restrictive-



ness of its nature.
Reputation and community standing are of paramount importance here. Those who have this number featured prominently in their lives would, therefore, be wise to act as honest citizens otherwise any indiscretions are more than likely to be uncovered in a most unflattering manner.
9. Considered to be a sacred number by the ancients, the
number nine was not, therefore, assigned a numerical equivalent to any letter in the Chaldean alphabet. It represents change, invention and growth which springs forth from inspiration.
Traditionally, the number nine held esoteric significance. This is evidenced by the fact that it takes nine calendar months to bring a baby into the world from its initial conception.

10. Ten is a higher octave of the number one and signifies an end of an important cycle. It therefore points to a change in circumstances in the immediate future.

Esoterically, this number has great significance. For instance, it takes ten Lunar months to bring a baby from conception into the world, there are ten sephiroth in most versions of the Cabbala, the most common numbering system in use today is based on this number and most currencies are decimalised.

It should be noted that ten is considered to be the modern number of completion because it is only within the last several hundred years that is has been used as the fundamental building block of numbering systems, currencies and measurements. When ten replaced twelve as the ultimate number, it heralded a change in man's thinking patterns: he become more scientific in his approach to questions of an esoteric nature.
11. Eleven is a higher octave of the number two and is considered to be a master number. It carries psychic vibrations and is evenly balanced between masculine and feminine properties.

Number eleven people are often the recipients of such gifts such as psychic awareness and a keen sense of sensitivity. On the other hand, the negative effects associated with this number are treachery and betrayal from secret enemies.
12. Twelve is a higher octave of the number three and is an indicator of great understanding and wisdom. It is considered to be the ancient number of completion as it signals the end of childhood and the beginning stages of adulthood.

Twelve's significance in ancient times is reflected in such things as the number of Tribes of Israel, the Disciples who fol-
lowed Jesus, the twelve astrological signs of the zodiac, the months in the year and, of course, the day is divided into two groups of twelve hours. Additionally, many numbering and measuring systems were based on this number, as evidenced by terms such as a dozen (12), a gross (12 times 12), and a foot (12 inches).

This number is associated with knowledge gleaned from life experiences which enables a sense of calm to prevail in even the most turbulent of situations. Negatively, the twelve type person can suffer from a form of depression brought about by a feeling of resignation that life's events have transpired in such a way.
13. Thirteen is a higher octave of the number four and is one more than twelve, the ancient number of completion. Thirteen is therefore considered to signify the end of a cycle, as reflected in the thirteen Lunar
months in the year and the number of signs in the Celtic and Native American systems of astrology.

Although this number foretells new beginnings, it also signifies that outmoded systems must come to an end to make way for much needed transformations.
22. Twenty-two is a higher octave of the number four and, like eleven, is considered to be a master number. It contains the secrets to many esoteric questions, as evidenced by the fact that there are twenty-two letters in the Hebrew alphabet, the same number of pathways in the Caballa and, of course, it is also the number of cards in the Major Arcana.

Twenty-two carries with it psychic gifts such as heightened sensitivity, intuition and psychic awareness. However, it is also predisposed to pitfalls such as treachery from hidden enemies and over-sensitivity.


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# DREAMEMEANINGS 

## TINGE OF SADNESS

## THE DREAM

I HAVE A recurring dream in which I am looking down on a sleeping woman with affection and sadness. I have to leave to fight; I know this is just and right and that I will not return.

## THE MEANING

THE dominant, procuring, protective side of yourself is being called to the fore. It would appear, however, that this is not your usual nature, that you are a gentle, non-aggressive person as symbolised by the sleeping woman in your dream.

She is familiar to you because she is part of you. The sadness of leaving is your reluctance to take on the fighting role and go out into the alien, aggressive world.

## DOWN-TO-EARTH

THE DREAM
From afar, I saw a white bird plummeting down to the ground from a canopy of woodland trees.

## THE MEANING

THE plummeting white bird could denote that you have been flying high and idealistically but now need to come down to Earth and be more practical. Also, the trees indicate a need for you to become more involved with others.

## NEGATIVE IMAGE

THE DREAM
I WAS IN an attic which was untidy, with a sink filled with dirty dishes. I was trying to wash and clean my teeth but my toothbrush had old food dangling from it. I threw the brush out the window and two eggs fell from it and smashed on the ground below. I looked out the window and saw a collection of suitcases.

by SOPHIA DANIEL

The real key to dreams is one's own symbolic reality which can be learned with observation and practice.

## THE MEANING

You feel that the image you are presenting to the outside world is soiled and neglected. You are failing to make the best of yourself; the need to clean your teeth indicates that you need to clean up your communication skills which are dirty with negativity.

The eggs, however, show that you are throwing away ideas that could hatch out into something valuable. While the suitcases signify a need to get rid of some excess luggage.

## FOOD FOR THOUGHT

## THE DREAM

I DREAMT THAT I was looking for my friend when someone told me that he was living in a room and eating all his food there. When I found this room it was empty but contained his possessions and various foodstuffs.

## THE MEANING

THE fact that your friend eats all his meals in his room indicates that he is self-sufficient and does not need nourishment, spiritual or otherwise, from elsewhere. That he is not there when you look shows that he is not there for you on an emotional level either.

## MIXED UP

## THE DREAM

I WAS UNPACKING a parcel of items including a large, kitchen mixing-bowl which had a chunk missing from its base although the bowl itself was quite
usable. There was also a box of blue bags containing pot-pourri; the parcel was from a health practitioner who was running a course I wish to take.

## THE MEANING

THIS dream indicates that you are going in the wrong direction. The bowl is damaged, in need of repair. This, coupled with the fact that it is a mixingbowl, means that you should take all your ideas, blend them and form your own mixture.

This message is reinforced by the little pot-pourri bags which seem to indicate that the course you are taking currently is insubstantial and superficial.

## TOO HOT TO HANDLE

## THE DREAM

A MAN APPEARED with a cart full of hot, granite pebbles. Someone picked one out and put it in my hand but it was so hot that I let it drop.

Then the man himself sorted through the pebbles and produced a red one which he put in my hand. This was not hot so I cupped it and immediately saw a huge black sword embedded blade-upward in the hot pebbles.

## THE MEANING

You have ability but are afraid to use it in case you make the wrong choice, thus guidance is important. This dream also conveys a need for protection, so you are offered the sword of protection to challenge anything that comes to you that you feel is suspect.

What often happens when people explore their wisdom for the first time is that they hear only their egos, the hot pebbles, which are false guides. So the message here is practise discrimination.


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All of which has to be good news; but there is better to come.

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LETTER

## RAY OF HOPE

I ALWAYS LOOK forward to articles by Bel Bailey who writes regularly for the magazine. We are now pen-pals and her genuine and sincere friendship is a treasure in an age of deceit and treachery. I also gained the true friendship of another writer, Jenny Proom, through your magazine as a result of a letter you published last year on my thoughts concerning science and religion.
I hope you will publish this letter in praise of both Bel and Jenny who have helped me through troubled times. Your magazine has brought me a ray of hope through dark moments. I wish you and your
staff a happy New Year.
T. O'Sullivan

Ireland

IT's always good to hear from readers especially when, as in this case, they have made new and helpful contacts through the magazine. -Ed.

## NORTH OF WATFORD!

Why are nearly all the workshops and courses down South? Living in Lancashire, I would most likely have to stay overnight, which I am not prepared to do on my own in London. Also of course, it would be very expensive, especially if one is unemployed.

Will someone run some
courses in the North! My particular interests are crystals, pendulum power, astrology, numerology and runes!
J. Fleming

Darwen

WE know there ARE courses available North of Watford because we publish details of them if we are informed in time by the organisers. Also, some of the subjects mentioned can be studied by post and various organisations do advertise this fact.
It's a valid point though. So, if suitable events are being run elsewhere, please let us know and we can spread the word. - Ed.

# PERSONAL CLASSIFIED 


#### Abstract

MISCELLANEOUS SCRIBE seeks copyright-free information on all aspects of witchcraft for medieval style manuscript. Topics to include initiation, rituals, correspondences, spells, cycles etc. Anonymity assured if desired. Box E720.


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## PENFRIENDS

TAURUS female, interested in OOBEs, past lives, music, Tarot, most areas of the occult, would like to correspond with like-minded people anywhere. BoxE723.

FEMALE, 20s, interests include Tarot, mythology, healing, travelling, ancient sites, festivals, music, wishes to correspond with like-minded souls preferably West Country. Box E724.

TAUREAN Earth Dog, 3.5.58, 04.20 hrs (Pisces Asc), craves communication with non-materialistic humans. Interests are astrology, Cabbala, Tarot, Druidry, Celtic Christianity, mythology, fantasy, reincarnation, creative writing, music composition and jamming. South London/anywhere. Box E725.

AQUARIAN male, 28, interested in Tarot, clairvoyance, past lives, magic, ghosts, astral travel, dreams and any PREDICTION subject. I am
married and have two cats. Please write soon, ALA. Box E726.

TAOIST master seeks to correspond and exchange ideas/views with readers who are interested in Taoism. Box E722.
FEMALE, 37, would like to correspond/exchange ideas and friendship with those who share my interest in aromatherapy, counselling, astrology, cinema, pop music, travel and animals. Write soon. Box E728.

LEO male, 61, with an interest in the occult, seeks to correspond/communicate with likeminded people. Box E729.
LIBRA female, 36 , Bucks area, interested in astrology, past-lives, dreams and spiritual growth, seeks communication with sincere, like-minded individuals. Box E730.

## CONTACTS

MALE, 42, vegetarian, interested in Tarot, music, yoga, Eastern religions and PREDICTION subjects. Wishes to meet/correspond with likeminded people in South Wiltshire. Box E717.
AQUARIAN female, 27, interested in magic, Wicca, paganism and spirituality wishes to meet or correspond with others on the path. East Mids/anywhere. Write Box E718..

TRADITIONAL Wiccan couple with young family seeks nature-orientated friends for study \& family fun. Plymouth preferred but contacts encouraged from anywhere. Box E719.
CANADIAN female wishes to make contacts/ friends with anyone, anywhere who shares her

This page is intended primarily for individuals wishing to locate or dispose of occult items and those seeking astrological twins; it is NOT A DATING SERVICE. However, those wishing to contact other likeminded groups/individuals for correspondence or debate on subjects covered by this magazine may take advantage of this free service if limitations of space permit. free service if limitations of space permit.
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interests in spell craft, talismans, feline and candle magic, herbalism, Tarot, crystals, aromatherapy, etc. Please write to Laura Dale, Ingersoll, Canada, N5C 2N7, $\boldsymbol{\mathbf { D }} / \mathrm{fax} 001519585$ 3219.

FEMALE Leo, 32 seeks to join Wiccan group to broaden my knowledge and horizons. Would also like to meet/correspond with like-minded individuals in the North East. Box E727.

## WANTED

THE Lovers Tarot set, urgently. Please call - 01656653157.

SINCERE student seeks information on, or copy of correspondence course devised by Madeline Montalban. Can anyone help? Box E721.

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# BDDK REVIEWS 

## NOSTRADAMUS: HIS LIFE \& PREDICTIONS <br> by Susan Capel <br> (Studio Editions, £12.99 hbk)

THIS IS A handsome, large-format, cof-fee-table book which incorporates early engravings and modern photos plus several interesting works by a modern artist/composer, Dario Poli.

Ms Capel may well be capable in her day-job as a barrister but, as a commentator on the life and works of Nostradamus, it has to be said that little knowledge is a dangerous thing but none at all is unforgivable. If she had spent an hour or two with an astrologer or read a book on the subject, she would not have blithely asserted that Nostradamus was born in the Piscean Age under Jupiter - as were millions of Sagittarians in the last 2,000 years!
It is also surprising to learn that ancient astrologers observed 'the stars and planets in their galaxies.' What, no constellations? Also, we are told that the war in 1999 will occur when 'Saturn is in conjunction with Sagittarius and Aquarius.' Any budding astronomer could confirm that a planet cannot be in two places at once and, incredibly, a few lines further on we read that 'Sagittarius is the ascendant planet.

There's more but I rest my case on the evidence thus presented: for this blatant ignorance over the difference between planets and signs Ms Capel is hereby sentenced to two years with Mystic Meg! - J.T.M.

## THE STRANGERS <br> by Matthew Manning <br> (Colin Smythe, £5.95)

AT ONE TIME during the 'occult boom' in the 70s Matthew Manning was viewed as the great hope for parapsychology and the proof of the existence of psychic happenings and so on. As he mentions, he became rapidly disillusioned with the nature of parapsychological research and took a low profile for a period of time.

This book describes the poltergeist phenomena that took place due to the activities of an entity known as Robert Webbe who communicated with the Mannings through various methods including automatic writing.

As the author says, this is not a scientific work, rigorous exponents of parapsychological research would classify much of it as anecdotal. However, he is right in my view to more or less state that psychic phenomena are affected by subjective factors and seem
to, almost coyly, frustrate the efforts of those determined to prove their objective existence.

An interesting book that is well worth the reading. - M.R.

## SECRETS OF ANCIENT AND SACRED PLACES

## by Paul Devereux

(Blandford, £11.99)
I ALWAYS WELCOME a new title from this author whose work is meticulously researched, well-written in a style accessible to all and usually reveals a previously unknown fact or two or takes a surprising new approach to a familiar subject. This latest offering comes up to Devereux' previous excellent standards.

Beautifully produced in large format, this profusely illustrated 192-page book guides the reader through a tour of the world's most famous sacred sites in search of our ancient ancestors' secret heritage. Superb full-colour photographs (mostly the author's own work) reveal new perspectives on familiar and not so well-known monuments, circles, alignments, etc from Avebury and its environs to Chartres Cathedral, the Aztec pyramids, the Theban Necropolis, the mounds at Cahokia, USA, and many other buildings and outdoor sites and alignments.

The author's expertise in geomancy, or sacred geography, is well known and he is highly regarded in this respect. Deservedly so, for he not only enthuses the reader with equal passion for his subject but has an enviable ability for imparting information without even the merest hint of superiority. In other words, he is a true teacher, willing and able to share wisdom and knowledge with others.
This is a book for all to enjoy; visually attractive, historically fascinating, spiritually uplifting. Devereux opens up new avenues of exploration for anyone interested in ancient civilisations and the underlying sacred geometry of the Earth herself. Excellent value in every sense. - M.E.

## THE DREAM BOOK by Betty Bethards

 (Element, £8.99/\$12.95)THIS is A reprint of a book first published in 1983 and follows the usual format for such volumes. It opens with sections on why and how we dream, our karmic influences, how blockages in the chakric system can manifest in dreams and the uses of prayer and meditation.

Then follow chapters on working with dreams - remembering and recording them and the main types of dreams. The author gives ideas on how to interpret your own particular dream symbols.

The main part of the book covers meanings of individual symbols which the author has channelled. These are much in line with many other books in this field. - V.F.

## RUNES FOR BEGINNERS

Kristina Arcarti
(Headline/Hodder \& Stoughton £4.99)
This basic guide to runes, as the title suggests, is aimed at beginners. It is one of a new series of such guides that will include palmistry, Tarot, star signs, numerology, the I Ching, gems and crystals.

As it stands, this book provides an adequate introduction to the runes, their use and history. For reasons of space and target readership, obviously this is a simplified introduction.
Sadly it seems that modern versions of ancient divinatory systems, such as the runes, the Tarot and the I Ching, are frequently presented to the public without the practitioner having to possess much knowledge about their origins or spiritual aspects. However, as a down-to-Earth, streamlined guide to runic divination this book will doubtless provide what its potential readers are seeking. - M.H.

## THE VOICE OF KAHLIL GIBRAN edited by Robin Waterfield (Penguin/Arkana, £6.99)

IF YOU WERE giving a book as a present around 20 years ago, there were only certain authors that would fit the bill if you wished to be counted as tuned in.

There was, for example, the Don Juan trilogy by Carlos Castenada; Siddartha or perhaps Steppenwolf by Herman Hesse; anything by R. D. Laing would do, of course, but for poetry it had to be The Prophet by the Lebanese poet, Kahlil Gibran.

However, he published many other volumes and anyone with a wellthumbed copy of that superb book would do well to investigate Gibran further with the help of this excellent anthology which has a useful introduction by Waterfield.
If you don't know the work of this remarkable poet, then you have a treat in store. - J.T.M.
(continued overleaf)

## THE WITCHES' GODDESS <br> by Janet \& Stewart Farrar (Robert Hale, £9.99)

Here we have the long awaited, updated and revised reprint of a book first published in 1987/88.

For those of you not familiar with this work, it is a comprehensive study of the Goddess. The authors examine her various aspects including that of Moon Goddess, the Virgin Mary and the Bright and Dark Mother, concentrating on the archetypal feminine principles for present day witches and pagans.

There is also a comprehensive list of forms of the Goddess from all over the world and here we learn of their attributes, symbols and worship. This is a concise, easy reference work, an indispensable addition to any Wiccan's library. - C.B.

## PRINCIPLES OF TAROT <br> by Evelyne and Terry Donaldson (Thorsons, £5.99)

THIS LITTLE BOOK is a great introduction to the subject. It is written by two experienced Tarot and astrology teachers who run The London Tarot Training Centre.

The book clearly explains the meaning of each card, how to do readings for others as well as yourself and how to use the Tarot as a tool for selfdevelopment. Tarot has fascinated people for generations but learning and understanding the symbolism can be difficult. So a guide such as this is a great help to those who are just beginning.

The first three helpful chapters in this book are essential: The historical and mystical background; How to select a deck and Getting started (which a lot of books seem to miss out).

This book shows you how to do the familiar classical spreads as well a few new ones and contains some useful tips and exercises. At the back are some handy addresses of card suppliers plus some advice on further reading. A nice little book for the novice. C.B.

## BREAKFAST AT THE VICTORY by James P. Carse <br> (Harper Collins, \$11.00/£7.99)

A PHILOSOPHY PROFESSOR from New York University forgoes the intellectual high ground and tells stories of himself and his life in the manner of a Sufi master at a lunch-counter, with friendly nods to Herman Melville, Robert Frost and William Blake. Picking out minor
incidents from everyday life, he casually offers them up as major opportunities for spiritual reflection and understanding.

One example: it became common for many students not to attend college lectures in person, instead leaving a tape-recorder in the hall to capture a professor's words. One day a certain professor was sick, so sent in a tape to be played by an assistant; thus tape was recording tape. On another occasion, a professor stopped speaking mid-lecture, saying, 'I'm sorry. I'm empty.'

Carse suggests that we may learn something from the first scenario but much more from the second. This is a well-written book which bears comparison with Richard Bach, Lewis Thomas or such writers with a talent for transforming ordinary events into the mystical stuff of life.

Read it twice for maximum benefit. - J.T.M.

## CHINESE HOROSCOPES FOR BEGINNERS

## by Kristyna Arcati

## (Headway/Hodder \& Stoughton,

 £5.99)THIS IS YET another book in a long list of introductory works in this field. Like all the others that I have seen and read, it is simply just that, an introductory work: the eighth book Arcati has produced in this series.

It is a reasonable step-by-step outline of Chinese astrology, its history and how it relates to and complements Western astrology.

The author outlines the meanings of the five elements of Chinese astrology: Wood, Fire, Earth, Metal and Water. This is the so-called productive order and she assigns them to the meanings of the individual 12 animal signs separately in an entertaining and easy to assimilate manner. She does not forget the animal hours of the day either, correctly beginning at 23.00 hours and going through the day in two-hour periods.

The individual animal year is then dealt with briefly and I did like the neat little compatibility section right at the end of the book although I got the feeling this may have been included as an afterthought. Well worth having on the shelf, a very good introductory work.

Recommended. - P.W.

## MOONLORE

## by Gwydion O'Hara

(Llewellyn/Airlift, 12.95/£10.99)
THIS IS A delightful collection of myths and folklore from around the world. Divided into three major sections, the first offers tales for each of the $13 \mathrm{Lu}-$ nar months from Wolf Moon to Wine Moon.

Part 2, Lunar Dignitaries, covers Moon deities from a variety of cultures.

Some recount myths and legends featuring familiar classical gods and goddesses such as Diana, Artemis, Hecate and Isis, others introduce the reader to less well-known deities such as Knons, the forgotten Egyptian, and China's Shing-Moo.

Other Lunar tales occupy Part 3, there is an introduction, epilogue and three useful appendices, a bibliography and essential index. Each individual tale is accompanied by a delightful black and white drawing by Robin Larsen who is to be congratulated for the apt illustrations that complement the easily assimilated text admirably.

This is a really nice book, a pleasure to read and keep for it is also full of useful information for anyone in the least interested in Lunar lore, myths and legends ancient and modern. Good value, too, with nearly 200 pages to both entertain and educate.

Recommended. - M.E.

## FENG SHUI <br> by Lillian Too <br> (Koncep/Millbank Books, <br> £13.99)

THIS IS A revised, new edition of a work first published in 1993. Very comprehensive, it covers all aspects of this ancient art from its basic principles and historical background right through to its business and domestic applications in the present day.

Accurately described by the publishers as 'The definitive introductory manual,' here the reader will find all he/she needs to know in order to achieve a more harmonious environment both at work and in the home. The author is obviously well versed in her subject yet has the a happy ability to convey knowledge in a manner that is easy for the layperson to understand; this is no laboriously written scholastic tome but a thoroughly accessible and practical workbook.

Although Chinese geomancy is obviously targeted at a cultural, philosophical and environmentally different lifestyle to that enjoyed in modern Western society, its 'rules' can be adapted to fit in with the latter. Ms Too has provided sufficient information to enable the Westerner who may have no control over the style or siting of his office building or dwelling to make simple alterations to his workplace or home in order to bring benefits.
For instance, the addition and/or positioning of mirrors, screens and plants can improve the flow of beneficial chi or deflect the 'poison arrows' of bad chi. So, whether you are seeking to improve your business prospects or simply to enjoy a more harmonious living environment, you will discover numerous hints and practical suggestions in this excellent introductory work, one of a series by the same author.

Recommended. - M.E.

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    Each month the Moon travels right round the zodiac making every aspect to every planet at least once. When there are several aspects in one day we group them after one Moon symool thus:
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[^4]:    10 Slight hitch in plans around June/ July otherwise steady but not overly exciting.

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